



*Keeping minds and bodies active*

## **GREY MATTERS**

**MAY 2024**



**PLEASE NOTE:** The information and personal details provided in this newsletter are for the use of U3A Corangamite Members and affiliates only and the information given should not be disseminated to any third party unless permission has been approved by the U3A Corangamite Committee.

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### **A WORD FROM THE U3A COMMITTEE**

To date, there are now 135 paid-up members for 2024, 22 of which are new members – a very good result!

2024 data for membership enrolments by male/female and by age groups is **attached** for information on page 3.

The new Let's do Coffee & Books at Scotts Creek is going well! This group has six members who are excited and enthusiastic. If you wish to participate, call Maureen O'Connor on 0429 724 011

Due to relocation to the Sunshine Coast, one member of the committee will be resigning mid-year. Accordingly, a replacement committee member is being sought now to fill this vacancy from July for the remainder of the year until the 2025 AGM. If you feel you are able and willing to contribute to the committee (1 hour each month), why not nominate yourself and give it a go! If you are interested, please contact the Secretary on 0429 951 643.

There will be no bike ride in May and the coordinator of the Scrabble activity at Cobden is now Pam Fry.

Mindfulness is now at 8:45am instead of 9am and Let's do Coffee & Books at Scotts Creek will be on the 3rd Monday in May instead of the 4<sup>th</sup> Monday.

## NEW ACTIVITIES IN MAY



### *Let's Do Lunch!*

Friday 10<sup>th</sup> May @ 12.30pm

*Darlington Hotel*

Bookings by Monday 6<sup>th</sup> May to Gary Kimber on 0439 079 098 or gazzmazz3@gmail.com



### *Tea and Tour for Ten (\$10)*

Wednesday 15<sup>th</sup> May @ 1.30pm

*Fonterra Cobden*

*Full details of this event are given on Page 7*

Cost \$10 includes tour, talk and afternoon tea.

Bookings by Friday 10<sup>th</sup> May to Marilyn Kimber on 0437 584 998 or mazz060253@gmail.com



### *Travel Tales*

Friday 24<sup>th</sup> May @ 1.30pm.

Cobden Senior Citizens Centre

### *U3A Group visit to Norfolk Island*

*Full details of this event are given on Page 7*

Bookings by Monday 20<sup>th</sup> May to Marilyn Kimber on 0437 584 998 or mazz060253@gmail.com



### *Hike*

Wednesday 8<sup>th</sup> May @ 10.00am

*Mt Elephant* - meet at the base

To register contact Helen James by Monday 6<sup>th</sup> May on 0409 438 044



### *Trivia Quiz - Australiana*

Thursday 23<sup>rd</sup> May @ 2.00pm

Cobden Uniting Church

*Full details of this event are given on Page 5*

Bookings by Monday 20<sup>th</sup> May to Gary Kimber on 0439 079 098 or gazzmazz3@gmail.com

*Note: For May only, this event is on the 4<sup>th</sup> Thursday of month at 2.00pm and the venue will be the Cobden Uniting Church.*



**Friday Forum**

Friday 17<sup>th</sup> May @ 1.30pm. Cobden Senior Citizens Centre

*Speaker: Gerard Delaney*

*Principal, Ray White Rural Timboon*

Full details of this event are given on Page 6

Bookings by Monday 13<sup>th</sup> May to Maureen O'Connor on 0429 724 011

or willowglenretreat@gmail.com

**ITEMS OF INFORMATION**

**RED HILL HALL COMMITTEE HIGH TEA**

The Red Hill Hall Committee is holding a High Tea on Sunday 5<sup>th</sup> May from 11am – 2pm. It will be in their hall on the Cobden/Simpson Rd in Jancourt East. The cost is \$15pp and bookings can be made to Sharyn on 0409 253 727. It is not an official U3A activity but may interest many members. The funds raised will go towards the construction of a new toilet facility.

**U3A CORANGAMITE STATISTICS 2024**

Age Groups	Female	Male	Total
51-55	0	0	0
56-60	3	0	3
61-65	9	4	13
66-70	18	5	23
71-75	20	18	38
76-80	28	5	33
81-85	14	4	18
86-90	4	2	6
90+	0	1	1
<b>TOTALS</b>	<b>96</b>	<b>39</b>	<b>135</b>

For further information contact us via e-mail: [u3acorangamite@gmail.com](mailto:u3acorangamite@gmail.com)

**and don't forget to check out the**

U3A Corangamite website: <https://u3acorangamite.org.au>

			MAY			
				<b>Wed 01</b> Singing: Terang @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Thurs 02</b>	<b>Fri 03</b> Mah-jong: Cobden @ 10.00am
04	04	<b>Mon 06</b> Mindfulness: Scotts Creek @ 8.45am & via Zoom Mah-jong: + Timboon @ 10.00am + + Derrinallum Library @ 1.30pm	<b>Tue 07</b> Scrabble: Cobden @ 1.30pm China Painting: Lismore @ 1.30pm	<b>Wed 08</b> <b>Hike: @ 10.00am</b> Cribbage: Cobden @ 2.00pm China Painting: Lismore @ 1.30pm	<b>Thurs 09</b>	<b>Fri 10</b> Mah-jong: Cobden @ 10.00am <b>Let's Do Lunch Darlington @ 12.30pm</b>
11	12	<b>Mon 13</b> Mindfulness: Scotts Creek @ 8.45am & via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum Library @ 1.30pm Let's do Coffee and Books: Noorat @ 2.00pm	<b>Tue 14</b> China Painting: Lismore @ 1.30pm	<b>Wed 15</b> Singing: Terang @ 1.30pm <b>Tea &amp; Tour for Ten (\$10): Fonterra, Cobden @ 1.30pm</b> China Painting: Lismore @ 1.30pm	<b>Thurs 16</b>	<b>Fri 17</b> Mah-jong: Cobden @ 10.00am <b>Friday Forum: Cobden Senior Citizens @ 1.30pm</b>
18	19	<b>Mon 20</b> Mindfulness: Scotts Creek @ 8.45am & via Zoom Mah-jong: + Timboon @ 10.00am + Derrinallum Library @ 1.30pm Scrabble: Cobden @ 1.30pm Let's do Coffee & Books: Scotts Creek @ 2.00pm	<b>Tue 21</b> China Painting: Lismore @ 1.30pm	<b>Wed 22</b> Cribbage: Cobden @ 2.00pm China Painting: Lismore @ 1.30pm	<b>Thurs 23</b> <b>Trivia Quiz: Cobden Uniting Church @ 2.00pm</b>	<b>Fri 24</b> Mah-jong: Cobden @ 10.00am <b>Travel Tales: Cobden Senior Citizens @ 1.30pm</b>

		MAY (contd.)				
25	26	<b>Mon 27</b> Mindfulness: Scotts Creek @ 8.45am & via Zoom  Mah-jong: + Timboon @ 10.00am + Derrinallum Library @ 1.30pm	<b>Tues 28</b> China Painting: Lismore @ 1.30pm	<b>Wed 29</b> China Painting: Lismore @ 1.30pm	<b>Thurs 30</b>	<b>Fri 31</b> Mah-jong: Cobden @ 10.00am

We are proudly supported by the Cobden & Camperdown  
Community Banks (Bendigo Bank)



U3A CORANGAMITE SPECIAL ACTIVITIES IN MAY

ACTIVITY	DATE	TIME	DETAILS & VENUE	CONTACT PERSON
Trivia Quiz: Australiana	Thursday 23 <sup>rd</sup> May	2.00pm	<b>Cobden Uniting Church</b> Prizes galore and heaps of fun. No Cost. Afternoon tea provided Bookings to Gary on 0439 079 098 by Monday 20 <sup>th</sup> May <i>For May only, this is being held on 4<sup>th</sup> Thursday.</i>	Gary Kimber 0439 079 098 gazzmazz3@gmail.com

ACTIVITY	DAY	TIME	DETAILS & VENUE	CONTACT PERSON
Friday Forum	Friday 17 <sup>th</sup> May	1.30pm	<p data-bbox="904 316 1597 424"><i>Real Estate - Values and Trends in Corangamite Shire Speaker: Gerard Delaney Principal, Ray White Rural Timboon</i></p> <p data-bbox="1021 440 1435 467">Senior Citizens Centre, Cobden</p> <p data-bbox="891 483 1592 738">We hear a great deal about property values in Australian capital cities - but what about here in Corangamite Shire? Whether you have rural property, farm, family home or investment property , it may be of interest to be informed how values are faring here in our local Shire and what the trends appear in the foreseeable future.</p> <p data-bbox="891 759 1592 943">Gerard has in excess of 30 years' experience in real estate and rural industries. He has acquired extensive networks and has been repeatedly recognised as a high performing agent as a result of his dedication to the industry.</p> <p data-bbox="943 951 1518 978">Afternoon tea provided. Gold coin donation</p> <p data-bbox="949 986 1512 1050">Bookings to Maureen by Monday 13<sup>th</sup> May on 0429 724 011</p>	<p data-bbox="1675 336 1933 488">Maureen O'Connor 0429 724 011 willowglenretreat@gmail.com</p>



ACTIVITY	DATE	TIME	DETAILS & VENUE	CONTACT PERSON
Tea & Tour for Ten (\$10)	Wednesday 15 <sup>th</sup> May	1.30pm	<p style="text-align: center;"><i>Fonterra Cobden</i></p> <p>Participants will firstly be given a presentation about the butter, milk powder and beverages. The tour will include looking into the butter room for the viewing gallery etc. powder and beverages. There is a short walk to the milk plant where we will see the production of milk and the robot forklifts. \$10 includes talk/tour and afternoon tea. <i>Meet at the turnstiles out the front.</i> Afternoon tea will follow the talk/tour. Cost: \$10 - includes talk/tour and afternoon tea. Bookings to Marilyn by Friday 10<sup>th</sup> May on 0437 584 998 or mazz060253@gmail.com</p>	<p style="text-align: center;">Marilyn Kimber 0437 584 998 mazz060253@gmail.com</p>
Travel Tales	Friday 24 <sup>th</sup> May	1.30pm	<p style="text-align: center;"><i>U3A Group Visit to Norfolk Island</i></p> <p>The 13 U3A Corangamite members who travelled to Norfolk Island are going to share with you the fun and adventures they had on the Island. Norfolk may be a very small island but is steeped in history, has plenty of sightseeing opportunities and offers a variety of cultural activities this group explored. You won't want to miss this Travel Tales! Afternoon tea provided. Gold coin donation Bookings to Marilyn by Monday 20<sup>th</sup> May on 0437 584 998 or mazz060253@gmail.com</p>	<p style="text-align: center;">Marilyn Kimber 0437 584 998 mazz060253@gmail.com</p>