

Keeping minds and bodies active**GREY MATTERS****JULY 2021****A WORD FROM THE PRESIDENT**

As winter has arrived, we hope you are keeping well, warm, vaccinated and busy. For those travelling to a warmer climate, safe travels and enjoy your time. Don't forget many places have U3A's. Check them out.

Unfortunately, we lost several activities due to the recent lockdown. Hopefully, we can get back to a normal program of activities and continue to have fun.

Our first ever car rally a few weeks ago was a great success. Special thanks to Terry Brain for organising it. Apparently one of the travelers had a problem finding their car trip meter - an integral part of the day. No names! Hopefully we will arrange another in 2022. Enjoy your time and stay well.

Gary Kimber**NEW ACTIVITIES***Let's Go to the Movies*

Thursday 22nd July @ Colac Cinema

Movie, Lunch and times TBC

Expressions of interest to Gary on 0439 079 098 by Monday 12th July

Gary will liaise with the Cinema and contact those interested informing them of the movie, lunch and times

Friday Forum

Bob Lamble - *A Virtual Tour of Historic Buildings of Camperdown*

Friday 16th July 16 @1.30pm, Cobden Senior Citizens' Centre

Afternoon tea provided. Gold Coin donation

Bookings to Eve Black on 5592 5333 by Monday 12th July

Travel Tales

Friday 23rd July 23 @1.30, Cobden Senior Citizen's Centre
 Fred Wheaton – *East Africa including Victoria Falls and the big game reserves of Tanzania and Kenya.*

Afternoon tea provided. Gold Coin donation.

Bookings to Marilyn on 0437 584 998 or mazz060253@gmail.com by

Monday 19th July

Let's Do Lunch

Thursday 15th July, *Red Robin Cafe*, Manifold Street, Camperdown (next to Camperdown Nursery & Mart) Bookings to Gary on 0439 079 098 by Friday 9th July

[NOTE: We have changed the day for lunch at a request to give members a chance to attend as other commitments mean the 2nd Wednesday (as before) is not always available]

A Hike rather than a Bike Ride

Wednesday 7th July @ 10.30am

This month will be a hike up Mt Noorat rather than a bike ride.

Meet at the base of the walking track

Bookings to Helen on 0409 438 044 by Friday 2nd July

Tea and Tour for Ten

Commercial Hotel, Terang - "*The amazing journey of the Terang Commercial Hotel*"

Monday 26th July @ 1.30pm

The hotel is opposite the Post Office in High Street, Terang

Cost \$10 includes afternoon tea

"What's a School Principal doing running a Pub? Did ladies have a big say in its origins? How has this community pub survived during the pandemic and what will its future be in the town? A visit around all parts of the hotel is included"

Bookings to Marilyn 0437 584 998 or mazz060253@gmail.com by Wednesday 21st July

Mayor, Motherhood & MS

Due to the Covid restrictions we were unable to hold the program by Jo Beard in May.

This program will now be held on **Tuesday 6th July at 1.30pm at the Cobden Golf Club**. Drinks at own cost. We will now need to take fresh bookings. The original list is NO longer usable.

This session is a heart-warming program presented by Jo Beard – well respected and loved Shire Councilor and ex- Mayor, mother and a sufferer of MS.

Sunday 30th May was World MS Day so we asked Jo to present this human-interest program to highlight her career in local government and the onset of her MS, how it was detected and the ongoing treatment and challenges. In the program you will hear about the impact of MS on Jo, her family, career and indeed her life.

Knowledge is Empowering!

Bookings: Marilyn 0437 584 998 or mazz060253@gmail.com by Sunday 4th July

NEW! Scrabble at Terang

Commencing date TBC @ 1.30pm at the Commercial Hotel, Terang

Afternoon tea available

Bookings to Anne O'Brien on 0411 202 821

Here's a chance for people in the Terang/Noorat/Garvoc area to have some fun and mind stretching!

THE COMMITTEE NEEDS YOUR INPUT!

At the most recent meeting of the U3A Corangamite Committee, it was agreed that we should canvas the membership to get from you some ideas as to what new activities we should be offering.

So, if you have an idea for a new activity, can you please send the details to the Secretary at u3acorangamite@gmail.com

WHAT'S ON IN JULY & AUGUST

Make sure to check the activities calendar and list below to see what great events are being held during July and August

For further information contact us via e-mail: u3acorangamite@gmail.com

OR

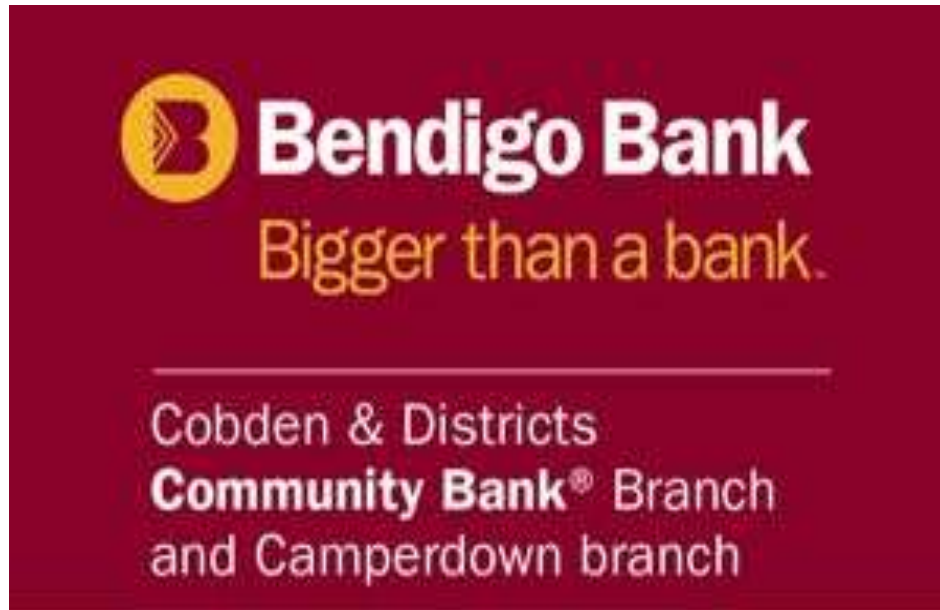
U3A Corangamite website

The website address is: <https://u3acorangamite.org.au>

PHOTO GALLERY

Barb Cowley, our website manager, has a Photo Gallery of the events we have had this year. Most are on *Facebook* but if you haven't got access to *Facebook* go to our website and click on Gallery - there you'll see us all! While you're in the website go through it all as Barb has recently completely overhauled the website and keeps it up to date all the time with new photos and information.

We are proudly supported by the Cobden & Camperdown Community Banks (Bendigo Bank)



and Helloworld, Camperdown



U3A ACTIVITIES CALENDAR: JULY & AUGUST 2021

			JULY					
						Thurs 01 Current Affairs: Cobden @ 2.30pm	Fri 02 Mahjong: Cobden @ 10.00am	
03	04	Mon 05 Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tues 06 Appy Hours: Cobden @ 10.00am China Painting: Lismore @ 1.30pm Mayor, Motherhood and MS: Cobden @ 1.30pm	Wed 07 Hike up Mt Noorat @ 10.30am Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 08	Fri 09 Mahjong: Cobden @ 10.00am		
10	11	Mon 12 Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Let's do Coffee & Books: Noorat @ 2.00pm	Tues 13 Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 14 Appy Hours: Simpson @ 10.30am China Painting: Lismore @ 1.30pm	Thurs 15 Let's Do Lunch: Red Robin Café, Camperdown @ 12.30pm	Fri 16 Mahjong: Cobden @ 10.00am Friday Forum: Cobden Senior Citizens @ 1.30pm		
17	18	Mon 19 Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tues 20 Appy Hours: Cobden @ 10.00am U3A Corangamite Committee Meeting: Camperdown @ 11.00am China Painting: Lismore @ 1.30pm	Wed 21 Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 22 Let's Go to the Movies: Colac Time and movie TBC	Fri 23 Mahjong: Cobden @ 10am Travel Tales: Cobden Senior Citizens @ 1.30pm Appy Hours: Camperdown TBC		
24	25	Mon 26 Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Tea & Tour for \$10: Terang @ 1.30pm	Tues 27 Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 28 Croquet: Terang @ 1.00pm China Painting: Lismore @ 1.30pm	Thurs 29	Fri 30 Mahjong: Cobden @ 10.00am		

		AUGUST				
31	01	Mon 02 Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tues 03 Appy Hours: Cobden @ 10.00am China Painting: Lismore @ 1.30pm	Wed 04 Bike Ride @ 10.30am Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 05 Current Affairs: Cobden @ 2.30pm	Fri 06 Mahjong: Cobden @ 10.00am
07	08	Mon 09 Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Let's do Coffee & Books: Noorat @ 2.00pm	Tues 10 Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 11 Appy Hours: Simpson @ 10.30am China Painting: Lismore @ 1.30pm	Thurs 12 Let's Do Lunch: Venue TBC	Fri 13 Mahjong: Cobden @ 10.00am
14	15	Mon 16 Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tues 17 Appy Hours: Cobden @ 10.00am U3A Corangamite Committee Meeting: Camperdown @ 11.00am China Painting: Lismore @ 1.30pm	Wed 18 Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 19 Let's Go to the Movies: Colac Time and movie TBC	Fri 20 Mahjong: Cobden @ 10.00am Appy Hours: Camperdown TBC Friday Forum: Cobden Senior Citizens @ 1.30pm
21	22	Mon 23 Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tues 24 Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 25 Croquet: Terang @ 1.00pm China Painting: Lismore @ 1.30pm	Thurs 26	Fri 27 Mahjong: Cobden @ 10.00am
28	29	Mon 30 Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tues 31 China Painting: Lismore @ 1.30pm			

ON-GOING U3A CORANGAMITE ACTIVITIES LIST 2021

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Mahjong	Each Monday	10.00am	Timboon Hotel	Christine Honeycombe 0414 315 066
Mahjong	Each Friday	10.00am	Golf Club Cobden	Dee Smith 0427 260 687
Mahjong	Each Monday	1.30pm	Derrinallum Library	Danielle Blomeley 0457 557543
Scrabble	1 st & 3 rd Monday of month	1.30pm	Old Gym Cobdenhealth	Linda Castaldo 0438 457 825
Let's Do Coffee & Books	2 nd Monday of month	2.00pm	137 Glenormiston Road Noorat	Eve Black 5592 5333
Singing	1 st & 3 rd Wed of month	1.30pm	Home of Gwen Steele, 8 Rix Ave, Cobden	Gary Kimber 0439 079 098
Friday Forum	3 rd Friday every month	1.30pm	Senior Citizens Centre Cobden	Eve Black 5592 5333
Travel Tales	4 th Friday of month	1.30pm	Senior Citizens Centre Cobden	Marilyn Kimber 0437 584 998
Current Affairs	1 st Thursday each month	2.30pm	Old Gym Cobdenhealth	Gary Kimber 0439 079098

ON-GOING U3A CORANGAMITE ACTIVITIES LIST 2021

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Crafternoon	2 nd and 4 th Tues of each month	1.30pm	Old Gym Cobdenhealth	Helen Sinclair 0439 315 019
Let's Go to the Movies	4 th Thursday of each month	TBC	Colac	Gary Kimber 0439 079 098
Appy Hours	On a Tuesday every two weeks	10.00am	Golf Club, Cobden	Don McInnes 0448 230 248
Appy Hours	3 rd Wednesday of month	10.00am	Timboon Library	Gary Kimber 0439 079 098
Appy Hours	Saturday am by appointment	TBC	Derrinallum Library	Derrinallum Library 5597 6658
Appy Hours	4 th Friday of month TBC	12.30pm	Community House Camperdown	Emily Mercer 5593 1403
Appy Hours	2 nd Wednesday of the month	10.30am	Community House Simpson	Community House 5594 3448
Croquet <i>(Suspended until the Spring)</i>	4 th Wednesday of the month	1.00pm	Croquet Club Terang	Anne Corbin 0428 899 126
China Painting	Each Tuesday & Wednesday	1.30pm	67 Oman Street Lismore	Loris Shannon 5541 0015

SPECIAL U3A CORANGAMITE ACTIVITIES IN JULY

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Tea & Tour for Ten	Monday 26 th July	1.30pm	Commercial Hotel, Terang <i>"The amazing journey of the Terang Commercial Hotel"</i> Hotel is opposite Post Office in Terang Cost \$10 includes afternoon tea Bookings to Marilyn 0437 584 998 or mazz060253@gmail.com by Wednesday 21 st July	Marilyn Kimber 0437 584 998 mazz060253@gmail.com
Let's Do Lunch	Thursday 15 th July	12.30pm	<i>Red Robin Café</i> Manifold Street, Camperdown (next to Camperdown Nursery & Market) Bookings to Gary on 0439 079 098 by Friday 9 th July	Gary Kimber 0439 079 098 gazzmazz3@gmail.com
Friday Forum	Friday 16 th July	1.30pm	Bob Lamble <i>A Virtual Tour of Historic Buildings of Camperdown</i> Cobden Senior Citizens' Centre Afternoon tea provided. Gold Coin donation. Bookings to Eve Black on 5592 5333 by Monday 12 th July	Eve Black 5592 5333 mountnoorat@outlook.com
Travel Tales	Friday 23 rd July	1.30pm	Fred Wheaton <i>East Africa including Victoria Falls and the big game reserves of Tanzania and Kenya</i> Cobden Senior Citizen's Centre Afternoon tea provided. Gold Coin donation. Bookings to Marilyn on 0437 584 998 or mazz060253@gmail.com by Monday 19 th July	Marilyn Kimber 0437 584 998 mazz060253@gmail.com

SPECIAL U3A CORANGAMITE ACTIVITIES IN JULY

Special Event	Tuesday 6 th July	1.30pm	<p><i>Mayor, Motherhood & MS</i> Cobden Golf Club</p> <p>Due to the Covid restrictions we were unable to hold the presentation by Jo Beard in May.</p> <p>This session is a heart-warming program presented by Jo Beard – well respected and loved Shire Councillor and ex- Mayor, mother and a sufferer of MS.</p> <p>In the presentation you will hear about the impact of MS on Jo, her family, career and indeed her life Bookings to Marilyn on 0437 584 998 or mazz060253@gmail.com by Sunday 4th July</p>	<p>Marilyn Kimber 0437 584 998 mazz060253@gmail.com</p>
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Possibilities for future activities

- Mahjong in Terang
- Gliding at the Ararat Gliding Aerodrome

Interest for both these activities to Gary on 0439 079 098 by 6th July