



CORANGAMITE
UNIVERSITY OF THE THIRD AGE

Keeping minds and bodies active

GREY MATTERS

APRIL 2023



PLEASE NOTE: The information and personal details provided in this newsletter are for the use of U3A Corangamite Members and affiliates only and the information given should not be disseminated to any third party unless permission has been approved by the U3A Corangamite Committee.

A WORD FROM THE U3A COMMITTEE

Things are going along very well so far this year and currently we have 132 members enrolled which includes 20 new members; as a comparison, at this time last year, there were 118 enrolments.

At the recent committee meeting it was decided to ask members to suggest any new activities they would like to see included as U3A offerings so if you have any suggestions, please send these via e-mail to u3acorangamite@gmail.com or speak to a committee member.

The Committee also looked at an article on the topical issue of Scam Awareness that was published in the U3A Port Fairy Newsletter; this arose from a U3A Network webinar on scams. As it is such an important issue, full details are given later in the newsletter.

Via U3A Colac Otway, we have been invited to participate in a visit in May to the *Hysel Project* at Deakin University's Warrnambool campus. There are 30 places in total and Colac Otway is offering 10 places for U3A Corangamite members. Information on the project is given later in the newsletter and if interested in this visit, members are asked to contact the Secretary on 0429 951 643 or on u3acorangamite@gmail.com, who will send details to U3A Colac Otway.

NEW ACTIVITIES IN APRIL



Let's Do Lunch!

Lake Edge Café, Lake Purrumbete

Thursday 20th April @ 12.30pm

Bookings to Gary Kimber by Monday 17th April on 0439 079 098 or gazzmazz3@gmail.com

Maximum: 20



Tea and Tour for \$10

Monday 24th April @ 1.30pm.

Visit to the *Historic Shearing Shed of "West Cloven Hills" farm @ Bookaar owned by Nic Cole*

Further details of this event are given on Page 7

Cost \$10 includes tour, talk and afternoon tea

Bookings to Marilyn Kimber by Wednesday 19th April on 0437 584 998 or mazz060253@gmail.com

TEA & TOUR FOR \$10 POSTPONED FROM MARCH BUT MEMBERS MUST RE-BOOK FOR APRIL



Travel Tales

Friday 28th April @ 1.30pm, Cobden Senior Citizens Hall

The Solomon Islands - Maureen O'Connor and John Truscott

Further details of this event are given on Page 6

To register contact Marilyn Kimber by Monday 24th April on 0437 584 998 or mazz060253@gmail.com



Friday Forum

Friday 21st April @ 1.30pm, Cobden Senior Citizens Hall

Speaker: *Harold Eller - Living and Working in China*
Harold and Jeanette were teachers in China. Some fantastic experiences

Further details of this event are given on Page 6

To register contact Eve Black by Monday 17th April on 5592 5333 or email mounnoorat@outlook.com

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Mini Golf

Thursday 13th April @ 1.30pm
Cobden Mini Golf, 29 Grayland Street, Cobden
(Next to mini trains).

Further details of this event are given on Page 8

Booking to Gary Kimber by Monday 10th April on
0439 079 098 or gazzmazz3@gmail.com



Trivia Quiz Afternoon

Thursday 6th April @ 1.30pm @ 137 Glenormiston
Road, Noorat. (Eve Blacks house)

Have a go at an Australiana Quiz. Make up a team,
bring a friend for more “friendly” competition.
Prizes and afternoon tea provided. No cost.

Bookings to Gary by Monday 3rd April on
0439 079 098 or gazzmazz3@gmail.com



Let's Go to the Movies

The session is on *Wednesday 26th April at 7pm.*

After several requests, we are trialling a night time movie
opportunity.

The venue is *Alderwood Manor, Curdie Street, Cobden*
(next to the bakery)

Why the night? It is too light during the day.

Further details of this event are given on Page 9

Bookings to Gary by Friday 21st April on
0439 079 098 or gazzmazz3@gmail.com

NOTE: There will be no Bike Ride or Hike in April

REMINDER!

Mah-jong is now being held at the Commercial Hotel in Terang
on the fourth Thursday of each month at 1.30pm.

Afternoon tea included.

Bookings to Suzanne Green on 0411 453 318 or suzannegreen1@bigpond.com

EXPRESSIONS OF INTEREST – ART GROUP

We have had interest from the northern part of our Shire about forming an art group as part of U3A. If you would be interested, without obligation at this stage, please contact Gary Kimber on 0439 079 098 or gazzmazz3@gmail.com. It doesn't matter what “type” of art, it would just be like-minded people getting together.

ITEMS FOR INFORMATION

SCAM AWARENESS

- Never click on a link in an email or text to go to a website from an unknown source or something that may be posing as an organisation -- go directly to the company website, or BETTER STILL use an app.
- Using apps instead of typing in a website is safer as you have downloaded the app yourself and know it is correct and legitimate. You may incorrectly type a web address or pick the wrong one from a search list.
- Anyone that says they are calling from NBN is probably a scammer. Other current common scams are purporting to be from LINKT and Australia Post, and on WhatsApp from someone claiming to be your child who has lost access to their phone -- known as "*Hey Mum*" scam
- Never give information to the caller. Phone back the organisation from your own search records (not the phone number that the caller provides).
- Say something like "*I didn't request that you call me so I am hanging up*" if you want to be polite and end the conversation -- end it quickly, don't engage with them.
- If you believe you have provided access to your bank or personal details to a scammer, report it immediately.
- Change passwords regularly. Use a password manager -- ask the kids to give you one for Christmas!
- If you have your passwords in a "*password book*" in your desk or top drawer and are worried about thieves breaking in and accessing it, don't be. Most home burglaries are usually drug related thefts quickly in to get the big money stuff and out and unlikely to be rifling through your files. They may take your computer, but not the paperwork.
- Scams come via phone calls, emails, text messages and on social media -- especially online shopping and online dating!
- Scammers who try to get remote access to your computer are increasingly a problem - beware. Everyone can be scammed -- don't be embarrassed if it happens to you, but report it and change your passwords etc as quickly as possible.
- Here is a link to similar information from The Australian Competition and Consumer Commission on Scams:

<https://www.scamwatch.gov.au/news-alerts/scams-awareness-week-2022>

Acknowledgement: This information was published in the latest U3A Port Fairy Newsletter by its former Secretary Maureen Joyce and is a summary of a U3A Network webinar on scams that

HYCEL PROJECT
Deakin University Warrnambool Campus

Thursday 18th May 10am -12noon

Hycl is Deakin University's hydrogen program and is focused on technologies that use hydrogen rather than processes that produce it. The Hycl Technology Hub is currently under construction on the Warrnambool Campus. The Hycl Technology Hub is cofounded by state and Commonwealth support and will be a 'living laboratory' that translates lab results into real-world solutions. This bespoke building is an Australian first and uniquely places the South West Victorian region firmly on Australia's hydrogen map. Deakin Warrnambool welcomes you to the campus for a discussion with Hycl Project Coordinator Loren Tuck and a site visit to see hydrogen research facilities first-hand. Lunch available in the Campus Café.

**IF YOU ARE INTERESTED IN ATTENDING THIS EVENT
PLEASE CALL U3A CORANGAMITE SECRETARY
DAVID MERNAGH ON 0429 951 643 OR
VIA u3acorangamite@gmail.com BY 11TH APRIL**

For further information contact us via e-mail: u3acorangamite@gmail.com
and don't forget to check out the
U3A Corangamite website: <https://u3acorangamite.org.au>

**We are proudly supported by the Cobden & Districts Community Bank
Branch and Camperdown branch (Bendigo Bank)**



		APRIL				
01	02	Mon 03 Mindfulness: Scotts Creek @ 9.00am Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm	Tue 04 Scrabble: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 05 Singing: Terang @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 06 Trivia Quiz: Noorat @ 1.30pm	Fri 07 Good Friday Public Holiday
08	09	Mon 10 Easter Monday Public Holiday SEE NOTE BELOW	Tue 11 China Painting: Lismore @ 1.30pm	Wed 12 Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 13 Mini Golf: Cobden @ 1.30pm	Fri 14 Mahjong: Cobden @ 10.00am
15	16	Mon 17 Mindfulness: Scotts Creek @ 9.00am Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 18 U3A Committee Meeting: Mt Noorat @ 10.30am China Painting: Lismore @ 1.30pm	Wed 19 Singing: Terang @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 20 Let's Do Lunch: Lake Edge Café, Lake Purrumbete @ 12.30pm	Fri 21 Mahjong: Cobden @ 10.00am Friday Forum: Cobden Senior Citizens @ 1.30pm
22	23	Mon 24 Mindfulness: Scotts Creek @ 9.00am Mahjong: + Timboon @ 10.00am + Derrinallum @ 1.30pm Tea & Tour for \$10: Bookar @ 1.30pm	Tue 25 Anzac Day	Wed 26 Croquet: Terang @ 1.00pm Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm Let's go to the Movies: Cobden @ 7.00pm	Thurs 27 Mahjong: Terang @ 1.30pm Scrabble: Terang @ 1.30pm	Fri 28 Mahjong: Cobden @ 10.00am Travel Tales: Cobden Senior Citizens @ 1.30pm
29	30	<u>NOTE: Easter Monday Events</u> There will be no Coffee & Books @ Cobden on Easter Monday For Mindfulness, Mahjong @ Timboon & Derrinallum and Coffee & Books @ Noorat, please contact the appropriate coordinator to check if the activity is happening on that day.				

U3A CORANGAMITE SPECIAL ACTIVITIES IN APRIL

ACTIVITY	DAY	TIME	VENUE	CONTACT PERSON
Friday Forum	Friday 21 st April	1.30pm	<p>Speaker: <i>Harold Eller - Living and Working in China.</i></p> <p>Harold and Jeanette were teachers in China. Some fantastic experiences Afternoon tea provided. Gold coin donation. Senior Citizens Hall, Cobden Bookings to Eve by Monday 17th April</p>	<p>Eve Black 5592 5333 mountnoorat@outlook.com</p>
Travel Tales	Friday 28 th April	1.30pm	<p style="text-align: center;"><i>The Solomon Islands</i> <i>Maureen O'Connor and John Truscott</i></p> <p>The Solomon Islands have recently been in the news again. John and Maureen undertook some voluntary work there in 2011. They were fascinated by the history especially in regards to World War 2 and Guadalcanal, the involvement by Australia in Peacekeeping because of internal conflicts, the cultural diversity and the natural beauty of the islands. Overall, it was an experience of a lifetime - interesting, fruitful with time to relate to locals and have fun!</p> <p>Afternoon tea included. Gold coin donation Senior Citizens Hall, Cobden Bookings to Marilyn by Monday 24th April on 0437 584 998 or mazz060253@gmail.com</p>	<p>Marilyn Kimber 0437 584 998 mazz060253@gmail.com</p>
Let's do Lunch	Thursday 20 th April	12.30pm	<p style="text-align: center;"><i>Lake Edge Café, Lake Purrumbete</i></p> <p>Bookings to Gary by Monday 17th April on 0439 079 098 or gazzmazz3@gmail.com</p>	<p>Gary Kimber 0439 079 098 gazzmazz3@gmail.com</p>

ACTIVITY	DATE	TIME	VENUE	CONTACT PERSON
Tea & Tour for \$10	Monday 24 th April	1.30pm	<p><i>Visit to the Historic Shearing Shed of "West Cloven Hills" farm owned by Nic Cole</i> <i>Nic will be the presenter</i></p> <p>West Cloven Hills was settled in 1839 by Peter McArthur and Nicholas Cole, squatting on the area known as West Cloven Hills & Meningoort. The run was divided in 1842 with McArthur at Meningoort and Cole at West Cloven Hills where the 2 families still live. The shearing shed at West Cloven Hills was built in 1851. Our visit will include a tour of this historic shearing shed and details of the farm's history.</p> <p>Address: 1430 Darlington Road, Bookaar Cost \$10 includes afternoon tea and talk</p> <p>Bookings to Marilyn on 0437 584 998 or mazz060253@gmail.com by Wed 19th April</p>	<p>Marilyn Kimber 0437 584 998 mazz060253@gmail.com</p> <p>POSTPONED FROM MARCH - MEMBERS MUST RE-BOOK</p>
Mini Golf	Thursday 13 th April	1.30pm	<p><i>Cobden Mini Golf</i>, 29 Grayland Street, Cobden (Next to Mini Trains)</p> <p>Cost \$7 pp includes afternoon tea.</p> <p>Booking to Gary by Monday 10th April on 0439 079 098 or gazzmazz3@gmail.com</p>	<p>Gary Kimber 0439 079 098 gazzmazz3@gmail.com</p>
Trivia Quiz	Thursday 6 th April	1.30pm	<p><i>Venue: 137 Noorat/Glenormiston Road, Noorat</i> (Eve Black's house)</p> <p>An Australiana Quiz with prizes and surprises. Afternoon tea included. No cost.</p> <p>Please register with Gary Kimber by Monday 3rd April on 0439 079 098 or gazzmazz3@gmail.com</p>	<p>Gary Kimber 0439 079 098 gazzmazz3@gmail.com</p>

ACTIVITY	DATE	TIME	VENUE	CONTACT PERSON
Let's go to the Movies	Wednesday 26 th April	7.00pm	<p><i>Alderwood Manor, Curdie Street, Cobden</i></p> <p>After several requests, we are trialling a night time movie opportunity.</p> <p>Why the night? The venue is Alderwood Manor, Curdie Street, Cobden (next to the bakery) and it is too light during the day. It has a huge screen and many comfortable lounge chairs.</p> <p>The movie is "<i>Water for Elephants</i>", a romantic drama set in a circus; it stars Reese Witherspoon and Robert Pattinson.</p> <p>The cost is \$10 which includes the movie, supper and a cuppa.</p> <p>We need a minimum of 10 people to cover the film licence.</p> <p>Bookings to Gary Kimber 0439 079 098 or gazzmazz3@gmail.com by Friday 21st April</p>	<p>Gary Kimber 0439 079 098 gazzmazz3@gmail.com</p>