

Keeping minds and bodies active



GREY MATTERS

APRIL 2021

A WORD FROM THE PRESIDENT

Congratulations to everyone on the start to the year. We have all jumped in enthusiastically and the numbers at our programs are really good. We still must abide by Covid protocol and thank you for your cooperation.

Our AGM was very well attended and Deputy Mayor Jo Beard congratulated our group on 5 fun packed and rewarding years. Our Executive was re-elected unopposed. Our 2021 Committee is myself President, David Mernagh - Secretary, Linda Castaldo - Treasurer, Dominique Fowler - Vice President with Sue McInnes, Don McInnes, Helen James, Anne O'Brien and Anne Corbin as Committee members. We still have one position vacant.

After talking to several members, it would appear that many receive their newsletter online through their smart phones and cannot print them off because they have no printer or other computer. I am a hard copy person and if you want to be also, can I suggest you take your phone to the local library to get information printed off.

COVID rules have eased slightly and so we can now bring shared food to activities. For our Travel Tales and Friday Forum we will go back to a gold coin donation to help with food costs.

BRING A FRIEND!

A great suggestion came from a member and that was to consider having a "Bring a Friend Day". So as a result, we will do this and indeed April will be "Bring a Friend Month". At all activities you are invited to bring a friend(s). If you bring a friend, when booking yourself in, book your friend(s) also. This is a great way for socialisation for everyone and hopefully gain new members.

A reminder that we have reciprocal program rights with U3A Colac/Otway. When you receive their newsletter check their offerings.

Below you will see several new programs. Please ring the contact person, book in, take a note of your booking and just enjoy.

Keep well, busy and have lots of fun and keep the ideas coming!

Gary Kimber

NEW APRIL ACTIVITIES

Mini Golf

Thursday 15th April @ 1.30pm

Cobden Mini Golf, Grayland Street, Cobden.

(Part of Miniature Railway complex)

Cost \$6 pp includes tea/ coffee. 18 holes of fun and challenges!

Bookings to Gary Kimber 0439 079 098 by Monday 12th April . **Bring a friend!**

Tea and Tour for Ten - Dairylicious

Tuesday 20th April @ 1.30pm

1281 Timboon-Colac Road, Jancourt East.

This is the program lost during the last lockdown

Cost \$10 covers the talk about the fudge story and afternoon tea

A yummy chance to sample the fudge and make a purchase

Bookings to Marilyn Kimber on 0437 584 998 or mazz060253@gmail.com by Friday 16th

April. **Bring a friend!**

Let's Do Lunch

Schultz Organic Dairy and Cheesery.

Wednesday 14th April @ 12.30pm

23 Ford and Fells Road, Timboon. (Go out from Timboon on the Peterborough Road)

Menu includes Croissants, Toasties, Cheese platters for 2, Scones, Desserts, Hot/ Cold drinks.

Alec the owner will give us a talk also about Schultz Organic and the history of the Schultz family on the property.

Bookings to Gary Kimber on 0439 079 098 by Friday 9th April. **Bring a Friend**

Friday Forum

Friday 16th April @ 1.30pm

Cobden Senior Citizens Centre

"Palliative Care in the Community" speaker is our Committee member Anne O'Brien

Afternoon tea provided. Gold coin donation.

Bookings to Eve Black on 5592 5333 by Monday 12th April. **Bring a Friend**

Bike-Ride

Wednesday 7th April @10.30pm

Terang to Noorat (meet at church diagonally across from hardware on service road cnr)

Stop for refreshment in Noorat before returning

Bookings to Helen James on 0409 438 044 by Friday 2nd April. **Bring a Friend**

Let's Go to the Movies

Thursday 22nd April

Colac Cinema.

Movie and time **TBC**

Bookings to Gary Kimber on 0439 079 098 by Friday 9th April

Gary will liaise with the Cinema after 9th April and then contact those who've booked informing them of the movie and time. ***Bring a Friend***

Travel Tales

Friday 23rd April @ 1.30pm

Cobden Senior Citizens Centre

"A journey around the Philippines". Presented by Don Treloar

Afternoon tea provided. Gold coin donation.

Bookings to Marilyn Kimber on 0437 584 998 or mazz060253@gmail.com by Monday 19th April. ***Bring a Friend***

Free Style Silk Painting

Coordinator: Helen Langley

Thursday 29th April, 10.00am to 3.00pm

Cobden Uniting Church Hall, 61 Curdie Street, Cobden

Participants will be introduced to the FUN of silk painting. Helen, the coordinator will give you an introduction and guide you through some processes and possibilities. Free style painting needs no experience. You'll also learn about gutta and have the opportunity to use it to create a pattern or picture. Helen will steam your finished piece during the session so they are ready to take home.

Cost: \$20 includes ALL materials.

BYO lunch and apron. Morning and afternoon tea provided

Bookings to Marilyn Kimber on 0437 584 998 or mazz060253@gmail.com by Friday 23rd April. ***Bring a Friend***

Free Breast Screen

Provided by Breast Screen Victoria

From 22nd March - 16th April, the Pink Van will be at 212-214 Manifold St, Camperdown.

Bookings on line at <https://bookings.breastscreen.org.au> or on 13 20 50

Please note: this is not a U3A Corangamite program but a very important community program.

U3A Corangamite Car Rally

Save the Date - Sunday June 6. Keep watching for more details!

Colac Botanical Gardens Walk, Talk and Lunch

We will join U3A Colac/Otway on Monday 12th April 12 at 1.00pm.

Meet at the western end car park of the gardens.

Helen Paatsch, member of Friends of the Colac Botanic Gardens and author of *"For the Pleasure of People - a History of 150 years of the Colac Botanic Gardens"* will lead a tour of the gardens. Lunch can follow at the Gardens Cafe.

Bookings to Gary Kimber on 0439 079 098 by Monday 5th April. When booking, please indicate if you will have lunch. Numbers are limited.

WHAT'S ON IN APRIL & MAY

Make sure to check the activities calendar and list below to see what great events are being held during April and May. More events will be added as they become available.

For further information contact us via e-mail: u3acorangamite@gmail.com

OR

U3A Corangamite website

The website address is: <https://u3acorangamite.org.au>

PHOTO GALLERY

Barb Cowley, our website manager, has begun a Photo Gallery of events we have this year. Most are on *Facebook* but if you haven't got access to *Facebook* go to our website and click on Gallery - there you'll see us all! While you're in the website go through it all as Barb has recently completely overhauled the website and keeps it up to date all the time with new photos and information.

We are proudly supported by the Cobden & Camperdown Community Banks (Bendigo Bank)



and Helloworld, Camperdown



U3A ACTIVITIES CALENDAR: APRIL & MAY 2021

		APRIL				
		APRIL is 'Bring a Friend' Month			Thurs 01 Current Affairs: Cobden @ 2.30pm	Fri 02 Good Friday Public Holiday - No events
03	04	Mon 05 Easter Monday Public Holiday - No events	Tues 06 China Painting: Lismore @ 1.30pm	Wed 07 Bike Ride: Terang @ 10.30am Singing: Cobden @ 1.30pm	Thurs 08	Fri 09 Mahjong: Cobden @ 10am
10	11	Mon 12 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Let's do Coffee & Books: + Noorat @ 2pm + Cobden @ 1.30pm	Tues 13 Appy Hours: Cobden @ 10am Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 14 Appy Hours: Simpson @ 10.30am Let's Do Lunch: Schultz Dairy, Timboon @ 12.30pm China Painting: Lismore @ 1.30pm	Thurs 15 Mini-Golf: Cobden @ 1.30pm	Fri 16 Mahjong: Cobden @ 10am Friday Forum: Cobden Senior Citizens @ 1.30pm
17	18	Mon 19 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tues 20 U3A Corangamite Committee Meeting: Camperdown @ 11am Tea & Tour for Ten - Dairylicious: Jancourt East @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 21 Appy Hours: Timboon @ 10am Singing: Cobden @ 1.30pm	Thurs 22 Let's Go to the Movies: Colac Time and movie TBC	Fri 23 Mahjong: Cobden @ 10am Travel Tales: Cobden Senior Citizens @ 1.30pm Appy Hours: Camperdown TBC
24	25	Mon 26 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Photography: On Site	Tues 27 Appy Hours: Cobden @ 10am Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 28 Croquet: Terang @ 1pm China Painting: Lismore @ 1.30pm	Thurs 29 Free Style Silk Painting: Cobden 10.00am - 3.00pm	Fri 30 Mahjong: Cobden @ 10am

		MAY				
01	02	Mon 03 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tues 04 China Painting: Lismore @ 1.30pm	Wed 05 Bike Ride: Location TBC @ 10.30am Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 06 Current Affairs: Cobden @ 2.30pm	Fri 07 Mahjong: Cobden @ 10am
08	09	Mon 10 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Let's do Coffee & Books: + Noorat @ 2pm + Cobden @ 1.30pm	Tues 11 Appy Hours: Cobden @ 10am Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 12 China Painting: Lismore @ 1.30pm	Thurs 13	Fri 14 Mahjong: Cobden @ 10am
15	16	Mon 17 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tues 18 China Painting: Lismore @ 1.30pm U3A Corangamite Committee Meeting: Camperdown @ 11am	Wed 19 Appy Hours: Simpson @ 10.30am Let's Do Lunch: TBC Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 20	Fri 21 Mahjong: Cobden @ 10am Friday Forum: Cobden Senior Citizens @ 1.30pm
22	23	Mon 24 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm	Tues 25 Appy Hours: Cobden @ 10am Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 26 Appy Hours: Timboon @ 10am Croquet: Terang @ 1pm	Thurs 27 Let's Go to the Movies: Colac Time and movie TBC	Fri 28 Mahjong: Cobden @ 10am Travel Tales: Cobden Senior Citizens @ 1.30pm Appy Hours: Camperdown TBC
29	30	Mon 31 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Photography: On Site				

ON-GOING U3A CORANGAMITE ACTIVITIES LIST 2021

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Mahjong	Each Monday	10.00am	Timboon Hotel	Christine Honeycombe 0414 315 066
Mahjong	Each Friday	10.00am	Golf Club Cobden	Dee Smith 0427 260 687
Mahjong	Each Monday	1.30pm	Derrinallum Library	Danielle Blomeley 0457 557543
Scrabble	1 st & 3 rd Monday of month	1.30pm	Old Gym Cobdenhealth	Linda Castaldo 0438 457 825
Let's Do Coffee & Books	2 nd Monday of month	2.00pm	137 Glenormiston Road Noorat	Eve Black 5592 5333
Let's Do Coffee & Books	2 nd Monday of month	1.30pm	Old Gym Cobdenhealth	Anne Ward 0488 451 094
Singing	1 st & 3 rd Wed of month	1.30pm	Home of Gwen Steele, 8 Rix Ave, Cobden	Gary Kimber 0439 079 098
Friday Forum	3 rd Friday every month	1.30pm	Senior Citizens Centre Cobden	Eve Black 5592 5333
Travel Tales	4th Friday of month	1.30pm	Senior Citizens Centre Cobden	Marilyn Kimber 0437 584 998
Photography	Last Monday of each month	2.00pm	On Site	Ric Robertson 0408 106 575
Current Affairs	1 st Thursday each month	2.30pm	Old Gym Cobdenhealth	Gary Kimber 0439 079098

ON-GOING U3A CORANGAMITE ACTIVITIES LIST 2021

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Crafternoon	2 nd and 4 th Tues of each month	1.30pm	Old Gym Cobdenhealth	Helen Sinclair 0439 315 019
Let's Go to the Movies	4 th Thursday of each month	TBC	Colac	Gary Kimber 0439 079 098
Appy Hours	On a Tuesday every two weeks	10.00am	Golf Club, Cobden	Don McInnes 0448 230 248
Appy Hours	3 rd Wednesday of month	10.00am	Timboon Library	Gary Kimber 0439 079 098
Appy Hours	Saturday am by appointment	TBC	Derrinallum Library	Derrinallum Library 5597 6658
Appy Hours	4 th Friday of month TBC	12.30pm	Community House Camperdown	Emily Mercer 5593 1403
Appy Hours	2 nd Wednesday of the month	10.30am	Community House Simpson	Community House 5594 3448
Croquet	4 th Wednesday of the month	1.00pm	Croquet Club Terang	Anne Corbin 0428 899 126
China Painting	Each Tuesday & Wednesday	1.30pm	67 Oman Street Lismore	Loris Shannon 5541 0015

SPECIAL U3A CORANGAMITE ACTIVITIES IN APRIL

BRING A FRIEND!

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Tea & Tour for Ten (\$10)	Tues 20 th April	1.30pm	<i>Dairylicious</i> 1281 Timboon-Colac Road, Jancourt East Bookings to Marilyn by Friday 16 th April	Marilyn Kimber 0437 584 998 mazz060253@gmail.com
Friday Forum	Fri 16 th April	1.30pm	Anne O'Brien - <i>Palliative Care in the Community</i> Senior Citizen Centre, Cobden Bookings to Eve by Monday 12 th April	Eve Black 5592 5333 mountnoorat@outlook.com
Travel Tales	Fri 23 rd April	1.30pm	Dan Treloar <i>A Journey around the Philippines</i> Senior Citizen Centre, Cobden Bookings to Marilyn by Monday 19 th April	Marilyn Kimber 0437 584 998 mazz060253@gmail.com
Let's Do Lunch	Wed 14 th April	12.30pm	<i>Schulz Organic Dairy</i> 23 Ford and Fells Road, Timboon Bookings to Gary by Friday 9 th April	Gary Kimber 0439 079 098 gazzmazz3@gmail.com
Free Style Silk Painting	Thurs 29 th April	10.00 am - 3.00pm	Cobden Uniting Church Hall 61 Curdie Street, Cobden Bookings to Marilyn by Friday 23 rd April	Marilyn Kimber 0437 584 998 mazz060253@gmail.com
Mini-Golf	Thurs 15 th April	1.30pm	Cobden Mini Golf, Grayland Street, Cobden (Part of the Mini Train Complex) Bookings to Gary by Monday 12 th April	Gary Kimber 0439 079 098 gazzmazz3@gmail.com