



CORANGAMITE

UNIVERSITY OF THE THIRD AGE

Keeping minds and bodies active

NEWSLETTER – NOVEMBER 2018

The U3A Committee hopes you are enjoying the events that you have attended so far. Lots of activities and lots of fellowship!

An up-dated courses calendar for November is included in this Newsletter. Please note: there will be no December Newsletter.

PLEASE NOTE: The information and personal details provided in this newsletter are for the use of U3A Corangamite Members and affiliates only and the information given should not be disseminated to any third party unless permission has been approved by the U3A Corangamite Committee.

A WORD FROM THE PRESIDENT

Well our 4th year has quickly come to a conclusion. My how much we've been able to provide for our 155 members. We can all be very proud of what we've achieved. Well done everyone!

At the **AGM and Membership Enrolment/Course Enrolment Day** on **Thursday 31st January** next year at Terang Civic Hall, I will give a much more comprehensive report summarising the year in review.

However I must thank a few people who have provided so much for our organisation and who have made my job as President so much easier and enjoyable: to David Mernagh, Linda Castaldo, Dana Lander, Don McInnes, Karen Richardson, Eve Black Marilyn Kimber and Barb Cowley - thank you all for your great work!

To celebrate our year, we have our end of year lunch on Wednesday 14th November @ 12.30pm at the Cobden Golf Club.

It is an order off the menu but we must have final numbers by Friday 9th November so that the golf club can be better prepared.

Our singing group, lead by Gwen Steele, will be performing for us as they did last year.

Early-bird U3A Membership for 2019

Please remember, you have until the 20th December to take advantage of our \$25 special early-bird membership renewal offer. If you do take this up, please also complete the 2019 membership form that is also attached to this e-mail along with the newsletter.

A 2019 membership form must be completed by everyone

To make your membership payment for 2019, please send a cheque/money order with a completed 2019 membership form to:

The Treasurer, U3A Corangamite, PO Box 55 COBDEN 3266

OR

just send the completed membership form to the address above and pay by direct debit to:

U3A CORANGAMITE INC. BSB: 633-000 ACCOUNT: 155369044
clearly stating your full name and citing U3A in the subject line

In January you will receive a copy of the proposed courses for 2019. We hope you can then be well prepared for Thursday 31st January when you will actually enrol in the courses. You will need to bring this information with you and, if not already done so by then, also a completed membership form.

Our programs/courses for 2018 conclude at the end of November so I would like to thank all course leaders and contact people for your wonderful work and support of our organisation. Of course, we always are looking for new courses and leaders so please help us out and contact us ASAP with new ideas.

On Saturday 17th November we are holding an information stall at the Noorat Show. If you are going to this event it would be terrific if you could spare an hour or so helping us to promote our activities and 2019 membership. See the new courses section for further details.

Marilyn and I would like to wish everyone a very special Christmas with your families and all the very best for an enjoyable, learning-full and happy 2019.

Remember - ***Keep learning, laughing and live well.***

Gary Kimber

WHAT'S ON IN NOVEMBER

Make sure to check the courses calendar and courses list below to see what great events are being held during November.



For photos of recent U3A events, go to the U3A *Facebook* page and share us.

Every weekend now a reminder of the upcoming week's programs will be placed on *Facebook*. Please like it, share it, tag it etc. so we can get it out as widely as possible.

For further information contact us on: e-mail:

u3acorangamite@gmail.com

OR

via the **U3A Website**

The website address is: <https://u3acorangamite.org.au>

NEW COURSES/ACTIVITIES

Travel Tales - On Two Wheels: Seeing Europe Differently

Friday 2nd November @ 1.30pm, Cobdenhealth Education Centre
Speaker: Lizzie Patterson

Imagine meandering through amazing countryside on a bike, sun on your back, stopping for a coffee or a little vino with a delicious lunch, then arriving at a gorgeous inn at the end of the day. That's what a bike trip is like - or is it?

The brochures and websites would have you believe this is the case, but the reality can be very different, so why does Lizzie keep going back? Come along and find out.

Afternoon Tea provided

Bookings: Marilyn on 04 3758 4998 or mazz060253@gmail.com by Monday 29th October

Industry Visit: Fonterra Beverage Plant

Friday 9th November @ 1.30pm, Curdie Street, Cobden

Meeting place: the J H Vagg Memorial Park (next to Fonterra)
Curdie Street, Cobden

Participants will be firstly given a presentation about the butter, powder and beverages. Following is a short walk to the milk plant where we will see the production of milk and the robot forklifts.

Cost: \$5. Afternoon tea is included Max: 15 people

Bookings: Marilyn 04 3758 4998 or mazz060253@gmail.com by Monday 5th November

Crafternoon @ Lismore

Venue - Lismore Community Health Centre

Commencing Friday 9th November and thereafter every Friday from 10am -2 pm

This is a new course run by and in conjunction with SW Healthcare and the Lismore Community Health Centre. Gold Coin donation

Tea/Coffee provided. Bring own snacks and lunch

No need to book just turn up with your "Craft" whatever it may be and enjoy the company of others.

"Unspoken: What will become of me?"

Tuesday 13th November @ 1.00pm, Camperdown Theatre Royal

This is a special presentation in conjunction with the Corangamite Shire's Live Well program.

It is a performance and art instillation that looks at the lighter side of ageing, declining capacity and how to stay in charge of your future. The goal of the performance is to generate conversation so that people begin to discuss and voice their thoughts around their own advanced care wishes. This production has received rave reviews after playing all over Victoria.

No cost; afternoon tea provided.

Bookings can be made via Becky Nevin Berger at the Corangamite Shire on 5593 7100

Sundae School: Timboon Fine Ice Creamery

Friday 23rd November @ 1.30pm

Back by popular demand

Cost: \$13

You will hear the process of making ice cream, the history of Timboon Ice Cream and then make your own delicious ice-cream sundae.

Bookings: Gary on 04 3907 9098 or gazzmazz3@gmail.com by Monday 19th November

Silk Painting, Cobrico Hall

Tuesday 27th November 10am to 3pm

Back by popular demand is another Silk Painting session by Helen Langley. All abilities welcome.

If you took part in Helen's first session you are very welcome to sign up again.

The session will include demonstrations and a talk on techniques and participants will have the opportunity to make a free-style painting plus a more controlled painting using gutta. Your works will be steamed and ready to take home.

Morning and afternoon tea provided - BYO Lunch

Cost: \$23 (includes all materials)

Bookings: Marilyn 04 3758 4998 or mazz060253@gmail.com by Tuesday 20th November

Let's Go To The Movies

Wednesday 28th November

The movie to be confirmed @ either Warrnambool or Colac – depending on movie, times etc.

Travel Tales: Final for 2018

Friday 30th November @ 1.30pm

Cobden Health Education Room

Our last Travel Tales this year is going to use the concept of “TRAVEL” in a different context.

We are going to showcase how Blaze Aid, our farmers and the Shire have been “travelling” since May.

Chris Male the Blaze Aid Coordinator, Ann Maree Burns, Colac Otway Farming Support Program Officer and Corangamite Shire Mayor Jo Beard, will provide an insight into how the farmers are travelling, how Blaze Aid has been able to continue their amazing work through a wet winter and high demands and the role of the Shire since May.

This is a great opportunity for you to show your gratitude and find out what these people have been doing for our farmers. Chris will also show us images of Blaze Aid at work!

Afternoon tea provided

Bookings: Marilyn 04 3758 4998 or mazz060253@gmail.com by Monday 26th November

We are proudly supported by the Cobden and Camperdown Community Banks (Bendigo Bank)





CORANGAMITE INC

UNIVERSITY OF THE THIRD AGE

END OF YEAR LUNCH 2018

**Members & Guests are invited to the
Cobden Golf Club
Neylon Street, COBDEN
FROM 12.30PM**

WEDNESDAY 14TH NOVEMBER 2018

Special Presentation:

Our own U3A Corangamite Singing Group!

ORDER OFF THE MENU

BOOKINGS ABSOLUTELY ESSENTIAL!

RSVP

to Gary Kimber on **04 3907 9098**

or gazzmazz3@gmail.com

by Friday 9th November 2018



		NOVEMBER				
Sat	Sun				Thur 01 Intro to Opera: Camperdown 10am (Group 1: Rescheduled) Current Affairs: Cobden 2.30pm	Fri 02 Appy Hours: Derrinalum 9.30am Travel Tales: Cobden 1.30pm
03	04	Mon 05 Mahjong: Timboon 10am + @ Derrinallum 1.30pm Cards/Chess Scrabble: Cobden 1.30pm	Tue 06 Melbourne Cup Day - no activities	Wed 07 Art Group: Noorat 10.30am Singing: Cobden 1.30pm	Thur 08	Fri 09 Crafternoon: Lismore 10.00am - 2.00pm Industry Visit: Cobden 1.30pm Appy Hours: Terang 2pm
10	11	Mon 12 Mahjong: Timboon 10am + @ Derrinallum 1.30pm Lets do Coffee & Books: Noorat 2pm + @ Cobden 1.30pm	Tue 13 Appy Hours: Cobden 10.00am Unspoken: Camperdown 1.00pm Crafternoon: Cobden 1.30pm China Painting: Lismore 1.30pm	Wed 14 Art Group: Noorat 10.30am End of Year Lunch: Cobden Golf Club 12.30pm	Thur 15	Fri 16 Crafternoon: Lismore 10.00am - 2.00pm



		NOVEMBER (contd)				
17	18	Mon 19 Mahjong: Timboon 10am + @ Derrinallum 1.30pm	Tue 20 Appy Hours: Cobden 10.00am China Painting: Lismore 1.30pm U3A Committee Meeting: Camperdown 11am	Wed 21 Art Group: Noorat 10.30am Singing: Cobden 1.30pm	Thur 22	Fri 23 Crafternoon: Lismore 10.00am - 2.00pm Appy Hours: Camperdown 12.30pm Sundae School Timboon 1.30pm
24	25	Mon 26 Mahjong: Timboon 10am + @ Derrinallum 1.30pm Photography: Camperdown 2pm	Tue 27 Appy Hours: Cobden 10.00am Crafternoon: Cobden 1.30pm Silk Paining: Cobrico 10.00am - 3.00pm China Painting: Lismore 1.30pm	Wed 28 Art Group: Noorat 10.30am Appy Hours: Simpson 10.30am Let's Go To The Movies Colac or Warrnambool Time TBC	Thur 29	Fri 30 Crafternoon: Lismore 10.00am - 2.00pm Travel Tales: Cobden: Blaze Aid 1.30pm

U3A COURSE CALENDAR: DECEMBER 2018**There are no U3A Corangamite Events scheduled for December**

COURSE	DAY AND TIME	START DATE	END DATE	VENUE	CONTACT	VACANCIES
MAHJONG	<i>Timboon:</i> Every Monday @ 10.00AM	05 Feb	Ongoing	Timboon Hotel TIMBOON	Christine Honeycombe 04 1431 5066	Yes
MAHJONG	<i>Derr'allum:</i> Every Monday @ 1.30PM	09 April	Ongoing	Library DERRINALLUM	Robyn Hyde 04 3467 1310	Yes
LET'S DO... COFFEE AND BOOKS	<i>Noorat:</i> 2 nd Monday of month @ 2.00PM	12 Feb	Ongoing	137 Glenormiston Road NOORAT	Eve Black 5592 5333 04 1838 9751 mountnoorat@outlook.com	No
LET'S DO... COFFEE AND BOOKS	<i>Cobden:</i> 2 nd Monday of month @ 1.30PM	09 April	Ongoing	Cobdenhealth Education Centre Clarke Street COBDEN	Anne Ward 04 8845 1094	Yes
SCRABBLE, CARDS & CHESS	1 st Monday of month @1.30PM	05 Feb	Ongoing	Cobdenhealth Education Centre Clarke Street COBDEN	Linda Castaldo 04 3845 7825 lindacast55@hotmail.com	Yes

COURSE	DAY AND TIME	START DATE	END DATE	VENUE	CONTACT	VACANCIES
ART GROUP	Every Wednesday 10.30AM - 12.00PM	07 Feb	Ongoing	Noorat Scout Hall Glenormiston Road NOORAT	Helen Durant 04 1838 9751 helen.durant@icloud.com	Yes
SINGING	1 st & 3 rd Wednesday of each month @1.30PM	21 Feb	Ongoing	Home of Gwen Steel 8 Rix Avenue COBDEN	Gary Kimber 04 3907 9098 gazzmazz3@gmail.com	Yes
PHOTOGRAPHY	Last Monday of each month 2PM	26 Feb	Ongoing	Court House CAMPERDOWN	Ric Robertson 04 0810 6575	Yes
CURRENT AFFAIRS	1 st Thursday of @ 2.30PM	01 March	Ongoing	Cobdenhealth Education Centre Clarke Street COBDEN	Gary Kimber 04 3907 9098 gazzmazz3@gmail.com	Yes

COURSE	DAY AND TIME	START DATE	END DATE	VENUE	CONTACT	VACANCIES
TRAVEL TALES Rescheduled from Friday 28th October	Last Friday each month @ 1.30PM	<i>On Two Wheels - Seeing Europe Differently</i> Speaker: Lizzie Patterson Friday 02 nd November @ 1.30PM		Cobdenhealth Education Centre Clarke Street COBDEN	Marilyn Kimber 04 3758 4998 mazz060253@gmail.com	Yes
TRAVEL TALES NEW		<i>Blaze Aid: TRAVEL" in a different context</i> Speakers: Chris Male, Ann Maree Burns and Jo Beard Friday 30 th November @ 1.30PM		Cobdenhealth Education Centre Clarke Street COBDEN	Marilyn Kimber 04 3758 4998 mazz060253@gmail.com	Yes
CRAFTEERNOON @ COBDEN	2 nd & 4 th Tuesday of month @ 1.30PM	20 Feb	Ongoing	Cobdenhealth Education Centre Clarke Street COBDEN	Dana Lander 04 6656 1559 danalander25@hotmail.com	Yes
CRAFTEERNOON @ LISMORE NEW	Every Friday from 10AM-2PM	From Friday 09 November	Ongoing	Community Health Centre LISMORE	Just turn up Gold coin donation	Yes

COURSE	DAY AND TIME	START DATE	END DATE	VENUE	CONTACT	VACANCIES
APPY HOURS	<p>1. Cobden Tuesdays @ 10AM @ Sarenity Cafe</p> <p>2. Terang 2nd Friday of month @ 2PM Terang Library</p> <p>3. Timboon No sessions in November</p> <p>4. Derrinallum 1st Friday of month @ 9.30AM Derrinallum Library</p> <p>5. Camperdown 4th Friday of month @ 12.30PM Camperdown Community House</p> <p>6. Simpson 4th Wednesday of month @ 10.30AM</p>				<p>Cobden - Contact: Don McInness on 04 4823 0248</p> <p>Terang - Contact: Cheryl Ham on 04 3769 3661</p> <p>Timboon - Contact: Gary Kimber on 04 3907 9098</p> <p>Derrinallum - Contact: Derri Library on 5597 6658</p> <p>Camperdown- Contact: Emily on 5593 1403</p> <p>Simpson - Simpson Community House</p>	Vacancies for all venues
LETS GO TO THE MOVIES	Last week of the month	August	On going	Trip to the movies at either the Colac or Warrnambool cinema	Gary Kimber 04 3907 9098 gazzmazz3@gmail.com	Yes
SILK PAINTING NEW	<p>Tuesday 27th November 10am to 3pm Morning and afternoon tea provided - BYO Lunch</p> <p>Cost: \$ 23 (includes all materials)</p>			Cobrico Hall COBRICO	Marilyn Kimber 04 3758 4998 mazz060253@gmail.com	Yes

COURSE	DAY AND TIME	START DATE	END DATE	VENUE	CONTACT	VACANCIES
SUNDAE SCHOOL NEW	Friday 23 rd November @ 1.30PM			Timboon Ice Creamery TIMBOON	Gary Kimber 04 3907 9098 gazzmazz3@gmail.com	Yes
CHINA PAINTING	Tuesdays @ 1.30PM	From 09 October		67 Oman Street LISMORE	Leader: Loris Shannon Contact: 04 1849 7402	Yes
<i>UNSPOKEN:</i> WHAT WILL BECOME OF ME? NEW	Tuesday 13 th November @ 1.00pm This is a special presentation in conjunction with the Corangamite Shire's Live Well program.			Theatre Royal CAMPERDOWN	Contact: Becky Nevin Berger at the Corangamite Shire on 5593 7100	Yes

We are proudly supported by the
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