



CORANGAMITE

UNIVERSITY OF THE THIRD AGE

Keeping minds and bodies active

GREY MATTERS

AUGUST 2022

PLEASE NOTE: The information and personal details provided in this newsletter are for the use of U3A Corangamite members and affiliates only and the information given should not be disseminated to any third party unless permission has been approved by the U3A Corangamite Committee.

NEWS FROM THE COMMITTEE

The last few weeks have been fairly quiet in regard to activities as several Committee members and coordinators have had a break and there has been no Committee meeting in July.

Current Affairs is in recess and will recommence in September. Likewise, Appy Hours is having a break and will resume in October and Croquet at Terang will resume in early Spring.

The next U3A Corangamite Committee meeting will be on Tuesday 16th August at 10.30am at Mt Noorat.

NEW ACTIVITIES IN AUGUST

Let's Do Lunch

Tuesday 23rd August @ 12.30pm

The Fat Cow @ Timboon

Bookings to Gary on 0439 079 098 or gazzmazz3@gmail.com by Wednesday 17th August

Travel Tales

Friday 26th August @ 1.30pm. Cobden Senior Citizens Centre

India and Nepal - Heather and Dallas Petrie

India: vibrant, busy, colorful, confusing, overcrowded and the world's second largest country after China. Our visit in 2008/2009 was one trip that we will always look back on and say 'wow, did we really travel to India and Nepal?' The world has changed enormously since we visited and our presentation to U3A will give members an insight into the highlights of visiting India and Nepal.

Afternoon tea. Gold coin donation

Bookings to Marilyn on 0437 584 998 or mazz060253@gmail.com by Monday 22nd August

Friday Forum

Friday 19th August @ 1.30pm Cobden Senior Citizens Centre

Bob Lambert - Historic Buildings in Camperdown

Afternoon tea. Gold coin donation

Bookings to Eve on 5592 5333 by Monday 15th August

Tea and Tour for Ten

Tuesday 30th August @ 1.30pm

Apostle Whey Cheese, 9 Gallum Road, Cooriemungle

Join us at Apostle Whey cheese for an interesting and enjoyable afternoon where we'll learn about this business' history and its cheeses.

Cost \$10. Includes informative talk, cheese tasting and afternoon tea.

Bookings to Marilyn on 0437 584 998 or mazz060253@gmail.com by Monday 22nd August

Bike Ride

Wednesday 3rd August @ 10.30am

Terang to Noorat

Bookings to Helen on 0438 918 337 by Monday 1st August

Hike

Wednesday 10th August @ 10.30am. *Mt Noorat*

Bookings to Helen on 0438 918 337 by Monday 8th August

NOTE: There will be no Movie Matinee in August.

For those of you that may not have seen this, here is an article about U3A Corangamite that appeared in the latest Corangamite Shire e-News

U3A Corangamite

The University of the Third Age is an international movement whose aims are the education and stimulation of mainly retired members of the community—those in their third 'age' of life.

U3A Corangamite is a local chapter that aims to keeping members' minds and bodies active.

Committee member Gary Kimber said the Shire-wide organisation had about 120 members who were mainly over 50 and retired or semi-retired.

"It provides activities which assist all participants in social, intellectual, informational and physical ways," he said.

"Activities are held all over the Shire and are very well supported.

"We are very much a socially based organisation where participants can

choose which activities they want.

"A monthly newsletter is sent to all members listing all activity choices.

"Activities include, mahjong, Scrabble, cribbage, lunches, talks by various people including travel experiences, croquet, bike riding, walking, working with tablet apps, visiting places of interest in the Shire, and watching movies.

"There are also book clubs, singing, china painting, trivia, puzzles, mini golf, mindfulness and current affairs."

Gary said the U3A was always keen to welcome new members from all parts of the Shire.

For further information, go to <https://u3acorangamite.org.au/> or contact Gary on 0439 079 098 or gazzmazz3@gmail.com



WHAT'S ON IN AUGUST & SEPTEMBER

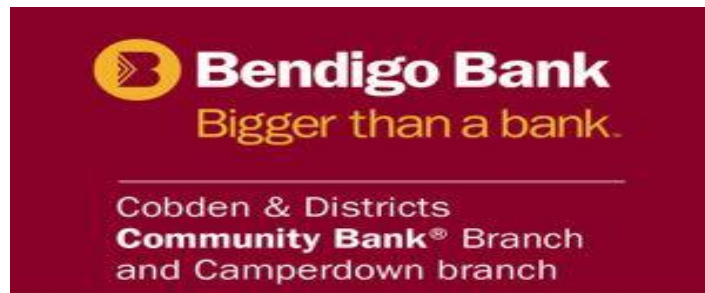
Make sure to check the activities calendar and list below to see what great events are being held during August & September

For further information contact us via e-mail: u3acorangamite@gmail.com

OR

U3A Corangamite website: <https://u3acorangamite.org.au>

**We are proudly supported by
Cobden & Camperdown Community Banks (Bendigo Bank) and Helloworld Travel**



ITEM OF INTEREST FOR INFORMATION

Marg Moloney, a U3A member and coordinator of several art activities for U3A in the last few years, is the organizer of the *Terang Art Show 2022* to be held at the Terang College Hall from Friday 28th to Sunday 30th October.



Full details, including an artist entry form, may be obtained by clicking on the following link - <http://www.terangartshow.wixsite.com/artshow>

U3A ACTIVITIES CALENDAR AUGUST 2022

		AUGUST				
30	31	Mon 01 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 02 Scrabble: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 03 Bike Ride: @ 10.30am Terang to Noorat Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 04	Fri 05 Mah-jong: Cobden @ 10.00am
06	07	Mon 08 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Coffee & Books: Noorat @ 2pm & Cobden @ 1.30pm	Tue 09 China Painting: Lismore @ 1.30pm	Wed 10 Hike: @ 10.30am Mt Noorat Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 11	Fri 12 Mah-jong: Cobden @ 10.00am
13	14	Mon 15 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 16 U3A Committee Meeting: Mt Noorat @ 10.30am China Painting: Lismore @ 1.30pm	Wed 17 Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 18	Fri 19 Mah-jong: Cobden @ 10.00am Friday Forum: Cobden Snr Citizens @ 1.30pm
20	21	Mon 22 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 23 Let's Do Lunch: <i>Fat Cow</i> , Timboon @ 12.30pm China Painting: Lismore @ 1.30pm	Wed 24 Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 25	Fri 26 Mah-jong: Cobden @ 10.00am Travel Tales: Cobden Snr Citizens @ 1.30pm
27	28	Mon 29 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 30 Tea & Tour for Ten: <i>Apostle Whey Cheese</i> Coorimungle @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 31 China Painting: Lismore @ 1.30pm		

U3A ACTIVITIES CALENDAR SEPTEMBER 2022

		SEPTEMBER				
					Thurs 01 Current Affairs: Cobden @ 2.30pm	Fri 02 Mah-jong: Cobden @ 10.00am
03	04	Mon 05 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 06 Scrabble: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 07 Bike Ride: @ 10.30am Location TBC Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 08	Fri 09 Mah-jong: Cobden @ 10.00am
10	11	Mon 12 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Coffee & Books: Noorat @ 2pm & Cobden @ 1.30pm	Tue 13 China Painting: Lismore @ 1.30pm	Wed 14 Hike: @ 10.30am Location TBC Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 15 Movie Matinee: Terang @ 12 noon Movie is <i>TBA</i>	Fri 16 Mah-jong: Cobden @ 10.00am Friday Forum: Cobden Snr Citizens @ 1.30pm
17	18	Mon 19 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 20 U3A Committee Meeting: Mt Noorat @ 10.30am China Painting: Lismore @ 1.30pm	Wed 21 Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 22 Mah-jong: Terang @ 1.30pm Scrabble: Terang @ 1.30pm	Fri 23 Mah-jong: Cobden @ 10.00am Travel Tales: Cobden Snr Citizens @ 1.30pm
24	25	Mon 26 Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 27 China Painting: Lismore @ 1.30pm	Wed 28 Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 29	Fri 30 Mah-jong: Cobden @ 10.00am

U3A CORANGAMITE SPECIAL ACTIVITIES IN AUGUST				
ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Let's do Lunch	Tuesday 23 rd August	12.30pm	<i>The Fat Cow, Timboon</i> Bookings to Gary Kimber by Wednesday 17 th August	Gary Kimber 0439 079 098 gazzmazz3@gmail.com
Friday Forum	Friday 19 th August	1.30pm	<i>Bob Lambert - Historic Buildings in Camperdown</i> Cobden Senior Citizens Centre Afternoon tea provided. Gold coin donation. Bookings to Eve Black on 5592 5333 by Monday 15 th August	Eve Black 5592 5333 mountnoorat@outlook.com
Travel Tales	Friday 26 th August	1.30pm	<i>India & Nepal - Heather & Dallas Petrie</i> Cobden Senior Citizens Centre Bookings to Marilyn Kimber by Monday 22 nd August (See Page 1 for full details)	Marilyn Kimber 0437 584 998 mazz060253@gmail.com
Tea & Tour for Ten	Tuesday 30 th August	1.30pm	<i>Apostle Whey Cheese</i> 9 Gallum Road, Cooriemungle Bookings to: Marilyn Kimber by Monday 22 nd August (See Page 2 for full details)	Marilyn Kimber 0437 584 998 mazz060253@gmail.com