



GREY MATTERS

FEBRUARY BULLETIN

FROM THE U3A COMMITTEE

Welcome to another year at U3A Corangamite! The Committee extends a very warm welcome to both renewing and new members who are looking forward to participating in activities to keep their minds and bodies active.

Here is a brief bulletin to remind you about the U3A Corangamite activities that are commencing in February.

ACTIVITY	DAY	VENUE	COORDINATOR
Travel Tales	Friday 23 rd February	Maureen O'Connor & John Truscott: Paris! Senior Citizens Hall, Cobden	Marilyn Kimber 0437 584 998
Let's do Lunch	Tuesday 20 th February	Katies Café 243 Manifold Street, Camperdown	Gary Kimber 0439 079 098
Tea & Tour for Ten (\$10)	Tuesday 13 th February	Webber & Chivell Fertilizers 29 Cowley's Road, Jancourt East	Marilyn Kimber 0437 584 998
Bike Ride	Wednesday 7 th February	Terang to Noorat Meet at church opposite Mitre 10 Ride out to Noorat then back to Terang	Helen James 0409 438 044
Hike	Wednesday 14 th February	Naroghid to Cobden Meet at Trail head off Naroghid Road, walk to Cobden Golf club for tea, return by car	Helen James 0409 438 044
Trivia	Thursday 15 th February	137 Glenormiston Road, Noorat	Gary Kimber 0439 079 098
Friday Forum	Friday 16 th February	Camperdown Foodbank: Emily Mercer Senior Citizens Hall, Cobden	Maureen O'Connor 0429 724 011

For those of you that have submitted your enrolment form and ticked YES for one or more of these activities, you are automatically included as an attendee for that activity in February unless you advise us otherwise. Hopefully you have kept a record of your selections!

For members who did not send in an enrolment form, if you wish to attend any of the special activities in February, you will now need to contact the coordinator directly.

Events are advertised monthly so indicating your attendance for the special events in February does not mean you are listed for these events for the remainder of the year. March activities will be provided in the next newsletter that will be sent to you towards the end of February.

For the following list of our ongoing activities during the year, if you have been a member of one or more of these groups in 2023, or you wish to join a group in 2024, just contact the relevant coordinator directly.

- ✚ Mahjong @ Timboon, Derrinallum & Cobden
- ✚ Scrabble @ Cobden
- ✚ Mindfulness
- ✚ Singing
- ✚ Cribbage
- ✚ Let's do Coffee and Books @ Noorat
- ✚ China Painting @ Lismore

A calendar of February events is included below. The weekly *'What's on This Week'* e-mail advice will recommence on Sunday 4th February.

2024 Membership Cards

We are in the process of distributing new 2024 membership cards. For members who did not attend the AGM, your cards will be delivered to you this week either via a letterbox drop for Camperdown and Cobden members, or via mail for other Shire locations. Please let us know if you do not receive your cards by early next week.

Your full name is given on the first card. Just write your preferred first name on the 2nd blank card. A new medical card is also provided. Please insert your current medical details on the card and place it back in-between the two membership cards.

Please let the Secretary know if you require a new lanyard.

NOTE: You must carry your membership and medical cards with you to each U3A event that you attend

Activity Coordinators

For your records, a list of coordinators for each activity with contact details is given below.

U3A ACTIVITIES CALENDAR: FEBRUARY 2024

					Thurs 01	Fri 02 Mahjong: Cobden @ 10am
03	04	Mon 05 Mindfulness: Scotts Creek @ 9.00am or via Zoom Mahjong: + Timboon @ 10am + Derrinallum @ 2.00pm	Tue 06 Scrabble: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 07 Bike Ride: @ 10.30am Cribbage: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 08	Fri 09 Mahjong: Cobden @ 10am
10	11	Mon 12 Mindfulness: Scotts Creek @ 9.00am or via Zoom Mahjong: + Timboon @ 10am + Derrinallum @ 2.00pm Let's do Coffee & Books: + Noorat @ 2pm	Tue 13 Tea & Tour for Ten (\$10): Jancourt East @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 14 Hike @ 10.00am Singing: Terang @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 15 Trivia: Noorat @ 1.30pm	Fri 16 Mahjong: Cobden @ 10am Friday Forum: Cobden Senior Citizens @ 1.30pm
17	18	Mon 19 Mindfulness: Scotts Creek @ 9.00am or via Zoom Mahjong: + Timboon @ 10am + Derrinallum @ 2.00pm Scrabble: Cobden @ 1.30pm	Tue 20 U3A Committee Meeting: @ 11.00am Let's Do Lunch: Camperdown @ 12.30pm China Painting: Lismore @ 1.30pm	Wed 21 China Painting: Lismore @ 1.30pm	Thurs 22	Fri 23 Mahjong: Cobden @ 10am Travel Tales: Cobden Senior Citizens @ 1.30pm
24	25	Mon 26 Mindfulness: Scotts Creek @ 9.00am or via Zoom Mahjong: + Timboon @ 10am + Derrinallum @ 2.00pm	Tue 27 China Painting: Lismore @ 1.30pm	Wed 28 Cribbage: Cobden @ 1.30pm Singing: Terang @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 29	

U3A CORANGAMITE ACTIVITY COORDINATORS

ACTIVITY	DAY	TIME	VENUE	COORDINATOR/CONTACT	
Mahjong	Every Monday	10.00 -12.00	Timboon	Sandy McInnes 0411 315 795	
Mahjong	Every Friday	10.00 -12.00	Cobden Golf Club	Dee Smith 0427 260 687	
Mahjong	Every Monday	2.00- 4.00	Derrinallum Library	Trish Wynd 0434 926 732	
Scrabble	1 st Tuesday & 3 rd Monday of month	1.30 – 3.30	Uniting Church Cobden	Linda Castaldo 0438 457 825	
Let's Do Coffee & Books	2 nd Monday of month	2.00 – 4.00	Eve Black's House 137 Glenormiston Road, Noorat	Helen Durant 0418 389 751	Eve Black 5592 5333
China Painting	Each Tuesday & Wednesday	1.30 – 3.30	67 Oman Street Lismore	Loris Shannon 5541 0015	
Bike Ride	1 st Wednesday of the month	10.30	<i>Details advertised in monthly newsletter</i>	Helen James 0409 438 044	
Hike	2 nd Wednesday of the month	10.00	<i>Details advertised in monthly newsletter</i>	Helen James 0409 438 044	
Singing	2 nd & 4 th Wednesday of the month	1.30	Commercial Hotel Terang	Susan Keane 0437 177 634	

ACTIVITY	DAY	TIME	VENUE	COORDINATOR/CONTACT
Mindfulness	Every Monday for 30 mins	9.00	In person at <i>Willowglen</i> , 54 Rowes Road North Scott's Creek or via Zoom	Maureen O'Connor 0429 724 011
Cribbage	1 st & 4 th Wednesday of the month	1.30	Uniting Church Cobden	Mary Holloway 0499 245 360
Trivia Quiz	3 rd Thursday each month	1.30	Eve Black's House 137 Glenormiston Road, Noorat	Gary Kimber 0439 079 098
Travel Tales	4 th Friday of every month	1.30	Senior Citizens Hall, Cobden <i>Details advertised in monthly newsletter</i>	Marilyn Kimber 0437 584 998
Let's do Lunch	TBA	12.30	Various venues across shire <i>Details advertised in monthly newsletter</i>	Gary Kimber 0439 079 098
Tea & Tour for Ten (\$10)	TBA	1.30	Various venues across shire. <i>Details advertised in monthly newsletter</i> Cost \$10 includes tour, talk and afternoon tea	Marilyn Kimber 0437 584 998
Friday Forum	3 rd Friday of the month	1.30	Senior Citizens Hall, Cobden <i>NOTE: May not be held every month so please check details as advertised in the monthly newsletter</i>	Maureen O'Connor 0429 724 011