



CORANGAMITE

UNIVERSITY OF THE THIRD AGE

Keeping minds and bodies active

GREY MATTERS

FEBRUARY 2023

FROM THE U3A COMMITTEE

Welcome to another year at U3A Corangamite! The Committee extends a very warm welcome to both renewing and new members who are looking forward to participating in activities to keep their minds and bodies active.

Normally we do not send out a members' newsletter for February but here is a brief bulletin to provide you with some information on the U3A Corangamite activities that are commencing next month; a calendar of February events is included below.

A reminder: the 2023 Annual General Meeting is being held this **Friday 27th January @ 1.30pm at the Cobden Senior Citizens Centre**. After the AGM, coordinators will be sent the list of enrolments based on the forms that have been returned to me in the last few weeks.

There have been a substantial number of members who did not send in an enrolment form so now if you wish to attend an activity you will need to contact the coordinator directly.

For those of you that submitted your enrolment form and ticked YES for any activity, you will be automatically included as an attendee for that activity in February unless you advise us otherwise. Hopefully you have kept a record of your selections!

These events, along with Friday Forum which commences in March, are advertised monthly so ticking the ones for February does not mean you are listed for these events for the rest of the year.

This is particularly important for the following 3 activities:

Tea and Tour for Ten, Cobden Pioneer Park

Thursday 16th February @ **12.30pm** (**NOTE: change to new time**)

Join us for a delightful afternoon visiting Cobden's Pioneer Park.

This park was established to preserve the district's past dairy, timber and agricultural history. Authentic buildings have been moved to the site and others have been faithfully recreated to show how the pioneers of our district lived and earned their livelihood. Following the tour, members will be treated to a Devonshire Tea in the barn which houses a massive collection of Harold Lamb's famous buggies and carriages as well as other historical vehicles.

Cost \$10 includes tour, talk and afternoon tea.

Bookings to Marilyn Kimber by Monday 13th February on 0437 584 998 or mazz060253@gmail.com

Travel Tales

Friday 24th February, Cobden Senior Citizen's Centre @ 1.30pm

Sue and Don McInnes, Kalkarindji, Northern Territory.

Sue and Don are going to share their experiences in the remote indigenous community of Kalkarindji in the Northern Territory. They will tell you about the difficulty they had getting there, their visit to the school, the football matches, their helicopter ride, cooking kangaroo tails and the reason why they went to Kalkarindjito experience the amazing Freedom Day Festival attended by thousands of people. As part of the festival, a resolution became unanimous to support a permanent body to represent First Nations people in the form of a Voice. A fascinating program. Afternoon tea provided. Gold coin donation.

Bookings to Marilyn Kimber by Monday 20th February on 0437 584 998 or mazz060253@gmail.com

Let's Do Lunch

Monday 27th February, **The Fat Cow**, Timboon @ 12.30pm.

Bookings to Gary Kimber by Wednesday 22nd February on 0439 079 098 or gazzmazz3@gmail.com

We would ask that if you are unable to attend an activity for which you are registered, please remember to contact the relevant coordinator to advise your withdrawal.

2023 Membership Cards

In the next couple of weeks, you will be given 2 new 2023 membership cards. Your full name is given on the first card. Just write your preferred first name on the 2nd blank card.

Between the two cards is a new medical card. Please insert your details on the card and place it back in-between the two membership cards.

Please let the Secretary know if you require a new lanyard or card holder.

NOTE: You must carry your membership and medical cards with you to each U3A event that you attend

Coordinators

For your records, a list of coordinators for each activity with contact details is given below.

Cobden Activities

Scrabble, Cribbage and Let's do Coffee & Books activities at Cobden will now be held at the Cobden Uniting Church and not Cobdenheath.

Friday Forum and Travel Tales will still be held at the Cobden Senior Citizens Centre.

U3A ACTIVITIES CALENDAR: FEBRUARY 2023

				Wed 01 Bike Ride: @ 10.30am	Thurs 02	Fri 03 Mahjong: Cobden @ 10am
04	05	Mon 06 Mindfulness: Scotts Creek @ 9.00am Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm	Tue 07 Scrabble: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 08 Hike: @ 10.00am Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 09 Mini Golf: Cobden @ 1.30pm	Fri 10 Mahjong: Cobden @ 10am
11	12	Mon 13 Mindfulness: Scotts Creek @ 9.00am Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Let's do Coffee & Books: + Noorat @ 2pm + Cobden @ 1.30pm	Tue 14 China Painting: Lismore @ 1.30pm	Wed 15 Singing: Terang @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 16 Tea & Tour for Ten: <i>Cobden Pioneer Park</i> @ 12.30pm	Fri 17 Mahjong: Cobden @ 10am
18	19	Mon 20 Mindfulness: Scotts Creek @ 9.00am Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 21 U3A Committee Meeting: @ 10.30am at Mt Noorat China Painting: Lismore @ 1.30pm	Wed 22 Croquet: Terang @ 1pm Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 23 Scrabble: Terang @ 1.30pm	Fri 24 Mahjong: Cobden @ 10am Travel Tales: Cobden Senior Citizens @ 1.30pm <i>Kalkarindji, Northern Territory</i>
25	26	Mon 27 Feb Mindfulness: Scotts Creek @ 9.00am Mahjong: + Timboon @ 10am + Derrinallum @ 1.30pm Let's Do Lunch: Timboon @ 12.30pm <i>The Fat Cow</i>	Tue 28 Feb China Painting: Lismore @ 1.30pm			

U3A CORANGAMITE: ACTIVITIES COORDINATORS

ACTIVITY	DAY	TIME	VENUE	COORDINATOR/CONTACT	
Mahjong	Each Monday	10.00 -12.00	Timboon	Sandy McInnes 0411 315 795	
Mahjong	Each Friday	10.00 -12.00	Cobden Golf Club	Dee Smith 0427 260 687	
Mahjong	Each Monday	1.30 – 3.30	Derrinallum Library	Danielle Blomeley 0457 557543	
Scrabble	1 st Tuesday & 3 rd Monday of month	1.30 – 3.30	Uniting Church Cobden	Linda Castaldo 0438 457 825	
Scrabble	Last Thursday each month	1.30 – 3.30	Commercial Hotel Terang	Anne Corbin 0428 899 126	
Let's Do Coffee & Books @ Noorat	2 nd Monday of month	2.00 – 4.00	Mt Noorat	Eve Black 5592 5333	Helen Durant 0418 389 751
Let's Do Coffee & Books @ Cobden	2 nd Monday of month	1.30 – 3.30	Uniting Church Cobden	Gary Kimber 0439 079 098	
China Painting	Each Tuesday & Wednesday	1.30 – 3.30	67 Oman Street Lismore	Loris Shannon 5541 0015	
Croquet	4 th Wednesday of the month	1.00 – 3.00	Terang Croquet Club	Anne Corbin 0428 899 126	
Bike Ride	1 st Wednesday of the month	10.30	Details advertised in monthly newsletter	Helen James 0409 438 044	
Hike	2 nd Wednesday of the month	10.00	Details advertised in monthly newsletter	Helen James 0409 438 044	
Singing	1 st & 3 rd Wednesday of the month	1.30	Now in Terang – venue to be confirmed	Susan Keane/Gary Kimber 0437 177 634/0439 079 098	

ACTIVITY	DAY	TIME	VENUE	COORDINATOR/CONTACT
Mindfulness	Each Monday for 30 minutes	9.00	In person at <i>Willowglen</i> , 54 Rowes Road Nth Scott's Creek or via Zoom	Maureen O'Connor 5595 9277 or 0429 724 011
Cribbage	2nd & 4th Wednesday of the month	1.30	Uniting Church Cobden	Merv Holloway/Gary Kimber 0499245360/0439 079 098
Mini Golf	2nd Thursday each month	1.30	Grayland Street, Cobden	Gary Kimber 0439 079 098
Trivia Quiz	1 st Monday each month	1.30	137 Glenormiston Road, Noorat 1st Quiz: 6th March	Gary Kimber 0439 079 098
Musical Theatre	Last Friday each month in March, June and September	1.00 – 4.00	5 Errey Street Camperdown Commences: 31st March	David Mernagh 0429 951 643
Travel Tales	4 th Friday of every month	1.30	Senior Citizens Centre Cobden	Marilyn Kimber 0437 584 998
Let's do Lunch	Details advertised in monthly newsletter	12.30	Various venues across shire	Gary Kimber 0439 079 098
Tea & Tour for Ten (\$10)	Details advertised in monthly newsletter	1.30	Cost \$10 includes tour, talk and afternoon tea	Marilyn Kimber 0437 584 998
Friday Forum	3rd Friday of every month	1.30	Commences 17th March Details advertised in monthly newsletter	Eve Black 5592 5333