



**CORANGAMITE**

UNIVERSITY OF THE THIRD AGE

*Keeping minds and bodies active*

## **GREY MATTERS**

**DECEMBER 2023**

### **FROM THE U3A CORANGAMITE COMMITTEE**

Two documents relating to 2024 Activities Enrolment, viz. the *U3A Corangamite Activities Guide 2024* and *the U3A Corangamite Activities Enrolment Form 2024*, will be sent out to you in early January 2024.

When you receive these documents, please follow the instructions given to register your interest for the activities that are being offered commencing in February 2024.

#### *U3A Activities continuing into December*

The following group activities are to be held in December but ***please check with the relevant coordinator.***

- ✚ Singing: Wednesday 6<sup>th</sup> December
- ✚ Scrabble @ Cobden: Tuesday 5<sup>th</sup> December
- ✚ Mahjong @ Cobden: Friday 1<sup>st</sup>, 8<sup>th</sup> & 15<sup>th</sup> December
- ✚ Mahjong @ Derrinallum: Monday 4<sup>th</sup>, 11<sup>th</sup> & 18<sup>th</sup> December
- ✚ Mahjong @ Timboon: Monday 4<sup>th</sup>, 11<sup>th</sup> & 18<sup>th</sup> December
- ✚ Mindfulness: Monday 4<sup>th</sup>, 11<sup>th</sup> & 18<sup>th</sup> December
- ✚ Cribbage: Wednesday 13<sup>th</sup> December

#### *U3A Membership 2024*

The Membership Fee for 2024 is \$20, but an **early bird registration fee of \$15** applies if payment is made before Friday 22<sup>nd</sup> December 2023.

It is the requirement of U3A Network Victoria, and our insurers, that all members complete a **2024 Membership Form** to ensure your details on our membership database are correct and up-to-date.

If you have not yet renewed your membership for next year, or if you have already paid your membership fee but have not sent in a membership form, please complete the form that is included here and **EITHER POST** it to the U3A address given on the form **OR SCAN** it and send it via e-mail to [u3acorangamite@gmail.com](mailto:u3acorangamite@gmail.com).

### *Nomination for the U3A Corangamite Committee*

Included here is a nomination form for the U3A Corangamite Committee in 2024. If you feel you are able and willing to contribute to the Committee next year (1 hour each month), why not nominate yourself and give it a go! The 2024 Committee will be formally elected at the Annual General Meeting on **Thursday 25<sup>th</sup> January 2024 @ 1.30pm** at Cobden Senior Citizens Hall.

### *Note of thanks*

Thanks to all activity coordinators, many of whom are our own members. Without them we would not have had the range of programs that we have had on offer during this year.

To our financial supporter - **Cobden/Camperdown Community Bank** - we say a very big thanks for its continuing sponsorship that will ensure our administration is well resourced during 2024 and beyond.

Finally, to all U3A members: a very big thank you for not only staying with us but joining in and having so much fun.

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*The U3A Committee would like to wish everyone a very joyous Christmas with your families and a wonderful 2024.*

*Stay well, safe, busy and continue to live your lives to the fullest!*



**We are proudly supported by the Cobden & Districts Community Bank Branch and Camperdown branch (Bendigo Bank)**





**U3A CORANGAMITE INC  
ANNUAL GENERAL MEETING  
NOMINATION FORM**

**Election of Office Bearers and Committee Members 2024**

I wish to nominate *[name of candidate]*

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For the position of *[please tick only ONE desired position]*

- President
- Vice-President
- Treasurer
- Secretary
- Member of Committee

Nominated by: *Print Name* \_\_\_\_\_

Signature: \_\_\_\_\_

Seconded by: *Print Name* \_\_\_\_\_

Signature: \_\_\_\_\_

Consent of Candidate: I *[Print Name]* \_\_\_\_\_  
am willing to take on this role if I am elected to this position.

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Signature: \_\_\_\_\_

All nominees and nominators must be current financial members of U3A Corangamite Inc.  
You can nominate /volunteer yourself!  
Please bring this completed form with you to the AGM OR post to U3A Corangamite Inc.  
PO Box 55 COBDEN 3266 OR scan and email to: the Secretary at [u3acorangamite@gmail.com](mailto:u3acorangamite@gmail.com)



**CORANGAMITE INC**  
UNIVERSITY OF THE THIRD AGE

**PO Box 55 Cobden 3266**

**MEMBERSHIP FORM 2024**

I would like to apply for membership of U3A Corangamite Inc. accepting that the information provided in this form may be used by the organisation, for the organisation only, in accordance with State and Commonwealth Privacy Legislation\*. In the event of my admission as a member, I agree to be bound by the rules of the organisation for the time they are in force.

**2024 Membership Fee: \$20 (or \$15 if paid by 22<sup>nd</sup> December 2023)**

Please note: there will be no refund or receipt given unless requested

**PLEASE PRINT CLEARLY AND ANSWER ALL QUESTIONS**

Surname: ..... First name: .....

Postal address: ..... Post code .....

Phone: ..... Mobile: .....

Email: .....

Age: 50-55 56-60 61-65 66-70 71-75 76-80 81-85 86-90 90 plus (*Please circle*)

Emergency contact: ..... Contact no: .....

I consent to having my photograph used by U3A Corangamite for publicity purposes.  
**YES or NO (*Please circle*)**

How did you hear about us? .....

Skills/interests you could share with others: .....

Type of program/activity preferences: .....

Special needs: .....

**Please read and agree to the following terms**

- I understand that I am responsible for my own behaviour. I will adhere to the U3A risk management policy \*
- I will carry an up-to-date U3A Medical Card while attending any authorised U3A activity. It will only be accessed in case of accident or illness. In the case of accident or illness which leaves me unable to communicate I authorise the Course Leader to provide any necessary information to attending medical personnel and advise my contact person of my condition.
- I understand that U3A's insurance policy DOES NOT cover general members of U3A. In the event of accident, general members must use their own medical insurance. If someone else (e.g. a U3A or owner of the premises) is legally liable for the injury, public liability insurance may be activated

Signature of applicant: ..... Date: ..... / ..... / .....

*\* Details of these policies can be found at [www.u3avictoria.com.au/members/policy\\_guidelines](http://www.u3avictoria.com.au/members/policy_guidelines) or by asking the Secretary, U3A Corangamite to provide a copy.*

**TO JOIN/RENEW - Send cheque/money order with the attached form to:**

**The Treasurer, U3A Corangamite, PO Box 55 COBDEN 3266      OR**

**send the completed membership form to the address above and pay via direct debit to: U3A CORANGAMITE INC. BSB: 633-000 ACCOUNT: 155369044 clearly stating your full name and citing U3A in the subject line or scan and e-mail the form to [u3acorangamite@gmail.com](mailto:u3acorangamite@gmail.com)**