



CORANGAMITE

UNIVERSITY OF THE THIRD AGE

Keeping minds and bodies active

GREY MATTERS

SEPTEMBER 2022

PLEASE NOTE: The information and personal details provided in this newsletter are for the use of U3A Corangamite members and affiliates only and the information given should not be disseminated to any third party unless permission has been approved by the U3A Corangamite Committee.

NEWS FROM THE COMMITTEE

The most recent Committee meeting was very quiet with few issues for discussion. Other than new activities for September, the main item for consideration was the planning process for 2023 and issues related to membership fees and a revised membership form. Further discussion will take place at the next U3A Corangamite Committee meeting on Tuesday 20th September at 10.30am at Mt Noorat and full details will be included in the October newsletter.

NEW ACTIVITIES IN SEPTEMBER

Friday Forum

Friday 16th September @ 1.30pm Cobden Senior Citizens Centre

Speaker: *Alistair Tune* - his talk is "*Set in Stone*".

Alistair was for many years a very talented builder of all things stone. He also had a very successful exhibition at Chelsea Flower Show some years ago.

Afternoon tea. Gold coin donation

Bookings to Eve on 5592 5333 by Monday 12th September

Travel Tales

The Aussie Adventures of Penny and Tina. Penny O'Neill

Friday 23rd September @ 1.30pm, Cobden Senior Citizens Centre

40,000km in a 20yr old Toyota Hi-ace over 7 months. Tina is Penny's van... and it served her well! The adventures were many, but Penny survived them all and made it back to tell the tale. Would Penny do it again? Absolutely! From getting lost in the mountains and desert hiking, swimming with manta rays, climbing through gorges, looking for gold and opals, learning to scuba dive and getting sucked out to sea. Penny has had some wild times. The sights were incredible and she only really scratched the surface.

Afternoon tea provided. Optional gold coin donation.

Bookings to Marilyn Kimber by Monday 19th September on 0437 584 998 or mazz060253@gmail.com

Let's Do Lunch

Thommo's Hotel, Victoria Street, Cobden

Thursday 22nd September @ 12.30pm

Bookings to Gary Kimber by Monday 19th September on 0439 079 098 or gazzmazz3@gmail.com

Tea and Tour for Ten

Heytesbury House, 33 Parrot Street, Cobden

Tuesday 13th September @ 1.30pm

Heytesbury House, now a luxury B & B, was originally built as a doctor's residence before being converted into a private hospital.

Don't miss out on joining us on a tour of this award-winning B & B where the owners will share with you their story and the history of this grand building.

A Devonshire tea will complete a very interesting afternoon.

\$10 includes talk/tour and afternoon tea

Bookings to Marilyn Kimber by Friday 9th September on 0437 584 998 or mazz060253@gmail.com

Current Affairs

Recommences on Thursday 1st September @ 2.30pm Cobdenhealth

Bookings to Gary Kimber on 0439 079 098

Bike Ride

Wednesday 7th September @ 10.30am

Timboon to Schultz Dairy and return

Bookings to Helen James on 0438 918 337 by Monday 5th September

Hike

Wednesday 14th September @ 10.30am.

Mt Leura

Bookings to Helen James on 0438 918 337 by Monday 12th September

NOTE: in September, Mindfulness will resume but there will be no Movie Matinee/lunch.

ITEMS OF INTEREST

- ✚ The Corangamite Shire has recently established a new initiative, the *Corangamite Community Newsletter Network*. The initial aim of the Network is updating the Council's Community Directory both online and with a print edition. The idea is to produce a booklet that people will keep, with listings of not-for-profit community groups by category and by town. It would also feature photos of people from various walks of life and age groups who volunteer with a testimonial about what volunteering means for the wellbeing of them and their community. U3A Corangamite has been invited to participate in this project and to provide input. More details will be provided as the project develops.
- ✚ Marg Moloney, a U3A member and coordinator of several art activities for U3A in the last few years, is the organizer of the *Terang Art Show 2022* to be held at the Terang College Hall from Friday 28th to Sunday 30th October 2022. Full details, including an artist entry form, may be obtained by clicking on the following link – <http://www.terangartshow.wixsite.com/artshow>

CELEBRAGE Seniors Festival, Warrnambool 2022

We have been asked by a former U3A member, Clare Vaughan, who is now Coordinator of Community Programs at the Warrnambool City Council, if U3A would draw this item to the attention to members.

The **CELEBRAGE** Seniors Festival, Warrnambool 2022 is happening in October and tickets for programmed activities will go on sale on 1st September. The full Festival program will be available later this week.

The major event of this Festival is the SPECTRUM concert at the Lighthouse Theatre @ **11AM on Wednesday 5th October** and tickets are already on sale for \$20 or \$15 for groups 10 or more. U3A Corangamite members are most welcome to attend.

Bookings are available on the Lighthouse Theatre website and U3A members could jump in early to get good seats.

Concert details are provided in the following link (Ctrl+ Click):

<https://www.lighthouse theatre.com.au/warrnambool-celebrage-seniors-festival-spectrum-0>

WHAT'S ON IN SEPTEMBER & OCTOBER

Make sure to check the activities calendar and list below to see what great events are being held during September & October

For further information contact us via e-mail: u3acorangamite@gmail.com

OR

U3A Corangamite website: <https://u3acorangamite.org.au>

**We are proudly supported by
Cobden & Camperdown Community Banks (Bendigo Bank) and Helloworld Travel**



U3A ACTIVITIES CALENDAR SEPTEMBER 2022

			SEPTEMBER					
						Thurs 01 Current Affairs: Cobden @ 2.30pm	Fri 02 Mah-jong: Cobden @ 10.00am	
03	04	Mon 05 Mindfulness @ 9.00am: Scotts Creek and Via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 06 Scrabble: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 07 Bike Ride: @ 10.30am <i>Timboon To Schiltz's Dairy</i> Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 08	Fri 09 Mah-jong: Cobden @ 10.00am		
10	11	Mon 12 Mindfulness @ 9.00am: Scotts Creek and Via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Coffee & Books: Noorat @ 2pm & Cobden @ 1.30pm	Tue 13 Tea & Tour for Ten: <i>Heytesbury House</i> , Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 14 Hike: @ 10.30am - <i>Mt Leura</i> Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 15	Fri 16 Mah-jong: Cobden @ 10.00am Friday Forum: Cobden Snr Citizens @ 1.30pm <i>Alistair Tune - "Set in Stone"</i>		
17	18	Mon 19 Mindfulness @ 9.00am: Scotts Creek and Via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 20 U3A Committee Meeting: @ 10.30am, Mt Noorat China Painting: Lismore @ 1.30pm	Wed 21 Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 22 Let's do Lunch: <i>Thommo's Hotel</i> Cobden @ 12.30pm Mah-jong: Terang @ 1.30pm Scrabble: Terang @ 1.30pm	Fri 23 Mah-jong: Cobden @ 10.00am Travel Tales: Cobden Snr Citizens @ 1.30pm <i>The Aussie Adventures of Penny and Tina - Penny O'Neill</i>		
24	25	Mon 26 Mindfulness @ 9.00am: Scotts Creek and Via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 27 China Painting: Lismore @ 1.30pm	Wed 28 Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 29	Fri 30 Mah-jong: Cobden @ 10.00am		

U3A ACTIVITIES CALENDAR OCTOBER 2022

		OCTOBER				
01	02	Mon 03 Mindfulness @ 9.00am: Scotts Creek and Via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 04 Appy Hours: Cobden @ 10.00am Scrabble: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 05 Bike Ride: @ 10.30am Location TBC Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 06 Current Affairs: Cobden @ 2.30pm	Fri 07 Mah-jong: Cobden @ 10.00am
08	09	Mon 10 Mindfulness @ 9.00am: Scotts Creek and Via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Coffee & Books: Noorat @ 2pm & Cobden @ 1.30pm	Tue 11 China Painting: Lismore @ 1.30pm	Wed 12 Hike: @ 10.30am Location TBC Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 13	Fri 14 Mah-jong: Cobden @ 10.00am
15	16	Mon 17 Mindfulness @ 9.00am: Scotts Creek and Via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 18 U3A Committee Meeting: @ 10.30am - venue TBA China Painting: Lismore @ 1.30pm	Wed 19 Singing: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 20 Movie Matinee: Terang @ 12 noon Movie is <i>TBA</i>	Fri 21 Mah-jong: Cobden @ 10.00am Friday Forum: Cobden Snr Citizens @ 1.30pm
22	23	Mon 24 Mindfulness @ 9.00am: Scotts Creek and Via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 25 China Painting: Lismore @ 1.30pm	Wed 26 Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 27 Mah-jong: Terang @ 1.30pm Scrabble: Terang @ 1.30pm	Fri 28 Mah-jong: Cobden @ 10.00am Travel Tales: Cobden Snr Citizens @ 1.30pm

			OCTOBER (contd.)			
29	30	Mon 31 Mindfulness @ 9.00am: Scotts Creek and Via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum @ 1.30pm				

U3A CORANGAMITE SPECIAL ACTIVITIES IN SEPTEMBER				
ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Let's do Lunch	Thursday 22 nd September	12.30pm	<i>Thommo's Hotel</i> , Victoria Street, Cobden Bookings to Gary Kimber by Monday 19 th September	Gary Kimber 0439 079 098 gazzmazz3@gmail.com
Friday Forum	Friday 16 th September	1.30pm	<i>Alistair Tune</i> - his talk is " <i>Set in Stone</i> ". Cobden Senior Citizens Centre Afternoon tea provided. Gold coin donation. Bookings to Eve Black on 5592 5333 by Monday 12 th September (See Page 1 for full details)	Eve Black 5592 5333 mountnoorat@outlook.com
Travel Tales	Friday 23 rd September	1.30pm	<i>The Aussie Adventures of Penny and Tina</i> Penny O'Neill Cobden Senior Citizens Centre Bookings to Marilyn Kimber by Monday 19 th September (See Page 1 for full details)	Marilyn Kimber 0437 584 998 mazz060253@gmail.com
Tea & Tour for Ten	Tuesday 13 th September	1.30pm	<i>Heytesbury House</i> 33 Parrot Street, Cobden Bookings to Marilyn Kimber by Friday 9 th September (See Page 2 for full details)	Marilyn Kimber 0437 584 998 mazz060253@gmail.com