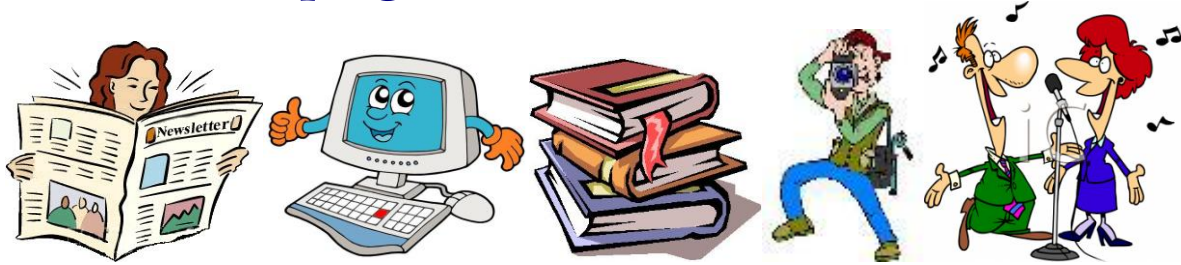


Keeping minds and bodies active



GREY MATTERS

2021 COURSE ENROLMENT NEWSLETTER

PLEASE NOTE: The information and personal details provided in this newsletter are for the use of U3A Corangamite Members and affiliates only and the information given should not be disseminated to any third party unless permission has been approved by the U3A Corangamite Committee.

A word from the U3A President

Welcome everyone and Happy New Year to you all. We hope 2021 is a much more productive year for U3A Corangamite

As you go through this very informative newsletter you will find a great deal of important information. Please enjoy what we have planned. Remember however we are still under COVID Rules and have to strictly monitor every activity. Please, if after enrolling, you are not well, let the contact person know and do not attend. Each leader will have a contact tracing sheet for COVID rules.

- Thank you to the Committee who have been very busy preparing for this year. Well done folks.
- Thank you to Colin Hayman who has audited our finance books. Much appreciated Colin.
- Under the current COVID rules we will be abiding by the social distancing, sanitisation, number limits and contact tracing recording.

- We will not be issuing a 2021 membership card this year. Please just use your 2020 one after having completed a membership form. The membership form can be downloaded from the U3A Corangamite website. We still have around 50 members who have not completed the form and sent it back. We must have every member up to date. Please also check your medical cards in your lanyards as some of the information there may have changed. Importantly wear your lanyard to every activity you attend. Remember your 2020 membership fee has been rolled over to 2021. If you have friends wishing to join the cost is \$30.
- Sponsors: our 2 sponsors – the Cobden/Camperdown Community Bank and Hello World Camperdown will continue with us in 2021. Please consider using their services, particularly after a tough 2020 for them. We will carry their ad in each newsletter.
- Below you will see the new format for enrolling in courses. Due to COVID we cannot have our enrolment day and so everything must be done online or by mail. You can also hand your choices sheet to a committee person.
- Remember to keep a copy of what you have chosen and transfer details to your diaries, calendars etc.
- We normally have afternoon tea with each activity. Due to COVID we can only provide tea and coffee. If you want a snack please bring your own.
- We have a new website and encourage you to have a good look at it. Thanks to Barb Cowley for her great work with this.
- Finally, as a form of advertising for our organisation I was approached by Progressing Cobden to take part in their monthly podcast called "*Cobden Now We're Talking!*" This will be out next week and you can use the QR code below or just google the name of the Podcast or use *Facebook*. In the podcast I have given all the details about our group, what we offer etc. Please let your friends know as it may help us to gain more members.

Finally have a great year with us. Please let us know if we can help in any way, if you have any queries and if you have any suggestions for activities. Stay well, busy and safe.

Gary Kimber
President

As part of the Progressing Cobden Project, a podcast had been produced called *Cobden Now Were Talking!* and here is the relevant QR that will enable anyone who may be interested in this to access the podcast.



U3A CORANGAMITE: COURSE & ACTIVITIES ENROLMENT 2021

Due to COVID restrictions, it has been decided that the U3A Corangamite AGM normally held at the end of January, and incorporating course/activities enrolment on that day, will not be held until late February/early March at the earliest.

As a result of this delay, the **ENROLMENT FORM** (provided both as Word file & PDF and included **as separate attachments to this e-mail**) is to be used this year for your initial choice of courses and activities in 2021 that will commence in the first week in February.

The process to complete your enrolment is as follows:

1. save the **WORD or PDF** enrolment file, whichever one is appropriate to your own system;
2. fill in your own personal details directly into the first 3 pages of the form;
3. clearly indicate your selections on the relevant box on the form with a **YES**;

NOTE: – if you choose to use the PDF format, you may have to print off the blank form, fill in your enrolment selection, scan the form into a new PDF and then e-mail it to u3acorangamite@gmail.com;

4. **SAVE** and **RE-NAME** the file with your surname and return it as an attachment via e-mail to u3acorangamite@gmail.com no later than **Friday 29th January 2021**. The Secretary will collate the returned forms and forward attendance lists to each course/activities coordinator;
5. for members who do not have an e-mail address, or for those who prefer to print out the form and fill it in by hand, please complete the enrolment form with a pen and send in the mail to **PO Box 55 COBDEN 3266**.

If there are changes to any of the events you will be notified directly by the coordinator so it is important that on the form you provide as clearly as possible your details as requested.

It is vital that if at any stage you are unable to attend an activity for which you have indicated and enrolled for, you must contact the relevant Course Coordinator as soon as possible so that, where there is reserve list in place or if the activity has a cost involved, members on the reserve list can be given the opportunity to attend the activity.

GUIDELINES FOR COURSES AND ACTIVITIES

Commencement of courses and activities in February will be held within strict COVID guidelines which we must be adhered to, viz.

- maintaining social distance of at least 1.5m;
- wearing masks when indoors if social distancing cannot be maintained;
- practise good hygiene with regular hand washing and hand sanitising;
- if you are feeling unwell, remain at home but contact the relevant coordinator to advise that you are unable to attend;
- for each event you attend, you will be required to complete a U3A COVID-19 Contact Tracing sheet with your details – name, postcode and telephone number;
- other than the items mentioned above, make sure you adhere to any additional specific restrictions that might be in place at individual venues you attend.

U3A CORANGAMITE MEMBERSHIP 2021

Although no membership fee is required for 2021, it is a requirement by U3A Network Victoria that all members complete a *2021 Membership Form* to ensure your details on our membership database are correct and up-to-date

NOTE: If you have not yet submitted your membership form you can download it from the U3A Corangamite website @ <https://u3acorangamite.org.au> and either send it to the U3A Treasurer, PO Box 55 Cobden 3266, or scan the form and e-mail it to u3acorangamite@gmail.com

For further information contact us on: e-mail: u3acorangamite@gmail.com

or via U3A Website



To locate the U3A *Facebook* page, just Google/search U3A Corangamite and click on the link shown. Get on: lots to see!

We are proudly supported by the following -

Cobden and Camperdown Community Banks (Bendigo Bank)



Helloworld Travel, Camperdown



DETAILS OF COURSES & ACTIVITIES

You must be a financial member of U3A Corangamite to enrol in any of these courses/activities or sessions. Do not attend any class without first completing your enrolment as class size restrictions may apply.

SPECIAL NOTICE FOR ACTIVITIES HELD IN OLD GYM @ COBDENHEALTH

Leader will obtain key and take list of members to be provided to Cobdenhealth - entry is in Clarke Street via the back-door of the old gym

MAHJONG	
<p>A sociable and fascinating game that entertains as well as keeping the little grey cells active. You might get addicted and before long you could be chasing the Dragons and avoiding the Winds as you Kung, Pung and Chow along with the best.</p> <p>The Course is for all skill levels with beginners very welcome; please bring a Mahjong set if you have one.</p>	<p>1. TIMBOON Leader: Christine Honeycombe Contact: 04 14 315 066 When: Every Monday @ 10:00 AM commencing 8 February Venue: Timboon Hotel Vacancies: Yes</p> <p>2. DERRINALUM Leader: Danielle Blomeley Contact: 0457 557 543 When: Every Monday @ 1.30:PM commencing 8 February Venue: Derrinallum Library Vacancies: Yes</p> <p>3. COBDEN Leader: Dee Smith Contact: 0427 260 687 When: Every Friday @ 10:00 AM commencing 12 February Venue: Cobden Golf Club Vacancies: Yes</p>
LET'S DO COFFEE & BOOKS, NOORAT	
<p>Join like minded book fans over a cup of tea to discuss your favorite books and authors. You might discover a new favorite!</p> <p>Bring a book to discuss for the first meeting, where we will decide on our future reading list.</p>	<p>Leader: Eve Black Contact: 5592 5333 mountnoorat@outlook.com When: 2nd Monday of each month @ 2PM commencing 8 February Venue: 137 Glenormiston Road, Noorat Vacancies: Waiting List</p>

LET'S DO COFFEE & BOOKS, COBDEN	
	<p>Leader: Anne Ward Contact: 0488 451 094 When: 2nd Monday of each month @1.30PM commencing 8 February Venue: Old Gym Cobdenhealth Clarke Street, Cobden Vacancies: Yes</p>
SCRABBLE	
<p>For beginners and the experienced player. Join this fun and friendly group to hone your skills.</p> <p><u>NOTE:</u> Due to COVID we can only provide tea and coffee. If you want a snack please bring your own.</p>	<p>Leader: Linda Castaldo Contact: 04 38 45 7 825 When: 1st and 3rd Monday of month @1.30PM commencing 1 February Venue: Old Gym Cobdenhealth, Clarke Street, Cobden</p>
CHINA PAINTING	
<p>A great opportunity to decorate your own plate, cup bowl, tiles etc. Let your imagination take you away.</p> <p>No cost. All materials supplied.</p>	<p>Leader: Loris Shannon Contact: 5541 0015 When: Every Tuesday @1.30PM commencing 9 February Venue: 67 Oman Street Lismore Vacancies: Yes</p>
LET'S DO LUNCH	
<p>Join a friendly and social bunch of U3A members as they head out to <i>'Let's Do Lunch'</i> at changing venues throughout the Corangamite Shire.</p> <p>First event: Wed 10 February @ 12.30PM Cafe on Curdie, Curdie Street, Cobden</p> <p>Bookings to Gary by Friday 5 February We will be in an undercover outdoors area</p>	<p>Leader: Gary Kimber Contact: 0439 079 098 gazzmazz3@gmail.com When: Every 2nd Wednesday of the month @12.30PM commencing 10 February Venue: Various across the Shire. Bookings: Always by Friday before each event</p>

<p>TEA & TOUR FOR TEN (\$10)</p>	
<p>Tours and afternoon tea at really interesting places around the Shire.</p> <p>First event: Tuesday 16 February @ 1.30pm <i>Dairylicious - Jancourt East</i> Cost \$10</p> <p>Bookings to Marilyn by Thursday 11 Feb</p>	<p>Leader: Marilyn Kimber Contact: 0437 584 998 mazz060253@gmail.com</p> <p>When: Commencing 16 February Venue: Various across the Shire. Vacancies: Yes</p>
<p>PHOTOGRAPHY</p>	
<p>Do you have an interest in photography? Whatever type of camera you have will be fine. Come along and learn the tricks of the photography trade. We may have talks from experts, outings or look at the history of Photography.</p>	<p>Leader: Ric Robertson Contact: 0408 106 575 When: TBA Venue: On site Vacancies: Yes</p>
<p>FRIDAY FORUM</p>	
<p>Join us bi-monthly to hear interesting guest speakers on a range of topics. Catch up with other members and a chat. Each month the speaker and topic will be advertised on our Facebook and web pages.</p> <p>First speaker: Olaf Smith - <i>Life on the Open Sea (His Navy Story)</i></p> <p><u>NOTE:</u> Due to COVID we can only provide tea and coffee. If you want a snack please bring your own.</p>	<p>Leader: Eve Black Contact: 5592 5333 mountnoorat@outlook.com</p> <p>When: 3rd Friday of each second month @ 1.30PM commencing 19 February Venue: Cobden Senior Citizens Victoria Street, Cobden Bookings: Monday before on 5592 5333 Vacancies: Yes</p>

SINGING	
<p>What a fabulous group this is! Who can forget our End of Year events in 2018 and in 2019!</p> <p>Gwen and her group would love to see more choristers joining the group</p>	<p>Leader: Gwen Steele</p> <p>Contact: Gary Kimber 0439 079 098 gazzmazz3@gmail.com</p> <p>When: 1st and 3rd Wednesday each month @1.30PM commencing 3March</p> <p>Venue: 8 Rix Avenue, Cobden</p> <p>Vacancies: Yes - but number restricted</p>
CURRENT AFFAIRS	
<p>This group just has an informal chat about any issues of the day, or even the more obscure ones. Good discussion followed by afternoon tea</p>	<p>Leader: Gary Kimber</p> <p>Contact: 0439 079 098 gazzmazz3@gmail.com</p> <p>When: 1st Thursday of month @ 1.30PM commencing 4March</p> <p>Venue: Old Gym Cobdenhealth, Clarke Street, Cobden</p> <p>Vacancies: Yes</p>
TRAVEL TALES	
<p>Join us on a new travel experience. Be transported to a destination without actually leaving your seat. Travel the world through the eyes of the presenter. You will be entertained by pictures of places you may or may not visit.</p> <p><u>NOTE:</u> Due to COVID we can only provide tea and coffee. If you want a snack please bring your own.</p> <p>First speakers - Dallas & Heather Petrie - Travelling Route 66 in the USA</p> <p>Bookings to Marilyn Kimber on 0437 584 998 by Monday 22 February</p>	<p>Leader: Marilyn Kimber</p> <p>Contact: 0437 584 998 mazz060253@gmail.com</p> <p>When: Last Friday of each month @1.30PM commencing 26 February</p> <p>Venue: Cobden Senior Citizens Victoria Street, Cobden</p> <p>Vacancies: Yes</p>

LET'S GO TO THE MOVIES	
<p>A trip to the movies on the third Wednesday of the month at the Colac cinemas. In the week before we will contact the theatres to see which movies are on and then let you know. We will then contact the theatres and book in. Costs will be the ticket and of course the inevitable popcorn and choc-tops! Partners most welcome.</p>	<p>Leader: Gary Kimber Contact: 0439 079 098 gazzmazz3@gmail.com When: 4th Wednesday of month Venues: Colac Cinemas Vacancies: Yes Date: 24 February Time and film TBC</p>
CRAFTERNOON	
<p>A chance for members to meet with their own craft - knitting, sewing, quilting, patchwork, needle-point, crochet, scrap-booking etc</p>	<p>Leader: Helen Sinclair Contact: 0439 315 019 When: 2nd & 4th Tuesday of month @ 1.30PM commencing 9 February Venue: Old Gym Cobdenhealth, Clarke Street, Cobden Vacancies: Yes</p>
LET'S DO CROQUET	
<p>Have you ever wanted to play croquet? If so, then this is your chance to come and have a go and also have some fun!</p>	<p>Leader: Anne Corbin Contact: 0428 899 126 When: 4th Wednesday of month @ 1PM commencing 24 February Venue: Terang Croquet Club Cost: \$5 and please wear flat shoes Vacancies: Yes</p>
BICYCLE RIDE	
<p>Naroghid Road to Cobden via rail trail. Rest at Cobden Lake with morning tea in Cobden prior to return Come and Try!</p>	<p>Leader: Helen James Contact: 0438 918 337 When: 1st Wednesday of month @ 10.30am commencing on Wednesday 3 March</p>

APPY HOURS	
<p>This is where a group of people who have tablets, i-pads or phones get together and swap tips and traps to improve their usage. You'll be able to discover new apps, websites, you-tube clips etc. The web world is yours!</p> <p><u>NOTE:</u> Derrinallum, Simpson and Camperdown classes are not run by U3A Corangamite</p>	<p>1. Cobden Tuesday every 2 weeks @ 10AM Cobden Golf Club Contact: Don McInnes on 0448 230 248 Commences 2 February</p> <p>2. Timboon 3rd Wednesday of month @ 10AM Timboon Library Contact: Gary Kimber on 0439 079 098 Commences 17 March</p> <p>3. Derrinallum Saturday morning by appointment Derrinallum Library Contact: Derri Library on 5597 6658</p> <p>4. Camperdown Day and time still TBC Contact: Emily at Camperdown Community House on 5593 1403</p> <p>5. Simpson 2nd Wednesday of month @ 10.30AM Contact: Simpson Community House on 5594 3488 TBC</p>
SUNDAE SCHOOL	
<p>We will receive a talk about the history of Timboon Ice Cream and then finish by making our own delicious Sundae!</p>	<p>Leader: Gary Kimber Contact: 0439 079 098 gazzmazz3@gmail.com Where: Timboon Ice Cream Cost \$15 - \$18 When: April 2020 Date: 19 March</p>

U3A COURSE CALENDAR: FEBRUARY - MARCH 2021

		FEBRUARY				
		Mon 01 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 02 Appy Hours: Cobden @ 10am	Wed 03	Thur 04	Fri 05 Mahjong: Cobden @ 10am
06	07	Mon 08 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Let's do Coffee & Books: + Noorat @ 2pm + Cobden @ 1.30pm	Tue 09 China Painting: Lismore @ 1.30pm Crafternoon: Cobden @ 1.30pm U3A Committee Meeting: CCH @ 11.00am	Wed 10 Appy Hours: Simpson @10.30am Let's do Lunch @ 12.30pm Cafe on Curdie Curdie Street, Cobden	Thur 11	Fri 12 Mahjong: Cobden @ 10am
13	14	Mon 15 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 16 Appy Hours: Cobden @ 10am China Painting: Lismore @ 1.30pm Tea & Tour for Ten @ 1.30pm <i>Dairylicious</i> , Jancourt East	Wed 17	Thur 18	Fri 19 Mahjong: Cobden @ 10am Friday Forum: Cobden Senior Citizens @ 1.30pm <i>Olaf Smith - Life on the Open Sea</i>
20	21	Mon 22 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm	Tue 23 China Painting: Lismore @ 1.30pm Crafternoon: Cobden @ 1.30pm	Wed 24 Croquet: Terang @ 1pm Let's go to the Movies: Colac @ TBC	Thur 25	Fri 26 Mahjong: Cobden @ 10am Travel Tales: Cobden Senior Citizens @ 1.30pm Dallas & Heather Petrie - Travelling Route 66 in the USA

		MARCH				
27	28	Mon 01 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 02 Appy Hours: Cobden @ 10am China Painting: Lismore @ 1.30pm	Wed 03 Bike Ride: Naroghid @ 10.30am Singing: Cobden @ 1.30pm	Thur 04 Current Affairs: Cobden @ 1.30pm	Fri 05 Mahjong: Cobden @ 10am
06	07	Mon 08 Labor Day Public Holiday No activities	Tue 09 Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 10 Appy Hours: Simpson @10.30am	Thur 11	Fri 12 Mahjong: Cobden @ 10am
13	14	Mon 15 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 16 Appy Hours: Cobden @ 10am China Painting: Lismore @ 1.30pm	Wed 17 Appy Hours: Timboon @ 10am Singing: Cobden @ 1.30pm	Thur 18	Fri 19 Mahjong: Cobden @ 10am Sundae School: Timboon TBC
20	21	Mon 22 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm	Tue 23 Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 24 Croquet: Terang @ 1pm Let's go to the Movies: Colac @ TBC	Thur 25	Fri 26 Mahjong: Cobden @ 10am Travel Tales: Cobden Senior Citizens @ 1.30pm
27	28	Mon 29 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm	Tue 30 Appy Hours: Cobden @ 10am China Painting: Lismore @ 1.30pm	Tue 31		

BLANK PAGE FOR YOUR OWN NOTES

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