



CORANGAMITE
UNIVERSITY OF THE THIRD AGE

Keeping minds and bodies active

GREY MATTERS

MAY 2022

PLEASE NOTE: The information and personal details provided in this newsletter are for the use of U3A Corangamite Members and affiliates only and the information given should not be disseminated to any third party unless permission has been approved by the U3A Corangamite Committee.

A WORD FROM THE U3A COMMITTEE

MAY IS BRING A FRIEND MONTH so for all activities you are invited to bring a friend(s). If you bring a friend, when booking yourself in, book your friend(s) also. This is a great way for socialisation for everyone and hopefully gain new members.

Given that from an analysis of enrolment data the current membership is very Cobden-Camperdown centric, at its recent meeting the Committee looked at costs for a range of suitable venues around the Corangamite Shire with the view finding new venues to use for activities and increasing a range of offerings in the north and south of the Shire.

The Committee noted that there were several venues not currently used by U3A that could be hired at reasonable cost and given the costs, the Committee will be in a much better position to look at arranging a range of activities across the whole Shire in the future – watch this space!

At the last meeting the Committee looked briefly at a proposed information series related to the Warm Safe Home Project 2022. The Committee wishes to thank to those members that completed the information sheet that was included in the April newsletter. The responses received have been collated and forwarded to *mpower* who is managing this project.

A couple of items in May that the Committee would like to make special mention of:

- ✚ A Very Special Mothers' Day on Friday 6th May @ 1.30pm
- ✚ A special road trip on Wednesday 18th May to Warrnambool Wildlife and Allansford Hotel – the Committee thought it was a good to try and expand its offerings and have an activity outside of the Shire.

Full details of both these events are given later in the newsletter.

NEW ACTIVITIES IN MAY

Let's Do Lunch

Timboon Strawberry Farm Restaurant – Thai Cuisine

Monday 30th May @ 12.30pm

Bookings to Gary Kimber on 0439 079 098 or gazzmazz3@gmail.com by Thursday 26th May. **Bring a friend!**

Tea and Tour for Ten

Tutus and Tea

Tuesday 24th May @ 1.30pm

67a Hopetoun Street, Mortlake.

Barbara Sanders has a fascinating business that designs, constructs and specialises in making original costumes for performances and competitions. Join us to find out about the mammoth task that goes into the making of her costumes. You'll soon realise that the making of a tutu is not an easy job! Finish off the afternoon with afternoon tea at Mac's Hotel, Mortlake.

Max no: 15; Cost: \$10 (includes afternoon tea).

Bookings to: Marilyn Kimber 0437 584 998 or mazz060253@gmail.com

by Friday 20th May. **Bring a friend!**

Travel Tales

National Parks of the USA and Canada - Fred Wheaton

Friday 27th May @ 1.30pm, Cobden Senior Citizens Centre

Fred has toured many of the amazing National Parks of the USA and Canada. He will share some of his excellent photography with you.

Bookings to Marilyn Kimber on 0437 584 998 or mazz060253@gmail.com by Monday 23rd May.

Afternoon tea provided. Gold coin donation. **Bring a Friend!**

Friday Forum

"Sailing into the Sunset and Beyond" - Dominique and Steve Fowler

Friday 20th May @ 1.30pm Cobden Senior Citizens Centre

They have bought a yacht and plan to pursue watery dreams together and see wherever it takes them! Afternoon tea provided. Gold coin donation.

Bookings to Eve Black by Monday 16th May on 5592 5333 **Bring a Friend!**

Singing

It is great to see this activity is up and running. It is always on the first and third Wednesday of the month - 3rd and 17th May. **Bring a Friend!**

Bike Ride

Wednesday 3rd May @ 10.00am

Curdie Trestle Bridge to Timboon and return

Bookings to Helen James on 0438 918 337 by Monday 1st May. **Bring a Friend!**

Hike

Wednesday 10th May @ 10.00am

Mt Elephant - new base track

Bookings to Helen James on 0438 918 337 by Monday 8th May. **Bring a Friend!**

Movie Matinee

This month's movie is "*South Pacific*"

Thursday 19th May @ 12.00 noon at the Terang Commercial Hotel.
Includes lunch for \$5.

Bookings to Gary Kimber on 0439 079 098 by Monday 16th May. **Bring a Friend!**

Brain Feeding Time and Puzzles/Cross words etc

Tuesday 17th May @ 1.30pm at Commercial Hotel, Terang

This has been a request along with the Quiz session held in April. Hopefully we can alternate the two activities month by month. Bring along any puzzles, crosswords, brain teasers, word finds etc and have a cuppa with like-minded puzzlers! Share what you bring if you wish. Afternoon tea provided

Bookings to Gary Kimber by Friday 13th May on 0439 079 098 or gazzmazz3@gmail.com **Bring a Friend!**

Appy Hour @ Cobden

As of the start of May, Appy Hour Cobden is to be conducted on the first Tuesday of the month at '*Café on Curdie*' commencing 10.00am for one hour.

We are looking for members who require assistance in operating devices, Smartphones, Notepads or Laptops etc., to contact Don McInnes on 0448 230 248 and plan to attend these sessions.

If any member is unsure with operating their device(s), then this is a great opportunity to have a one-on-one tuition with experienced operators both in IOS (Apple) and Android (Google) operating devices.

Novices are encouraged to take this opportunity as it certainly will make a difference in this changing world we live with today.

Please ring Don McInnes ASAP to book in and tell him what device you have.

A Very Special Mothers' Day

Friday 6th May @ 1.30pm. Old Gym Cobdenhealth

Coinciding with Mothers' Day, this is a very personal true story told by Gary Kimber of how his father found his mother after 76 years.

To all mothers: we hope you have a special day on 8th May!

Includes afternoon tea.

Bookings to Gary on 0439 079 098 or gazzmazz3@gmail.com by Monday 2nd May. **Bring a Friend!**

A Special Bus Trip!

A special bus trip is proposed.

Details are:

When: Wednesday 18th May 2022

Bus leaving Cobden @ 9.00am, Camperdown @ 9.20am, and Terang @ 9.40am and arriving at Warrnambool Wildlife in Cudgee by 10.30am then on to lunch @ 12 noon and returning home at approximately 2.00pm to be back home by 3.00pm

Cost:

- ✚ Cobden Coaches: a 21-seat bus at \$30 pp.
- ✚ Warnambool Wildlife Encounters: \$25 pp. for a 90-minute tour
- ✚ Allansford Hotel: \$25 pp. for a 2-course lunch
- ✚ Total cost pp = \$80 Maximum number = 21 persons

It is recommended that members with a peanut allergy not attend as peanuts and almonds are used to treat the animals at the wildlife park.

If a member wishes to bring a partner who is not a U3A Corangamite member, this will only be accommodated if the maximum numbers are not taken up fully by U3A members.

If interested contact Sue McInnes directly on 0428 230 0244 or via e-mail on.

jitarning5@bigpond.com *no later than Monday 2nd May 2022.*

Details of payment method will be given to interested members once numbers are finalised.

WHAT'S ON IN MAY & JUNE

Make sure to check the activities calendar and list below to see what great events are being held during May & June

For further information contact us via e-mail: u3acorangamite@gmail.com

OR

U3A Corangamite website: <https://u3acorangamite.org.au>

We are proudly supported by the Cobden & Camperdown Community Banks (Bendigo Bank) and Helloworld Travel



U3A ACTIVITIES CALENDAR MAY 2022

MAY IS BRING A FRIEND MONTH		MAY			MAY IS BRING A FRIEND MONTH	
	01	Mon 02 Mindfulness: Scotts Creek @ 9.00am Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden <i>Note: at Uniting Church @ 1.30pm</i>	Tue 03 Appy Hours: <i>Café on Curdie</i> @ 10.00am China Painting: Lismore @ 1.30pm	Wed 04 Bike Ride: @ 10.00am Location: Curdie Trestle Bridge to Timboon Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 05 Current Affairs: Cobden @ 2.30pm	Fri 05 Mah-jong: Cobden @ 10.00am A Very Special Mothers' Day: Cobden @ 1.30pm
07	08	Mon 09 Mindfulness: Scotts Creek @ 9.00am Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Coffee & Books: Noorat @ 2pm & Cobden @ 1.30pm	Tue 10 China Painting: Lismore @ 1.30pm	Wed 11 Hike: @ 10.00am Location: Mt Elephant Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 12	Fri 13
14	15	Mon 16 Mindfulness: Scotts Creek @ 9.00am Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 17 U3A Committee Meeting: Noorat @ 10.30am Brain Feeding Time: Terang @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 18 Bus Trip: Cudgee and Allansford @ 9.00am - 3.00pm Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 19 Movie Matinee: Terang @ 12 noon Movie is " <i>South Pacific</i> "	Fri 20 Mah-jong: Cobden @ 10.00am Friday Forum: Cobden Senior Citizens @ 1.30pm
21	22	Mon 23 Mindfulness: Scotts Creek @ 9.00am Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 24 Tea & Tour for Ten: Mortlake @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 25 Croquet: Terang @ 1.00pm Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 26 Mah-jong: Terang @ 1.30pm Scrabble: Terang @ 1.30pm	Fri 27 Mah-jong: Cobden @ 10.00am Travel Tales: Cobden Senior Citizens @ 1.30pm

U3A ACTIVITIES CALENDAR MAY 2022 (CONTD)

		MAY (CONTD)				
28	29	Mon 30 Mindfulness: Scotts Creek @ 9.00am Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Let's Do Lunch: Timboon @ 12.30pm	Tue 31 China Painting: Lismore @ 1.30pm			

U3A ACTIVITIES CALENDAR JUNE 2022

		JUNE				
				Wed 01 Bike Ride: @ 10.30am Location TBC Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 02 Current Affairs: Cobden @ 2.30pm	Fri 03 Mah-jong: Cobden @ 10.00am
04	05	Mon 06 Mindfulness: Scotts Creek @ 9.00am Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 07 Appy Hours: <i>Café on Curdie</i> @ 10.00am China Painting: Lismore @ 1.30pm	Wed 08 Hike: @ 10.30am Location TBC Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 09	Fri 10 Mah-jong: Cobden @ 10.00am

U3A ACTIVITIES CALENDAR JUNE 2022

		JUNE (CONTD)				
11	12	Mon 13 Mindfulness: Scotts Creek @ 9.00am Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Coffee & Books: Noorat @ 2pm & Cobden @ 1.30pm	Tue 14 China Painting: Lismore @ 1.30pm	Wed 15 Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 16 Movie Matinee: Terang @ 12 noon Movie & time TBC	Fri 17 Mah-jong: Cobden @ 10.00am Friday Forum: Cobden Senior Citizens @ 1.30pm
18	19	Mon 20 Mindfulness: Scotts Creek @ 9.00am Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 21 U3A Committee Meeting: Venue and Time TBC China Painting: Lismore @ 1.30pm	Wed 22 Croquet: Terang @ 1.00pm Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 23 Mah-jong: Terang @ 1.30pm Scrabble: Terang @ 1.30pm	Fri 24 Mah-jong: Cobden @ 10.00am Travel Tales: Cobden Senior Citizens @ 1.30pm
25	26	Mon 27 Mindfulness: Scotts Creek @ 9.00am Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 28 China Painting: Lismore @ 1.30pm	Wed 29 China Painting: Lismore @ 1.30pm	Thurs 30	

U3A CORANGAMITE SPECIAL ACTIVITIES IN MAY

ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Let's Do Lunch	Monday 30 th May	12.30pm	<i>Strawberry Farn Restaurant, Timboon</i> Bookings to Gary Kimber by Thursday 26 th May	Gary Kimber 0439 079 098 gazzmazz3@gmail.com
Travel Tales	Friday 27 th May	1.30pm	<i>National Parks of the USA and Canada - Fred Wheaton</i> Cobden Senior Citizens Centre Gold coin donation to assist with afternoon tea Bookings to Marilyn Kimber by Monday 23 rd May <i>(See earlier for full details)</i>	Marilyn Kimber 0437 584 998 mazz060253@gmail.com
Tea and Tour for Ten (\$10)	Tuesday 24 th May	@ 1.30pm	<i>"Tutus and Tea"</i> 67a Hopetoun Street, Mortlake \$10 includes afternoon tea Bookings to Marilyn Kimber by Friday 20 th May <i>(See earlier for full details)</i>	Marilyn Kimber 0437 584 998 mazz060253@gmail.com
Movie Matinee	Thursday 19 th May	12.00 noon	<i>"South Pacific".</i> Commercial Hotel, Terang Includes lunch: \$5 Bookings to Gary by Monday 15 th May NOTE: <i>members must advise the coordinator at the time they register for the event if they have any special dietary requirements.</i>	Gary Kimber 0439 079 098 gazzmazz3@gmail.com

U3A CORANGAMITE SPECIAL ACTIVITIES IN MAY

<p>Brain Feeding Time and Puzzles/ Crosswords etc</p>	<p>Tuesday 17th May</p>	<p>1.30pm</p>	<p>Commercial Hotel, Terang Afternoon tea provided. Bookings to Gary Kimber by Friday 8th April <i>(See earlier for full details)</i></p>	<p>Gary Kimber 0439 079 098 gazzmazz3@gmail.com</p>
<p>A Very Special Mothers' Day!</p>	<p>Friday 6th May</p>	<p>1.30pm</p>	<p>Old Gym, Cobdenhealth Afternoon tea provided. Bookings to Gary Kimber by Monday 2nd May <i>(See earlier for full details)</i></p>	<p>Gary Kimber 0439 079 098 gazzmazz3@gmail.com</p>
<p>Friday Forum</p>	<p>Friday 20th May</p>	<p>1.30pm</p>	<p><i>"Sailing into the Sunset and Beyond" - Dominique and Steve Fowler</i> Cobden Senior Citizens Centre <i>(See earlier for full details)</i> Bookings to Eve Black by Monday 16th May</p>	<p>Eve Black 5592 5333 mountnoorat@outlook.com</p>
<p>Bus Trip</p>	<p>Wednesday 18th May</p>	<p>9.00am - 3.00pm</p>	<p><i>Warrnambool Wildlife, Cudjee and Allansford Hotel</i> Bus leaving Cobden @ 9.00am, Camperdown @ 9.20am, and Terang @ 9.40am and arriving at and returning home at approximately 2.00pm to be back home by 3.00pm Max: 21 members Bookings to Sue McInnes by Monday 2nd May 2022</p>	<p>Sue McInnes 0428 230 0244 jitarning5@bigpond.com</p>