



CORANGAMITE

UNIVERSITY OF THE THIRD AGE

Keeping minds and bodies active

GREY MATTERS

JULY 2022

PLEASE NOTE: The information and personal details provided in this newsletter are for the use of U3A Corangamite members and affiliates only and the information given should not be disseminated to any third party unless permission has been approved by the U3A Corangamite Committee.

NEWS FROM THE COMMITTEE

It's now the middle of winter and July will be a fairly quiet month in regard to activities. Several Committee members and coordinators are taking the opportunity to have a break and to travel to a warmer climate! Accordingly, several activities have been placed on hold in July; viz.

- ✚ there will be no bike ride or hike;
- ✚ there will be no Tea & Tour for Ten, Friday Forum or Travel Tales (except for 24th June Travel Tales that has been re-scheduled to 1st July);
- ✚ there will be no Scrabble or Mah-jong in Terang in July;
- ✚ Current Affairs will go into recess and will recommence in September; and
- ✚ Croquet at Terang is also taking a break and will resume in early Spring.

At its most recent meeting, the Committee considered a suggestion that a welfare person be appointed who will be the contact person for the membership. The role of the welfare person is to respond to any reports from members so we may keep in touch with sick or bereaved members, those members feeling isolated or lonely or members who may be in need of moral support or physical help. The welfare person might send cards with appropriate messages and will advise the Committee if more support is needed. Gary Kimber has agreed to take on this role and this was endorsed by the Committee. So, if you need to contact Gary, his e-mail address is gazzmazz3@gmail.com. A person's wellbeing can be bolstered by the help they receive in time of need!

Also at that meeting, the Committee noted a letter and nomination/information form that had been sent from the Victorian Department of Families, Fairness and Housing advising that nominations are now open for 2022 Victorian Senior of the Year Awards. A copy of the letter is included later in the newsletter. If a member wishes to nominate someone and if you would like to have the nomination/information form sent out, please contact Secretary, David Mernagh, on 0429 951 643 and it the package will be mailed to you.

As several Committee members will be away for the next few weeks, it was decided not to hold a committee meeting in July. Any urgent issues that arise will be dealt with by the Secretary via e-mail with Committee members. The next Committee meeting will be on Tuesday 16th August @ 10.30am at Mt Noorat.

NEW ACTIVITIES IN JULY

Let's Do Lunch

Elephant Bridge Hotel, Darlington

Friday 22nd July @ 12.30pm

Bookings to Gary Kimber on 0439 079 098 or by Monday 18th July

Movie Matinee

Thursday 21st July @ 12.00noon at the *Commercial Hotel, Terang*

This month's movie is *The Hurt Locker* an Iraq war thriller starring Guy Pearce and Ralph Fiennes. Includes lunch for \$5

Bookings to Gary Kimber on 0439 079 098 or gazzmazz3@gmail.com by Monday 18th July.

WHAT'S ON IN JULY & AUGUST

Make sure to check the activities calendar and list below to see what great events are being held during July & August

For further information contact us via e-mail: u3acorangamite@gmail.com

OR

U3A Corangamite website: <https://u3acorangamite.org.au>

We are proudly supported by the Cobden & Camperdown Community Banks (Bendigo Bank) and Helloworld Travel



U3A ACTIVITIES CALENDAR JULY 2022

		JULY				
						Fri 01 Mah-jong: Cobden @ 10.00am Travel Tales (<i>Rescheduled from 24 June</i>): Cobden Snr Citizens @ 1.30pm
02	03	Mon 04 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 05 Appy Hours: <i>Café on Curdie</i> @ 10.00am China Painting: Lismore @ 1.30pm	Wed 06 Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 07	Fri 08 Mah-jong: Cobden @ 10.00am
09	10	Mon 11 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Coffee & Books: Noorat @ 2pm & Cobden @ 1.30pm	Tue 12 China Painting: Lismore @ 1.30pm	Wed 13 Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 14	Fri 15 Mah-jong: Cobden @ 10.00am
16	17	Mon 18 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 19 China Painting: Lismore @ 1.30pm	Wed 20 Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 21 Movie Matinee: Terang @ 12 noon Movie is <i>The Hurt Locker</i>	Fri 22 Mah-jong: Cobden @ 10.00am Let's Do Lunch: <i>Elephant Bridge Hotel, Darlington</i> @ 12.30pm
23	24	Mon 25 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 26 China Painting: Lismore @ 1.30pm	Wed 27 Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 28	Fri 29 Mah-jong: Cobden @ 10.00am

U3A ACTIVITIES CALENDAR AUGUST 2022

		AUGUST				
30	31	Mon 01 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 02 Appy Hours: <i>Café on Curdie</i> @ 10.00am Bike Ride: Time & Location TBC China Painting: Lismore @ 1.30pm	Wed 03 Bike Ride: @ 10.30am Location TBC Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 04	Fri 05 Mah-jong: Cobden @ 10.00am
06	07	Mon 08 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Coffee & Books: Noorat @ 2pm & Cobden @ 1.30pm	Tue 09 Hike: Time and Location TBC	Wed 10 Hike: @ 10.30am Location TBC Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 11	Fri 12 Mah-jong: Cobden @ 10.00am
13	14	Mon 15 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 16 U3A Committee Meeting: Mt Noorat @ 10.30am China Painting: Lismore @ 1.30pm	Wed 17 Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 18 Movie Matinee: Terang @ 12 noon Movie is <i>TBA</i>	Fri 19 Mah-jong: Cobden @ 10.00am Friday Forum: Cobden Snr Citizens @ 1.30pm
20	21	Mon 22 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 23 China Painting: Lismore @ 1.30pm	Wed 24 Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 25 Mah-jong: Terang @ 1.30pm Scrabble: Terang @ 1.30pm	Fri 26 Mah-jong: Cobden @ 10.00am Travel Tales: Cobden Snr Citizens @ 1.30pm
27	28	Mon 29 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 30 China Painting: Lismore @ 1.30pm	Wed 31 China Painting: Lismore @ 1.30pm		

U3A CORANGAMITE SPECIAL ACTIVITIES IN JULY				
ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Let's do Lunch	Friday 22 nd July	12.30pm	<i>Elephant Bridge Hotel, Darlington</i> Bookings to Gary Kimber by Monday 18 th July	Gary Kimber 0439 079 098 gazzmazz3@gmail.com
Movie Matinee	Thursday 21 st July	12.00 noon	Commercial Hotel, Terang Cost: \$5, includes lunch This month's movie is the Academy Award winning " <i>The Hurt Locker</i> " with Guy Pearce and Ralph Fiennes. Bookings to Gary Kimber by Monday 13 th June <i>NOTE: members must advise the coordinator at the time they register for the event if they have any special dietary requirements.</i>	Gary Kimber 0439 079 098 gazzmazz3@gmail.com



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David Mernagh
Secretary
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Dear Secretary

2022 Victorian Senior of the Year Awards – nomination period now open

Do you know an older Victorian making a difference in your community? This could be a leader who inspires others, a behind-the-scenes organiser or a person who does the hands-on work to deliver services.

The 2022 Victorian Senior of the Year Awards are now open for nominations. These awards acknowledge people over the age of 60 who volunteer their time to assist, support and encourage others in their communities. Members of Victoria's Aboriginal community who are 50 years and older are eligible to be nominated for these awards.

I have enclosed a nomination form for your use. You can download more nomination forms and read about previous award recipients at www.seniorsonline.vic.gov.au/awards.

Nominations will be accepted until Friday 15 July 2022. All nominees receive a Certificate of Recognition signed by the Premier and the Minister for Disability, Ageing and Carers. The awards will be presented at a ceremony at Government House on Tuesday 4 October 2022.

Should you have any questions about this letter or the nomination process, please contact Chris Reidy on 0417 313 376 or email chris.reidy@dffh.vic.gov.au

Yours sincerely

Anthony Plummer
Executive Director
Fairer Victoria
18/5/2022