

*Keeping minds and bodies active*



## **GREY MATTERS**

**AUGUST 2021**

### **A WORD FROM THE PRESIDENT**

It's amazing how the Covid scene changes. In my first draft of this section, I was remarking how well we are going with our programs. Well, that is now certainly not so. Once the lockdown ends, we hope to open up as best we can! Just to refresh yourselves on 2021 so far, why not go to our website for a pictorial summary in Gallery.

We know that several members are going /have gone away and we hope their journeys are safe and no doubt warmer than here in the Corangamite Shire. Remember U3A's are Australia wide so look out for them.

Recently we sent out a request for assistance for programs. Thank you to those who offered their assistance. We now have the days covered. This is really appreciated.

Since the mid-year lunch, we have had several new members join and we welcome them and hope they will enjoy programs just as we do.

Continue to have fun everyone. Stay warm, well and safe.

**Gary Kimber**

### **NEW ACTIVITIES**

#### ***Friday Forum***

Friday 20<sup>th</sup> August @ 1.30pm, Cobden Senior Citizens' Centre

Maree Belyea. "*Mrs Collie's Scrapbook*"

*Tales of women in WW1 who lost their husbands in the war and how they coped – after the men were sent over and after their deaths.*

Afternoon tea provided. Gold Coin donation

Bookings to Eve Black on 5592 5333 by Monday 16<sup>th</sup> August

***Travel Tales***

Friday 27<sup>th</sup> August @ 1.30pm, Cobden Senior Citizen's Centre  
Heather and Dallas Petrie – ***India and Nepal***

*This trip to India was with a group of young travelers and they travelled from New Dehli to Nepal; covering both west and east Nepal. On arrival in Kathmandu, they organised a self-guided trek of Nepal's Kathmandu Valley with two guides (Sherpas). After several days on a grueling trek, they arrived back into Kathmandu; with very sore feet and very relieved.*

Afternoon tea provided. Gold Coin donation.

Bookings to Marilyn on 0437 584 998 or mazz060253@gmail.com by Monday 23<sup>rd</sup> August

***Let's Do Lunch***

Friday 13<sup>th</sup> August @ 12.30pm

***Terang Middle Pub*** – 40 High Street, Terang

Bookings to Gary on 0439 079 098 by Monday 9<sup>th</sup> August

***Bike Ride & Hike***

***Bike Ride***: Wednesday 11<sup>th</sup> August @ 10.30am

Terang to Noorat & return: meet by the Church opposite Petrol Station in Terang.

Bookings to Helen on 0409 438 044 by Friday 6<sup>th</sup> August

***Hike***: Wednesday 18<sup>th</sup> August @ 10.30am

Hike up Mt Leura/Mt Sugarloaf, Camperdown: meet at base car park at 10.30am.

Bookings to Helen on 0409 438 044 by Friday 13<sup>th</sup> August

***Tea and Tour for Ten***

Tuesday 17<sup>th</sup> August @ 1.30pm

***Thommos Hotel, Cobden*** Cost \$10

*“When you come to Thommo's Hotel, which was established in 1904, you'll be taken back to a bygone area. The walls have stories to tell, so be swept up in the pub's history. You'll also be able to check-out the renovations. Complete your visit with a delicious afternoon tea”.*

Bookings to Marilyn 0437 584 998 or mazz060253@gmail.com by Friday 13<sup>th</sup> August

***NEW! Scrabble at Terang***

Thursday 26<sup>th</sup> August @ 1.30pm

Commercial Hotel, Terang

From then onwards, on the 4th Thursday of the month

Afternoon tea available

Bookings to Anne Corbin on 0428 899 126 or Linda Castaldo on 0438 457 825

***Let's Go to the Movies***

Due to organisational difficulties with the theatre, this program is in recess for the time being.

***Appy Hours @ Cobden***

This activity will be in recess until Tuesday 14<sup>th</sup> September.

***Current Affairs***

No session in August

## WHAT'S ON IN AUGUST & SEPTEMBER

Make sure to check the activities calendar and list below to see what great events are being held during August and September

For further information contact us via e-mail: [u3acorangamite@gmail.com](mailto:u3acorangamite@gmail.com)

OR

U3A Corangamite website: <https://u3acorangamite.org.au>

---

## PHOTO GALLERY

Barb Cowley, our website manager, has a Photo Gallery of the events we have had this year. Most are on *Facebook* but if you haven't got access to *Facebook* go to our website and click on Gallery - there you'll see us all! While you're in the website go through it all as Barb has recently completely overhauled the website and keeps it up to date all the time with new photos and information.

---

**We are proudly supported by the Cobden & Camperdown Community Banks (Bendigo Bank)**



**and Helloworld, Camperdown**



## U3A ACTIVITIES CALENDAR: AUGUST & SEPTEMBER 2021

		AUGUST				
31	01	<b>Mon 02</b> Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm  Scrabble: Cobden @ 1.30pm	<b>Tues 03</b> China Painting: Lismore @ 1.30pm	<b>Wed 04</b> Singing: Cobden @ 1.30pm  China Painting: Lismore @ 1.30pm	<b>Thurs 05</b>	<b>Fri 06</b> Mahjong: Cobden @ 10.00am
07	08	<b>Mon 09</b> Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Let's do Coffee & Books: Noorat @ 2.00pm	<b>Tues 10</b> Crafternoon: Cobden @ 1.30pm  China Painting: Lismore @ 1.30pm	<b>Wed 11</b> Bike Ride: Terang/Noorat @ 10.30am  Appy Hours: Simpson @ 10.30am  China Painting: Lismore @ 1.30pm	<b>Thurs 12</b>	<b>Fri 13</b> Mahjong: Cobden @ 10.00am  Let's Do Lunch: Terang - Middle Pub @ 12.30pm
14	15	<b>Mon 16</b> Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	<b>Tues 17</b> Tea & Tour for Ten: Cobden @ 1.30pm  China Painting: Lismore @ 1.30pm	<b>Wed 18</b> Hike: Camperdown @ 10.30am  Singing: Cobden @ 1.30pm  China Painting: Lismore @ 1.30pm	<b>Thurs 19</b>	<b>Fri 20</b> Mahjong: Cobden @ 10.00am  Friday Forum: Cobden Senior Citizens @ 1.30pm
21	22	<b>Mon 23</b> Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	<b>Tues 24</b> Crafternoon: Cobden @ 1.30pm  China Painting: Lismore @ 1.30pm	<b>Wed 25</b> China Painting: Lismore @ 1.30pm	<b>Thurs 26</b> <b>NEW</b> Scrabble: Terang @ 1.30pm	<b>Fri 27</b> Mahjong: Cobden @ 10.00am  Travel Tales: Cobden Senior Citizens @ 1.30pm
28	29	<b>Mon 30</b> Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	<b>Tues 31</b> China Painting: Lismore @ 1.30pm			

			SEPTEMBER					
				<b>Wed 01</b> Bike Ride @ 10.30am Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Thurs 02</b> Current Affairs: Cobden @ 2.30pm	<b>Fri 03</b> Mahjong: Cobden @ 10.00am		
04	05	<b>Mon 06</b> Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm  Scrabble: Cobden @ 1.30pm	<b>Tues 07</b> China Painting: Lismore @ 1.30pm	<b>Wed 08</b> Appy Hours: Simpson @ 10.30am China Painting: Lismore @ 1.30pm	<b>Thurs 09</b>	<b>Fri 10</b> Mahjong: Cobden @ 10.00am		
11	12	<b>Mon 13</b> Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm  Let's do Coffee & Books: Noorat @ 2.00pm	<b>Tues 14</b> Appy Hours: Cobden @ 10.00am Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Wed 15</b> Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Thurs 16</b>	<b>Fri 17</b> Mahjong: Cobden @ 10.00am Friday Forum: Cobden Senior Citizens @ 1.30pm		
18	19	<b>Mon 20</b> Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	<b>Tues 21</b> U3A Corangamite Committee Meeting: Camperdown @ 11.00am China Painting: Lismore @ 1.30pm	<b>Wed 22</b> China Painting: Lismore @ 1.30pm	<b>Thurs 23</b> Scrabble: Terang @ 1.30pm	<b>Fri 24</b> Mahjong: Cobden @ 10.00am Travel Tales: Cobden Senior Citizens @ 1.30pm		
25	26	<b>Mon 27</b> Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	<b>Tues 28</b> Appy Hours: Cobden @ 10.00am Crafternoon: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Wed 29</b> China Painting: Lismore @ 1.30pm	<b>Thurs 30</b> <b>Succession Planning:            Special General Meeting            Time and venue: TBC</b>			

## ON-GOING U3A CORANGAMITE ACTIVITIES LIST 2021

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Mahjong	Each Monday	10.00am	Timboon Hotel	Christine Honeycombe 0414 315 066
Mahjong	Each Friday	10.00am	Golf Club Cobden	Dee Smith 0427 260 687
Mahjong	Each Monday	1.30pm	Derrinallum Library	Danielle Blomeley 0457 557543
Scrabble	1 <sup>st</sup> & 3 <sup>rd</sup> Monday of month	1.30pm	Old Gym Cobdenhealth	Linda Castaldo 0438 457 825
Scrabble	4 <sup>th</sup> Thursday of Month	1.30pm	Commercial Hotel Terang	Anne O'Brien 0411 202 821
Let's Do Coffee & Books	2 <sup>nd</sup> Monday of month	2.00pm	137 Glenormiston Road Noorat	Eve Black 5592 5333
Singing	1 <sup>st</sup> & 3 <sup>rd</sup> Wed of month	1.30pm	Home of Gwen Steele, 8 Rix Ave, Cobden	Gary Kimber 0439 079 098
Friday Forum	3 <sup>rd</sup> Friday every month	1.30pm	Senior Citizens Centre Cobden	Eve Black 5592 5333
Travel Tales	4 <sup>th</sup> Friday of month	1.30pm	Senior Citizens Centre Cobden	Marilyn Kimber 0437 584 998
Current Affairs <i>(No session in August)</i>	1 <sup>st</sup> Thursday each month	2.30pm	Old Gym Cobdenhealth	Gary Kimber 0439 079098

## ON-GOING U3A CORANGAMITE ACTIVITIES LIST 2021

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Crafternoon	2 <sup>nd</sup> and 4 <sup>th</sup> Tues of each month	1.30pm	Old Gym Cobdenhealth	Helen Sinclair 0439 315 019
Let's Go to the Movies <i>(Suspended for time being)</i>	4 <sup>th</sup> Thursday of each month	TBC	Colac	Gary Kimber 0439 079 098
Appy Hours <i>(Suspended until 14<sup>th</sup> September)</i>	On a Tuesday every two weeks	10.00am	Golf Club, Cobden	Don McInnes 0448 230 248
Appy Hours <i>(Suspended until October)</i>	3 <sup>rd</sup> Wednesday of month	10.00am	Timboon Library	Gary Kimber 0439 079 098
Appy Hours	Saturday am by appointment	TBC	Derrinallum Library	Derrinallum Library 5597 6658
Appy Hours	4 <sup>th</sup> Friday of month <b>TBC</b>	12.30pm	Community House Camperdown	Emily Mercer 5593 1403
Appy Hours	2 <sup>nd</sup> Wednesday of the month	10.30am	Community House Simpson	Community House 5594 3448
Croquet <i>(Suspended until the Spring)</i>	4 <sup>th</sup> Wednesday of the month	1.00pm	Croquet Club Terang	Anne Corbin 0428 899 126
China Painting	Each Tuesday & Wednesday	1.30pm	67 Oman Street Lismore	Loris Shannon 5541 0015

## SPECIAL U3A CORANGAMITE ACTIVITIES IN AUGUST

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Let's Do Lunch	Friday 13 <sup>th</sup> August	12.30pm	<p style="text-align: center;"><b><i>Middle Pub</i></b> 40 High Street, Terang Bookings to Gary on 0439 079 098 by Monday 9<sup>th</sup> August</p>	<p style="text-align: center;">Gary Kimber 0439 079 098 gazzmazz3@gmail.com</p>
Friday Forum	Friday 20 <sup>th</sup> August	1.30pm	<p style="text-align: center;">Maree Belyea <b><i>"Mrs Collie's Scrapbook"</i></b> <i>Tales of women in WW1 who lost their husbands in the war and how they coped – after the men were sent over and after their deaths.</i> Cobden Senior Citizens' Centre Afternoon tea provided. Gold Coin donation. Bookings to Eve Black on 5592 5333 by Monday 16<sup>th</sup> August</p>	<p style="text-align: center;">Eve Black 5592 5333 mountnoorat@outlook.com</p>
Travel Tales	Friday 27 <sup>th</sup> August	1.30pm	<p style="text-align: center;">Heather &amp; Dallas Petrie <b><i>India &amp; Nepal</i></b> <i>This trip to India was with a group of young travelers and they travelled from New Dehli to Nepal; covering both west and east Nepal. On arrival in Kathmandu they organised a self-guided trek of Nepal's Kathmandu Valley with two guides (Sherpas). After several days on a grueling trek, they arrived back into Kathmandu; with very sore feet and very relieved.</i> Cobden Senior Citizen's Centre Afternoon tea provided. Gold Coin donation. Bookings to Marilyn on 0437 584 998 or mazz060253@gmail.com by Monday 23<sup>rd</sup> August</p>	<p style="text-align: center;">Marilyn Kimber 0437 584 998 mazz060253@gmail.com</p>

**Help! Marilyn is looking for speakers for Travel Tales in September, October and November.**

**If you can help, please contact her on 0437 584 998 or mazz060253@gmail.com**



## SPECIAL U3A CORANGAMITE ACTIVITIES IN AUGUST

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Tea and Tour for Ten (\$10)	Tuesday 17 <sup>th</sup> August	1.30pm	<p style="text-align: center;"><b>Thommos Hotel, Cobden</b></p> <p style="text-align: center;"><i>“When you come to Thommo’s Hotel, which was established in 1904, you’ll be taken back to a bygone area. The walls have stories to tell, so be swept up in the pub’s history. You’ll also be able to check-out the renovations. Complete your visit with a delicious afternoon tea”.</i></p> <p style="text-align: center;">Cost \$10</p> <p style="text-align: center;">Bookings to Marilyn 0437 584 998 or mazz060253@gmail.com_by Friday 13<sup>th</sup> August</p>	<p style="text-align: center;">Marilyn Kimber 0437 584 998 mazz060253@gmail.com</p>
<b>NEW!</b> Scrabble in Terang	Thursday 26 <sup>th</sup> August	1.30pm	<p style="text-align: center;">Commercial Hotel, Terang</p> <p style="text-align: center;">Then on the 4th Thursday of the month</p> <p style="text-align: center;">Afternoon tea available</p> <p style="text-align: center;">Bookings <b>for August</b> to Anne Corbin on 0428 899 126 or Linda Castaldo on 0438 457 825</p>	<p style="text-align: center;">Anne O’Brien 0411 202 821 apobrien24@gmail.com</p>