



CORANGAMITE

UNIVERSITY OF THE THIRD AGE

Keeping minds and bodies active

GREY MATTERS

DECEMBER 2022

FROM THE U3A CORANGAMITE COMMITTEE

Two documents relating to 2023 Enrolment, viz. the *U3A Corangamite Activities Guide 2023* and *the U3A Corangamite Activities Enrolment Form 2023*, will be sent out to you shortly. When you receive these documents, please follow the instructions given to register your interest for the activities that are being offered in 2023.

In January 2023, a small newsletter/bulletin will be distributed to keep you informed of any updates and changes to activities, in particular those for special events offered in February such as Travel Tales, Let's Do Lunch and Tea and Tour for Ten etc. as full details for these events are not yet confirmed at the time of distributing the activities guide and enrolment form.

A new and improved members' newsletter will be sent to you next year with the March 2023 Newsletter distributed at the end of February.

Activities continuing into December

Singing, 7th December

Mah-jong @ Cobden, 2nd, 9th & 16th December

Mah-jong @ Derrinallum, 5th & 12th December

Mah-jong @ Timboon, 5th, 12th & 19th December

Bike Ride, 7th December: Terang to Noorat

U3A Membership 2023

The Membership Fee for 2023 is \$25, but an **early bird registration fee of \$20** applies if payment is made before 19th December 2022.

It is a requirement by U3A Network Victoria that all members complete a **2023 Membership Form** to ensure your details on our membership database are correct and up-to-date.

If you have already paid your membership fee but have not forwarded a membership form, please complete the form that is included here and **EITHER POST** it to the U3A address given on the form **OR SCAN** it and send it via e-mail to u3acorangamite@gmail.com.

Nomination for U3A Corangamite Committee

Included here is a nomination form for the U3A Corangamite Committee in 2023. If you feel you are able and willing to contribute to the Committee next year (1 hour every month), why not nominate yourself and give it a go! The 2023 Committee will be formally elected at the Annual General Meeting on Friday 27th January 2023 @ 1.30pm at Cobden Senior Citizens Hall.

U3A Members Artistic Talent

At the recent Terang Community Art Show, several U3A members had their artworks exhibited. There were 31 paintings sold overall with 53 artists entered and 184 paintings, including some photographic art. We are pleased to report that Linda Castaldo, Marilyn Kimber, Helen Durant, Marg Moloney and David Mernagh were successful in selling a painting. We have some great artistic talent in U3A members ranks!

Skipton Flood Relief

At its last meeting, the Committee agreed to provide support for flood relief and it was agreed that an amount of \$750 will be donated to the Skipton Flood Relief.

If any member would like to donate individually to this appeal, then please follow the link given here that is located on the Corangamite Shire website.

<https://www.corangamite.vic.gov.au/Property/Emergency/Skipton-flood-2022#section-2>

Note of thanks

Thanks to our coordinators, many of whom are our own members. Without them we would not have had the range of programs that we have had on offer during this year.

To our financial supporter - **Cobden/Camperdown Community Bank** - we say a very big thanks for its continuing 3-year sponsorship that will ensure our administration is well resourced during 2023 and beyond.

Finally, to all U3A members, a very big thank you all for not only staying with us but joining in and having so much fun.

The Committee would like to wish everyone a very joyous Christmas with your families and a wonderful 2023.

Stay well, safe, busy and continue to live your lives to the fullest!





**U3A CORANGAMITE INC.
ANNUAL GENERAL MEETING
NOMINATION FORM**

Election of Office Bearers and Committee Members 2023

I wish to nominate *[name of candidate]*

For the position of *[please tick only ONE desired position]*

- President
- Vice-President
- Treasurer
- Secretary
- Member of Committee

Nominated by: *Print Name* _____

Signature: _____

Seconded by: *Print Name* _____

Signature: _____

Consent of Candidate: I *[Print Name]* _____
am willing to take on this role if I am elected to this position.

Signature:

**All nominees and nominators must be current financial members of U3A Corangamite Inc.
You can nominate/volunteer yourself!**

**Please bring this completed form with you to the AGM OR post to U3A Corangamite Inc.
PO Box 55 COBDEN 3266 OR scan and email to: the Secretary at u3acorangamite@gmail.com**



PO Box 55 Cobden 3266

MEMBERSHIP FORM 2023

I would like to apply for membership of U3A Corangamite Inc. accepting that the information provided in this form may be used by the organisation, for the organisation only, in accordance with State and Commonwealth Privacy Legislation*. In the event of my admission as a member, I agree to be bound by the rules of the organisation for the time they are in force.

2023 Membership Fee: \$25 (or \$20 if paid by 19th December 2022)

Please note: there will be no refund or receipt given unless requested

PLEASE PRINT CLEARLY AND ANSWER ALL QUESTIONS

Surname: First name:

Postal address: Post code

Phone: Mobile:

Email:

Age: 50-55 56-60 61-65 66-70 71-75 76-80 81-85 86-90 90 plus (Please circle)

Emergency contact: Contact no:

I consent to having my photograph used by U3A Corangamite for publicity purposes. YES or NO (Please circle)

How did you hear about us?

Skills/interests you could share with others:

Type of program/activity preferences:

Special needs:

Please read and agree to the following terms

- I understand that I am responsible for my own behaviour. I will adhere to the U3A risk management policy *
I will carry an up-to-date U3A Medical Card while attending any authorised U3A activity. It will only be accessed in case of accident or illness. In the case of accident or illness which leaves me unable to communicate I authorise the Course Leader to provide any necessary information to attending medical personnel and advise my contact person of my condition.
I understand that U3A's insurance policy DOES NOT cover general members of U3A. In the event of accident, general members must use their own medical insurance. If someone else (e.g. a U3A or owner of the premises) is legally liable for the injury, public liability insurance may be activated

Signature of applicant: Date: / /

* Details of these policies can be found at www.u3avictoria.com.au/members/policy guidelines or by asking the Secretary, U3A Corangamite to provide a copy.

TO JOIN/RENEW - Send cheque/money order with the attached form to:

The Treasurer, U3A Corangamite, PO Box 55 COBDEN 3266 OR

send the completed membership form to the address above and pay via direct debit to: U3A CORANGAMITE INC. BSB: 633-000 ACCOUNT: 155369044 clearly stating your full name