

Keeping minds and bodies active



GREY MATTERS

MAY 2021

A WORD FROM THE PRESIDENT

The year is progressing well with Covid rules easing but still in place for all activities. We are continually looking at providing a variety of activities for you and enjoy hearing any suggestions you have to assist our Committee.

It was terrific to have several friends at activities as part of our "Bring a Friend" month. We hope they enjoyed their time and can spend more time with us.

COVID rules have eased slightly and so we can now bring shared food to activities. It's great that we can have this social part of our activities.

Below you will see several new programs. Please ring the contact person, book in, take a note of your booking and just enjoy.

Keep well, busy and have lots of fun!

Gary Kimber

NEW ACTIVITIES

Tea and Tour for Ten

Friday 14th May @ 1.30pm

Mt Elephant Hotel in Derrinallum

Cost \$10 covers the talk by new owner John Northey - ex AFL player & coach.

John will talk about his football career and his journey with the hotel.

Afternoon tea will be provided.

Bookings by Monday 10th May to Marilyn on 0437 584 998 or mazz060253@gmail.com



Mayor, Motherhood and MS

Sunday 30th May is World MS Day. This special session is a heart-warming program presented by Jo Beard (well respected and loved councilor & ex-mayor) on her journey as a mayor and councilor, mother and now sufferer of multiple sclerosis, so we asked Jo to present this human-interest program to highlight her career in local government and the onset of her MS, how it was detected, and the consequent ongoing treatment and challenges. In this program you will hear about the impact of MS on Jo's family, career and indeed, her life. Knowledge is empowering ❤️

When: Monday 31st May @ 2.00pm, Cobden Golf Club. Drinks at own cost.

Bookings: by Wednesday 26th May to Marilyn 0437 594 998 or mazz060253@gmail.com

Friday Forum

Friday 21st May @ 1.30pm, Cobden Senior Citizens Centre

Presenter: David Jellie - "*Decent People*"

Afternoon Tea provided. Voluntary gold coin donation

Bookings by Monday 17th May to Eve Black on 5592 5333

Let's Go to the Movies

Thursday 27th May, Colac Cinema. Movie & Time TBC

Expressions of interest to Gary on 0439 079 098 by Friday 14th May

Gary will liaise with the Cinema and contact those interested informing them of the movie and time.

Travel Tales

Friday 28th May @ 1.30pm, Cobden Senior Citizens Centre.

Presenter: Michael Broomhall - "*Sri Lanka and the Maldives*"

Afternoon tea provided. Voluntary gold coin donation.

Bookings by Monday 24th May to Marilyn on 0437 584 998 or mazz060253@gmail.com

Let's Do Lunch

Wednesday 12th May @ 12.30 pm

The Old Noorat Bakery, 10 McKinnons Bridge Road, Noorat (in service road opposite Primary School)

Set cost of \$15 provides a BBQ, sweets, tea and coffee.

Our host will give a talk about the history of the bakery. There will also be entertainment from a guest piano man from Sydney.

Bookings by Friday 7th May to Gary on 0439 079 098

Bike Ride

Wednesday 5th May @ 10.30am.

Start at Timboon Trestle Bridge, ride, ice cream and return to Trestle Bridge

Bookings by Friday 30th April to Helen on 0409 438 044

Car Rally

Sunday 6th June

U3A member, Terry Brain has been very busy planning and preparing a real fun activity. Cost will be \$5 per car. Final times etc. will be revealed in the next member Newsletter. We will end up at a place for lunch (own cost).

Be Connected

Be Connected is an Australia wide initiative empowering all Australians to thrive in a digital world. It has online learning resources as well as a Network of community partners - the Be Connected Network - who offer support so you can develop your digital skills and confidence. Find a local place for friendly help and advice, or join the Network to help others.

Details on *Be Connected* can be located at <https://beconnected.esafety.gov.au/> .
Why not take a look!

WHAT'S ON IN MAY & JUNE

Make sure to check the activities calendar and list below to see what great events are being held during May and June. More events will be added as they become available.

For further information contact us via e-mail: u3acorangamite@gmail.com

OR

U3A Corangamite website

The website address is: <https://u3acorangamite.org.au>

PHOTO GALLERY

Barb Cowley, our website manager, has a Photo Gallery of the events we have had this year. Most are on *Facebook* but if you haven't got access to *Facebook* go to our website and click on Gallery - there you'll see us all! While you're in the website go through it all as Barb has recently completely overhauled the website and keeps it up to date all the time with new photos and information.

U3A ACTIVITIES CALENDAR: MAY & JUNE 2021

		MAY				
01	02	Mon 03 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tues 04 China Painting: Lismore @ 1.30pm	Wed 05 Bike Ride: Timboon Trestle Bridge@ 10.30am Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 06 Current Affairs: Cobden @ 2.30pm	Fri 07 Mahjong: Cobden @ 10am
08	09	Mon 10 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Let's do Coffee & Books: + Noorat @ 2pm + Cobden @ 1.30pm	Tues 11 Appy Hours: Cobden @ 10am Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 12 Appy Hours: Timboon @ 10am Let's Do Lunch: Noorat @ 12.30pm China Painting: Lismore @ 1.30pm	Thurs 13	Fri 14 Mahjong: Cobden @ 10am Tea & Tour for Ten: Derrinallum @ 1.30pm
15	16	Mon 17 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tues 18 China Painting: Lismore @ 1.30pm U3A Corangamite Committee Meeting: Camperdown @ 11am	Wed 19 Appy Hours: Simpson @ 10.30am Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 20	Fri 21 Mahjong: Cobden @ 10am Friday Forum: Cobden Senior Citizens @ 1.30pm
22	23	Mon 24 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm	Tues 25 Appy Hours: Cobden @ 10am Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 26 Croquet: Terang @ 1pm China Painting: Lismore @ 1.30pm	Thurs 27 Let's Go to the Movies: Colac Time and movie TBC	Fri 28 Mahjong: Cobden @ 10am Travel Tales: Cobden Senior Citizens @ 1.30pm Appy Hours: Camperdown TBC

		MAY (contd)			
29	30	Mon 31 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Mayor, Motherhood & MS: Cobden @ 2.00pm			

		JUNE				
			Tues 01 China Painting: Lismore @ 1.30pm	Wed 02 Bike Ride: Location TBC @ 10.30am Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 03 Current Affairs: Cobden @ 2.30pm	Fri 4 Mahjong: Cobden @ 10am
05	06 #	Mon 07 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tues 08 Appy Hours: Cobden @ 10am Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 09 Let's Do Lunch: TBC China Painting: Lismore @ 1.30pm	Thurs 10	Fri 11 Mahjong: Cobden @ 10am
12	13	Mon 14 Queen's Birthday Public Holiday	Tues 15 China Painting: Lismore @ 1.30pm U3A Corangamite Committee Meeting: Camperdown @ 11am	Wed 16 Appy Hours: Simpson @ 10.30am Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 17	Fri 18 Mahjong: Cobden @ 10am Friday Forum: Cobden Senior Citizens @ 1.30pm

06 # Car Rally - U3A member Terry Brain has been very busy planning and preparing a real fun activity
 Cost will be \$5 per car. **Final times will be revealed in the next Newsletter.**
 We will end up at a place for lunch (your cost) so organise a car load and mark the date and get ready!

		JUNE (contd)				
19	20	Mon 21 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tues 22 Appy Hours: Cobden @ 10am Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 23 Croquet: Terang @ 1pm China Painting: Lismore @ 1.30pm	Thurs 24 Let's Go to the Movies: Colac Time and movie TBC	Fri 25 Mahjong: Cobden @ 10am Travel Tales: Cobden Senior Citizens @ 1.30pm Appy Hours: Camperdown TBC
26	27	Mon 28 Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm	Tues 29 China Painting: Lismore @ 1.30pm	Wed 30 China Painting: Lismore @ 1.30pm		

ON-GOING U3A CORANGAMITE ACTIVITIES LIST 2021

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Mahjong	Each Monday	10.00am	Timboon Hotel	Christine Honeycombe 0414 315 066
Mahjong	Each Friday	10.00am	Golf Club Cobden	Dee Smith 0427 260 687
Mahjong	Each Monday	1.30pm	Derrinallum Library	Danielle Blomeley 0457 557543
Scrabble	1 st & 3 rd Monday of month	1.30pm	Old Gym Cobdenhealth	Linda Castaldo 0438 457 825
Let's Do Coffee & Books	2 nd Monday of month	2.00pm	137 Glenormiston Road Noorat	Eve Black 5592 5333
Let's Do Coffee & Books	2 nd Monday of month	1.30pm	Old Gym Cobdenhealth	Anne Ward 0488 451 094
Singing	1 st & 3 rd Wed of month	1.30pm	Home of Gwen Steele, 8 Rix Ave, Cobden	Gary Kimber 0439 079 098
Friday Forum	3 rd Friday every month	1.30pm	Senior Citizens Centre Cobden	Eve Black 5592 5333
Travel Tales	4th Friday of month	1.30pm	Senior Citizens Centre Cobden	Marilyn Kimber 0437 584 998
Photography	Last Monday of each month	2.00pm	On Site	Ric Robertson 0408 106 575
Current Affairs	1 st Thursday each month	2.30pm	Old Gym Cobdenhealth	Gary Kimber 0439 079098

ON-GOING U3A CORANGAMITE ACTIVITIES LIST 2021

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Crafternoon	2 nd and 4 th Tues of each month	1.30pm	Old Gym Cobdenhealth	Helen Sinclair 0439 315 019
Let's Go to the Movies	4 th Thursday of each month	TBC	Colac	Gary Kimber 0439 079 098
Appy Hours	On a Tuesday every two weeks	10.00am	Golf Club, Cobden	Don McInnes 0448 230 248
Appy Hours	3 rd Wednesday of month	10.00am	Timboon Library	Gary Kimber 0439 079 098
Appy Hours	Saturday am by appointment	TBC	Derrinallum Library	Derrinallum Library 5597 6658
Appy Hours	4 th Friday of month TBC	12.30pm	Community House Camperdown	Emily Mercer 5593 1403
Appy Hours	2 nd Wednesday of the month	10.30am	Community House Simpson	Community House 5594 3448
Croquet	4 th Wednesday of the month	1.00pm	Croquet Club Terang	Anne Corbin 0428 899 126
China Painting	Each Tuesday & Wednesday	1.30pm	67 Oman Street Lismore	Loris Shannon 5541 0015

SPECIAL U3A CORANGAMITE ACTIVITIES IN MAY

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Tea & Tour for Ten (\$10)	Friday 14 th May	1.30pm	Mt Elephant Hotel, Derrinallum. Cost \$10 covers the talk by new owner John Northey - ex AFL player and coach. John will talk about his amazing career and his journey with the hotel. Afternoon tea will be provided. Bookings to Marilyn by Monday 10 th May 10 on 0437 584 998 or mazz060253@gmail.com	Marilyn Kimber 0437 584 998 mazz060253@gmail.com
Friday Forum	Friday 21 st May	1.30pm	David Jellie. <i>"Decent People"</i> - Cobden Senior Citizens' Centre. Afternoon Tea provided. Gold Coin donation. Bookings by Monday 17 th May to Eve Black on 5592 5333	Eve Black 5592 5333 mountnoorat@outlook.com
Travel Tales	Friday 28 th May	1.30pm	Michael Broomhall <i>"Sri Lanka and the Maldives"</i> Cobden Senior Citizens Centre. Afternoon tea provided. Gold Coin donation. Bookings by Monday 24 th May to Marilyn on 0437 584 998 or mazz060253@gmail.com	Marilyn Kimber 0437 584 998 mazz060253@gmail.com
Let's Do Lunch	Wed 12 th May	12.30pm	The Old Noorat Bakery, 10 McKinnons Bridge Road, Noorat, (in service road opposite Primary School) Set cost of \$15 provides a BBQ, sweets, tea and coffee. Our host will give a talk about the history of the bakery. There will also be entertainment from a guest piano man from Sydney. Bookings by Friday 7 th May to Gary on 0439 079 098	Gary Kimber 0439 079 098 gazzmazz3@gmail.com

Mayor, Motherhood and MS	Monday 31 st May	2pm	<p>Cobden Golf Club Sunday 30th May is World MS Day This special session is a heart-warming program presented by Jo Beard (well respected and loved councilor & ex-mayor) on her journey as a mayor and councilor, mother and now sufferer of multiple sclerosis</p> <p>Bookings: by Wednesday 26th May to Marilyn 0437 594 998 or mazz060253@gmail.com</p>	<p>Marilyn Kimber 0437 584 998 mazz060253@gmail.com</p>
--------------------------	-----------------------------	-----	--	---

We are proudly supported by the Cobden & Camperdown Community Banks (Bendigo Bank)



and Helloworld, Camperdown

