



**CORANGAMITE**  
UNIVERSITY OF THE THIRD AGE

*Keeping minds and bodies active*

## **GREY MATTERS**

**MARCH 2022**

**PLEASE NOTE:** The information and personal details provided in this newsletter are for the use of U3A Corangamite Members and affiliates only and the information given should not be disseminated to any third party unless permission has been approved by the U3A Corangamite Committee.

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### **A WORD FROM THE U3A COMMITTEE**

Welcome to another year at U3A Corangamite! The Committee extends a very warm welcome to both renewing and new members who are looking forward to participating in activities to keep their minds and bodies active.

At the end of January, we held a successful Annual General Meeting and, for the information of those of you who weren't present, a new Committee has been elected with Eve Black once again taking on the position of President from Gary Kimber, who stood down from the role after 5 years, still remains a Committee member. The names and contact details of the members of the Committee are given later in the newsletter.

Currently, we have 113 members all of whom have provided proof of their vaccination status. By now you will have received your 2022 membership cards on which your vaccination status is confirmed. If by any chance you have not received your new cards, or you require another lanyard, please call Secretary, David Mernagh on 0429 951 643, and this will be remedied.

As this is the first general newsletter for the year, towards the end a list of the *On-Going U3A Corangamite Activities for 2022* with the contact details of each individual activity coordinator is included.

From April, this list will not be included in the newsletter and only a listing of *Special Activities* occurring in each month will be provided so it is recommended that for your own reference during the year you retain this on-going activities contact list.

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### **NEW ACTIVITIES IN MARCH**

#### *Travel Tales*

Travel Tales this month is going to take a different twist. Come and listen to the Travel WOES and PROS of many of our members. During the session you will hear funny stories, annoying stuff ups, nightmare stories, interesting incidents, amazing highlights, ruined plans and generally anything that could go right or wrong on a holiday.

The Kimbers have experienced some of the above and will start the afternoon off. We'd love anyone else attending who has something to contribute to share a story as well. Definitely no obligation!

If you'd love to just come along and listen to others then that is totally fine. It should be a fun, entertaining and maybe even a nightmarish afternoon!

To register contact Marilyn Kimber on 0437 584 998

***Bike Ride:*** 2<sup>nd</sup> March - Terang to Noorat along the trail, stop at 'The Shed' for refreshment return to Terang distance of 10km. Start time 10.30 approx. with finish @ midday. Meet at Church on Thomson St/Burkes Road.

***Hike:*** 9<sup>th</sup> March - Merritts Road to Trestle Bridge at Curdies along the Rail Trail, distance of 5km each way - there are 5 creek crossings along the way with short steep climbs on either side, otherwise a fairly flat track although some rough bits along the way. Takes up to 1.5 hours each way. BYO snacks & drinks. A possible one-way car shuttle is available back to start, please advise me if wanted. Hiking poles could be useful if you have them. Start time 10.30am Meet at rail trail crossing on Merritts Road.

To register for bike ride and hike contact Helen James on 0409 438 044

### ***Movie Matinee***

The movie matinee in March at the Commercial Hotel, Terang is "*Charlie and Boots*", an Aussie comedy starring Shane Jacobsen and Paul Hogan.

To register contact Gary Kimber on 0439 079 098

### ***Creative Memories***

Timboon Hall, Thursday 3<sup>rd</sup> March.

Although not a U3A sanctioned event, it could become one in the future as it is of interest to many members. Carmel Onderwater 0439 609 931 is the coordinator [carmel.underwater@bigpond.com](mailto:carmel.underwater@bigpond.com)

Carmel charges \$10 and the session is usually from 10.00am - 3.00pm.

BYO lunch. Participants can purchase albums etc. from her at the session

## **CHANGE TO CURRENT ACTIVITIES**

### ***Let's Do Coffee and Books @ Cobden***

This activity is having a facelift and is looking for more avid readers to join our chat about books and enjoy afternoon tea. At the first session, it was agreed to focus on themes for each session and bring along a book; the first theme will be "*The Outback*". It could be a book about any outback area in the world. Other themes the group may consider include: The Sea, Romance, Australian History, Ireland, USA, England, Someone/Something Famous, War, Education, Children, Detectives, Mystery, Religion, Music, Medicine, Sport, Country Towns. If you join you might like to provide other themes.

Interested? Contact Gary Kimber on 0439 079 098.

### ***Crafternoon @ Cobden***

Unfortunately, this activity has been cancelled due to lack of interest.

### ***Pop-Up Books @ Derrinallum***

Cancelled on 23<sup>rd</sup> February and now combined with Playing Card Display @ Derrinallum on Wednesday 23<sup>rd</sup> March @ 1.30pm

## WHAT'S ON IN MARCH & APRIL

Make sure to check the activities calendar and list below to see what great events are being held during March & April

For further information contact us via e-mail: [u3acorangamite@gmail.com](mailto:u3acorangamite@gmail.com)

OR

U3A Corangamite website: <https://u3acorangamite.org.au>

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### U3A CORANGAMITE COMMITTEE 2022

U3A EXECUTIVE		
Eve Black: President	5592 5333	<a href="mailto:mountnoorat@outlook.com">mountnoorat@outlook.com</a>
Helen James: Vice-President	0409 438 044	<a href="mailto:thejamesclan@westvic.com.au">thejamesclan@westvic.com.au</a>
David Mernagh: Secretary	0429 951 643	<a href="mailto:ormondboys@ozemail.com.au">ormondboys@ozemail.com.au</a>
Linda Castaldo: Treasurer	0438 457 825	<a href="mailto:lindacast55@hotmail.com">lindacast55@hotmail.com</a>
GENERAL COMMITTEE		
Gary Kimber	0439 079 098	<a href="mailto:gazzmazz3@gmail.com">gazzmazz3@gmail.com</a>
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Maureen O'Connor	0429 724 011	<a href="mailto:willowglenretreat@gmail.com">willowglenretreat@gmail.com</a>
Heather Petrie	0408 401 562	<a href="mailto:petrie351@gmail.com">petrie351@gmail.com</a>
Dallas Petrie	0427 401 562	<a href="mailto:dpetrie351@gmail.com">dpetrie351@gmail.com</a>

Please feel free to contact any member of the Committee if you have any issue you would like the committee to consider.

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**We are proudly supported by the Cobden & Camperdown Community Banks (Bendigo Bank) and Helloworld Travel**



			MARCH			
			<b>Tue 01</b> China Painting: Lismore @ 1.30pm	<b>Wed 02</b> Bike Ride: @ 10.30am Terang - Noorat Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Thurs 03</b> Current Affairs: Cobden @ 1.30pm	<b>Fri 04</b> Mah-jong: Cobden @ 10.00am
05	06	<b>Mon 07</b> Mindfulness: Scotts Creek @ 9.00am Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	<b>Tue 08</b> Appy Hours: Cobden @ 10.00am China Painting: Lismore @ 1.30pm	<b>Wed 09</b> Hike: @ 10.30am Merritts Road/Trestle Bridge Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Thurs 10</b> Defibrillator/CPR Use & Refresher: Cobden @ 2.30pm	<b>Fri 11</b> Mah-jong: Cobden @ 10.00am
12	13	<b>Mon 14</b> <b>Labor Day Public Holiday</b>	<b>Tue 15</b> U3A Committee Meeting: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Wed 16</b> Singing: Cobden @ 1.30pm Sundae School: Timboon @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Thurs 17</b> Mini Golf: Cobden @ 10.00am Movie Matinee: Terang @ 12 noon <b>"Charlie and Boots"</b>	<b>Fri 18</b> Mah-jong: Cobden @ 10.00am Friday Forum: Cobden Senior Citizens @ 1.30pm
19	20	<b>Mon 21</b> Mindfulness: Scotts Creek @ 9.00am Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	<b>Tue 22</b> Appy Hours: Cobden @ 10.00am China Painting: Lismore @ 1.30pm	<b>Wed 23</b> Croquet: Terang @ 1.00pm Playing Cards Display/Pop Up Books: Derrinallum @ 1.30pm Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Thurs 24</b> Mah-jong: Terang @ 1.30pm Scrabble: Terang @ 1.30pm	<b>Fri 25</b> Mah-jong: Cobden @ 10.00am Travel Tales: Cobden Senior Citizens @ 1.30pm
26	27	<b>Mon 28</b> Mindfulness: Scotts Creek @ 9.00am Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	<b>Tue 29</b> China Painting: Lismore @ 1.30pm	<b>Wed 30</b> China Painting: Lismore @ 1.30pm	<b>Thurs 31</b>	<b>Fri 01 April</b>

		APRIL				
02	03	<b>Mon 04</b> Mindfulness: Scotts Creek @ 9.00am Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	<b>Tue 05</b> Appy Hours: Cobden @ 10.00am China Painting: Lismore @ 1.30pm	<b>Wed 06</b> Bike Ride: @ 10.30am Location TBC Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Thurs 07</b> Current Affairs: Cobden @ 1.30pm	<b>Fri 08</b> Mah-jong: Cobden @ 10.00am
09	10	<b>Mon 11</b> Mindfulness: Scotts Creek @ 9.00am Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Coffee & Books: Noorat & Cobden @ 1.30pm	<b>Tue 12</b> China Painting: Lismore @ 1.30pm	<b>Wed 13</b> Hike: @ 10.30am Location TBC Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Thurs 14</b>	<b>Fri 15</b> <b>Good Friday</b> <b>Public Holiday</b>
16	17	<b>Mon 18</b> <b>Easter Monday</b> <b>Public Holiday</b>	<b>Tue 19</b> Appy Hours: Cobden @ 10am U3A Committee Meeting: Cobden @ 11.00am China Painting: Lismore @ 1.30pm	<b>Wed 20</b> Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Thurs 21</b> Mini Golf: Cobden @ 10.00am Movie Matinee: Terang @ 12 noon Movie & time TBC	<b>Fri 22</b> Mah-jong: Cobden @ 10.00am
23	24	<b>Mon 25</b> <b>Anzac Day</b> <b>Public Holiday</b>	<b>Tue 26</b> Scrabble: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Wed 27</b> Croquet: Terang @ 1.00pm Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Thurs 28</b> Mah-jong: Terang @ 1.30pm Scrabble: Terang @ 1.30pm	<b>Fri 29</b> Mah-jong: Cobden @ 10.00am Travel Tales: Cobden Senior Citizens @ 1.30pm

## ON-GOING U3A CORANGAMITE ACTIVITIES LIST FOR 2022

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Mah-jong	Each Monday	10.00am	Timboon Hotel	Christine Honeycombe 0414 315 066
Mah-jong	Each Friday	10.00am	Golf Club Cobden	Dee Smith 0427 260 687
Mah-jong	Each Monday	1.30pm	Derrinallum Library	Danielle Blomeley 0457 557543
Mah-jong	4 <sup>th</sup> Thursday of the month	1.30pm	Commercial Hotel, Terang	Marilyn Kimber 0437 584 998
Scrabble	1 <sup>st</sup> & 3 <sup>rd</sup> Monday of month	1.30pm	Old Gym Cobdenhealth	Linda Castaldo 0438 457 825
Scrabble	4 <sup>th</sup> Thursday of Month	1.30pm	Commercial Hotel Terang	Anne Corbin 0428 899 126
Let's Do Coffee & Books, Noorat	2 <sup>nd</sup> Monday of month	2.00pm	137 Glenormiston Road Noorat	Eve Black 5592 5333
Let's Do Coffee & Books, Cobden	2 <sup>nd</sup> Monday of month	1.30pm	Old Gym Cobdenhealth	Gary Kimber 0439 079 098
Singing	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday of month	1.30pm	Home of Gwen Steele, 8 Rix Ave, Cobden	Gary Kimber 0439 079 098
Friday Forum	3 <sup>rd</sup> Friday every month	1.30pm	Senior Citizens Centre Cobden	Eve Black 5592 5333
Travel Tales	4 <sup>th</sup> Friday of every month	1.30pm	Senior Citizens Centre Cobden	Marilyn Kimber 0437 584 998

## ON-GOING U3A CORANGAMITE ACTIVITIES LIST FOR 2022

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Bike Ride	1 <sup>st</sup> Wednesday of month	10.30am	Location to be advised each month	Helen James 0409 438 044
Hike	2 <sup>nd</sup> Wednesday of month	10.30am	Location to be advised each month	Helen James 0409 438 044
Current Affairs	1 <sup>st</sup> Thursday each month	2.30pm	Old Gym Cobdenhealth	Gary Kimber 0439 079 098
Cribbage	2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday of each month	1.30pm	Old Gym Cobdenhealth	Gary Kimber 0439 079 098
Movie Matinee	3 <sup>rd</sup> Thursday of each month	12 noon	Commercial Hotel, Terang	Gary Kimber 0439 079 098
Appy Hours	On a Tuesday every two weeks	10.00am	Golf Club, Cobden	Don McInnes 0448 230 248
Croquet	4 <sup>th</sup> Wednesday of the month	1.00pm	Croquet Club, Terang	Anne Corbin 0428 899 126
China Painting	Each Tuesday & Wednesday	1.30pm	67 Oman Street Lismore	Loris Shannon 5541 0015
Mini Golf	Every 3 <sup>rd</sup> Thursday of the month	10.00am	Cobden Mini Golf Grayland Street, Cobden	Gary Kimber 0439 079 098
Mindfulness	Every Monday	9.00	Willowglen Retreat, Scotts Creek In Person or via Zoom	Maureen O'Connor 0429 724 011

## U3A CORANGAMITE SPECIAL ACTIVITIES IN MARCH

COURSE/ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Movie Matinee	Thursday 17 <sup>th</sup> March	12.00 noon	Commercial Hotel, Terang <i>"Charlie and Boots"</i> An Aussie comedy starring Shane Jacobsen and Paul Hogan Bookings to Gary by Thursday 10 <sup>th</sup> March	Gary Kimber 0439 079 098 gazzmazz3@gmail.com
Friday Forum	Friday 18 <sup>th</sup> March	1.30pm	Senior Citizens Centre, Cobden <b>Olaf Smith</b> - <i>"The Russians Are Coming"</i> - a look into the language and history of that country. Gold coin donation to assist with afternoon tea Bookings to Eve by Friday 11 <sup>th</sup> March	Eve Black 5592 5333 mountnoorat@outlook.com
Travel Tales	Friday 25 <sup>th</sup> March	1.30pm	Travel Tales is going to take a different twist. Come and listen to the Travel WOES and PROS of many of our members. During the session you will hear funny stories, annoying stuff ups, nightmare stories, interesting incidents, amazing highlights, ruined plans and generally anything that could go right or wrong on a holiday.  Gold coin donation to assist with afternoon tea Bookings to Marilyn by Monday 21 <sup>st</sup> March	Marilyn Kimber 0437 584 998 mazz060253@gmail.com
Sundae School	Wednesday 16 <sup>th</sup> March	1.30pm	Timboon Ice Cream Cost \$15 - \$18 Bookings to Gary by Friday 11 <sup>th</sup> March	Gary Kimber 0439 079 098 gazzmazz3@gmail.com
Pop-Up-Books & Playing Cards Display	Wednesday 23 <sup>rd</sup> March	1.30pm	440 Camperdown Road, Derrinallum Afternoon tea included Bookings to Gary by Friday 18 <sup>th</sup> March	Gary Kimber 0439 079 098 gazzmazz3@gmail.com