



CORANGAMITE
UNIVERSITY OF THE THIRD AGE

Keeping minds and bodies active

GREY MATTERS

APRIL 2024



PLEASE NOTE: The information and personal details provided in this newsletter are for the use of U3A Corangamite Members and affiliates only and the information given should not be disseminated to any third party unless permission has been approved by the U3A Corangamite Committee.

A WORD FROM THE U3A COMMITTEE

We now have 132 members with several new members enrolling over the past month. This is a great number and congratulations to everyone for being involved with U3A Corangamite.

April will be “**Bring a Friend**” month – *see more information on Page 4.*

Mid-year lunch: this was not held last year but it could be scheduled for June or July. If members have any specific location they would like to suggest to the Committee, please let us know!

A new book club will commence in April at “Willow Glen” with Maureen O’Connor and Sue McInnes as the coordinators – *see details later on Page 3.*

Extreme or total fire ban days - no activities should be scheduled on these days. An email to be sent to all activity coordinators to let them know.

NEW ACTIVITIES IN APRIL



Let's Do Lunch!

Fat Cow, Timboon

Tuesday 23rd April @ 12.30pm.

Bookings to Gary Kimber
by Friday 19th April on 0439 079 098 or
gazzmazz3@gmail.com



Tea and Tour for \$10

From Our Patch to Your Plate - Drakes Fresh Produce

Tuesday 16th April @ 1.30pm

Venue: 6209 Princes Hwy, Terang (formerly Model Barn)

Full details of this event are given on Page 8

Cost \$10 includes tour, talk and afternoon tea.

Bookings to Marilyn Kimber
by Friday 12th April on 0437 584 998 or
mazz060253@gmail.com



Travel Tales

Presenter: Debbie Ward - Santiago de Compostela

Friday 26th April @ 1.30pm.

Cobden Senior Citizens Centre

Full details of this event are given on Page 8

Bookings to Marilyn Kimber
by Monday 22nd April on 0437 584 998 or
mazz060253@gmail.com



Bike Ride

Wednesday 3rd April @ 10.00am

Cobden to Naroghid - on rail trail and return via road

To register contact Helen James
by Monday 1st April on 0409 438 044



Hike

Wednesday 10th April @ 10.30am

Mt Leura/Sugarloaf - meet at base

To register contact Helen James by
Monday 8th April on 0409 438 044



Friday Forum

Friday 19th April @ 1.30pm. Cobden Senior Citizens Centre

Speaker: Randy Walton - The Electoral System in the USA

Full details of this event are given on Page 7

Bookings to Maureen O'Connor
by Monday 15th April on 0429 724 011
or willowglenretreat@gmail.com



Trivia Quiz - Australiana

Thursday 18th April @ 1.30pm
137 Glenormiston Road, Noorat
(Eve Black's house).

Full details of this event are given on Page 7

Bookings to Gary Kimber on 0439 079 098
by Monday 15th April



Fishing off the bank of the Hopkins River

Wednesday 24th April from 3:00pm till 5:00pm
Mahoneys Road Boat ramp
(down from Deakin University)

Full details of this event are given on Page 10

Bookings to Dominique Fowler
by Monday 22nd April on 0438 918 337
If the weather is inclement all will be notified
by text.



Is it Worth the Money?

Friday 12th April @ 1.30pm, Cobden Uniting Church

Jim Prigg an avid coin collector (numismatist) will provide a talk about Australian pre-decimal coinage (1910-1966)

Full details of this event are given on Page 9

Bookings to Gary Kimber by Monday 8th April
on 0439 079 098 or gazzmazz3@gmail.com



Let's do Coffee & Books at Willow Glen

Monday 22nd April @ 2pm at "Willow Glen Cottages", Timboon Road, Scott's Creek.

Call Maureen O'Connor on 0429 724 011 or Sue McInnes on 0428 230 244 if you would like to join.

This activity will be held the on the 4th Monday of every month.

ITEMS OF INFORMATION

April will be "**Bring a Friend**" month and we would like you to consider bringing a friend or friends to as many activities as possible over the next month. We want to make our presence felt far and wide. Just call the contact person when booking into one of the activities and add your friend's name(s).

South Western Victoria Ecology Outing

Thursday 4th April at 10.30 am.

Visit to Kelly Swamp a hidden gem on the outskirts of Warrnambool.

This wetland and surrounds provide habitat for 160 species of bird, including nationally threatened and migratory species.

For directions and booking phone Rosemary @ U3A Colac Otway: 0407 095 724.

Congratulations to U3A members Pam and Ian McConnell on their 60th wedding anniversary. What a wonderful achievement!

For further information contact us via e-mail: u3acorangamite@gmail.com

and don't forget to check out the

U3A Corangamite website: <https://u3acorangamite.org.au>

**We are proudly supported by the Cobden & Camperdown
Community Banks (Bendigo Bank)**



		APRIL				
30	31	Mon 01 Mindfulness: Scotts Creek @ 9.00am & via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum Library @ 1.30pm	Tue 02 Scrabble: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	Wed 03 Bike Ride: @ 10.00am Singing: Terang @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 04	Fri 05 Mah-jong: Cobden @ 10.00am
06	07	Mon 08 Mindfulness: Scotts Creek @ 9.00am & via Zoom Mah-jong: + Timboon @ 10.00am + + Derrinallum Library @ 1.30pm Let's do Coffee and Books: Noorat @ 2.00pm	Tue 09 China Painting: Lismore @ 1.30pm	Wed 10 Hike: @ 10.30am Cribbage: Cobden @ 2.00pm China Painting: Lismore @ 1.30pm	Thurs 11	Fri 12 Mah-jong: Cobden @ 10.00am Is it worth the Money? Cobden Uniting Church @ 1.30pm
13	14	Mon 15 Mindfulness: Scotts Creek @ 9.00am & via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum Library @ 1.30pm Scrabble: Cobden @ 1.30pm	Tue 16 U3A Committee Meeting: 10.30am Tea & Tour for Ten (\$10) Terang@ 1.30pm China Painting: Lismore @ 1.30pm	Wed 17 Singing: Terang @ 1.30pm China Painting: Lismore @ 1.30pm	Thurs 18 Trivia Quiz: Noorat @ 1.30pm	Fri 19 Mah-jong: Cobden @ 10.00am Friday Forum: Cobden Senior Citizens @ 1.30pm

		APRIL (contd.)				
20	21	Mon 22 Mindfulness: Scotts Creek @ 9.00am & via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum Library @ 1.30pm Let's do Coffee & Books: Scotts Creek @ 2.00pm	Tue 23 Let's do Lunch: Fat Cow, Timboon @ 12.30pm China Painting: Lismore @ 1.30pm	Wed 24 Cribbage: Cobden @ 2.00pm China Painting: Lismore @ 1.30pm Fishing: Warrnambool @ 3.00 - 5.00pm	Thurs 25 ANZAC DAY	Fri 26 Mah-jong: Cobden @ 10.00am Travel Tales: Cobden Senior Citizens @ 1.30pm
27	28	Mon 29 Mindfulness: Scotts Creek @ 9.00am & via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum Library @ 1.30pm	Tues 30 China Painting: Lismore @ 1.30pm			

U3A CORANGAMITE SPECIAL ACTIVITIES IN APRIL

ACTIVITY	DAY	TIME	DETAILS & VENUE	CONTACT PERSON
Friday Forum	Friday 19 th April	1.30pm	<p style="text-align: center;"><i>The Electoral System in the USA</i> <i>Speaker: Randy Walton</i></p> <p style="text-align: center;">Senior Citizens Centre, Cobden</p> <p>This year is a major one for democracies. Many countries have elections including the US and UK - two of our major allies. The results of these elections will have an impact on us in Australia. Even though our daily news services give us regular updates, it is difficult to understand the system in the US. We hear the terms such as Congress, Presidential Election, Primaries etc.</p> <p>Randy will explain to us from personal experience how the US system differs from our own in a way which will give us a clearer understanding of the information constantly provided without promoting any particular party or point of view. Q&A session will be included</p> <p>Afternoon tea provided. Gold coin donation. Bookings to Maureen by Monday 15th April on 0429 724 011</p>	<p>Maureen O'Connor 0429 724 011 willowglenretreat@gmail.com</p>
Trivia Quiz: Australiana	Thursday 18 th April	1.30pm	<p style="text-align: center;"><i>137 Glenormiston Road, Noorat</i> (Eve Black's house).</p> <p>Prizes galore and heaps of fun. No Cost. Afternoon tea provided Bookings to Gary on 0439 079 098 by Monday 15th April</p>	<p>Gary Kimber 0439 079 098 gazzmazz3@gmail.com</p>

ACTIVITY	DATE	TIME	DETAILS & VENUE	CONTACT PERSON
Travel Tales	Friday 26 th April	1.30pm	<p><i>Presenter: Debbie Ward – Santiago de Compostela</i></p> <p>In May 2023 Debbie completed the final 117 Km of the Camino in Spain known as '<i>The Way of St James</i>' - a trip that she had planned in 2019 but had been postponed due to Covid. The Camino has been walked by pilgrims for over a thousand years and Debbie enjoyed many wonderful experiences during her 10 days on the trail, one of the many highlights being the Cathedral in Santiago de Compostela.</p> <p>Afternoon tea included. Gold coin donation Senior Citizens Centre, Cobden</p> <p>Bookings to Marilyn by Monday 22nd April on 0437 584 998 or mazz060253@gmail.com</p>	Marilyn Kimber 0437 584 998 mazz060253@gmail.com
Tea & Tour for Ten (\$10)	Tuesday 16 th April	1.30pm	<p><i>From Our Patch to Your Plate Drakes Fresh Produce</i></p> <p>Venue: 6209 Princes Hwy, Terang (formerly Model Barn)</p> <p>Jamie who was a NZ dairy farmer and Theres a Swiss horticulturist are going to share the journey they have had creating <i>Drakes Fresh Produce</i> -a “chemical free” self-sufficient paddock to plate business.</p> <p>As part of this afternoon visit, you’ll also find out about Theres' and Jamie’s 3 home schooled children who have been a big part of the journey.</p> <p>Afternoon tea will follow the talk/tour.</p> <p>Cost: \$10 - includes talk/tour and afternoon tea.</p> <p>Bookings to Marilyn by Friday 12th April on 0437 584 998 or mazz060253@gmail.com</p>	Marilyn Kimber 0437 584 998 mazz060253@gmail.com

ACTIVITY	DATE	TIME	DETAILS & VENUE	CONTACT PERSON
Australian Coins	Friday 12 th April	1.30pm	<p style="text-align: center;"><i>Is it Worth the Money?</i></p> <p style="text-align: center;">Cobden Uniting Church</p> <p>Jim Prigg an avid coin collector (numismatist) will provide a fascinating talk about Australian pre-decimal coinage (1910-1966). He has been an avid collector since the early 60's building a substantial collection in that time. He tells some interesting anecdotes combined with historical facts on the coinage and its rich history</p> <p>Jim invites you to bring along any pre-decimal coins you have for an estimate of their value from the numismatist authority, Rennicks Coinage.</p> <p>Be prepared to be educated, enthralled and engaged.</p> <p style="text-align: center;">Afternoon tea provided</p> <p>Bookings to Gary by Monday 8th April on 0439 079 098 or gazzmazz3@gmail.com</p>	<p style="text-align: center;">Gary Kimber 0439 079 098 gazzmazz3@gmail.com</p>

ACTIVITY	DATE	TIME	DETAILS & VENUE	CONTACT PERSON
<p>Fishing - off the bank of the Hopkins River</p>	<p>Wednesday 24th April</p>	<p>3:00pm - 5:00pm</p>	<p><i>Mahoneys Road Boat Ramp, Warrnambool</i> (down from Deakin University) Clothing - comfortable attire with hat. Cost: nil BYO portable chair. U3A lanyard is required Bait supplied. Rod and tackle supplied if one needs it Any person who doesn't have a river rod (yes there are lots of different types of rods!) can contact Stephen Fowler on 0438 918 338 and he will supply a rod and tackle to go with it. Stephen is very knowledgeable with all local species of fish and is passionate about fishing in general. Help is provided with baiting hooks or retrieving fish as well as filleting etc. Come along for a bit of outdoor fun.</p> <p>License: please have a current fishing licence: if not, purchase via https://vfa.vic.gov.au/recreational-fishing/fishing-licence or have proof of exemption – please refer to: https://vfa.vic.gov.au/recreational-fishing/fishing-licence#licenceexempt</p> <p>Afternoon tea provided Bookings to Dominique by Monday 22nd April on 0438 918 337 If the weather is inclement all will be notified by text.</p>	<p>Dominique Fowler 0438 918 337 djfowler44@gmail.com</p>